

**I FEEL  
SLOVENIA**



SPORT DESTINATION  
**SLOVENIA**

**Green. Active. Healthy.**

[www.slovenia.info](http://www.slovenia.info)  
#ifeelsLOVEnia

Mt. Triglav, 2,864 m,  
Slovenia's highest peak



# A DESTINATION FOR WORLD-CLASS ACHIEVEMENTS

## **ACCESSIBLE**

Slovenia is located in the heart of Europe. It borders Austria, Italy, Hungary, and Croatia. This location makes it accessible from anywhere in the world.

## **DIVERSE**

Slovenia is the only EU country which connects the Alps, the Mediterranean, the Pannonian Plain, and the Karst in manageable distances. Over a small area of only 20,273 km<sup>2</sup>, its land rises from 0 to 2,864 m, and it offers the diversity of Alpine, sub-Mediterranean, and continental climates.

## **VICTORIOUS**

Slovenia has two million people and more than five thousand categorised athletes. Since 1991, it has won no less than 38 medals at the Olympic Games. At the last Olympic Games, it ranked number one with regard to the number of medals considering the per capita gross domestic product, and it was the second highest medal-earner per capita!

## **ADAPTABLE**

Slovenia offers luxurious conditions for outdoor sports and a modern and diverse infrastructure for athletes in various sporting disciplines. It proves its hospitality and adaptability with accommodation, organisation, and by fulfilling various demands and needs.

## **WORLD-CLASS!**

The knowledge obtained by Slovenian institutes, clinics, and health resorts is inseparably connected with what Slovenian sports destinations have to offer. High-quality measurements, testing, rehabilitation, and preventive treatments are available. Numerous Slovenian world-class athletes are excellent partners during your preparations.

**Peter Prevc**, ski jumper  
A holder of two Olympic medals, the winner  
of the 2016 Ski Flying World Championship



## WELCOME TO THE LAND OF SPORTS CULTURE

"Not only is Slovenia located in the heart of Europe and not only does it have a natural environment embracing three different climates, plus an excellent infrastructure, but its greatest advantage is its sports culture. Here, sports education begins in childhood. Nearly every Slovenian family enables its children to participate in sports, and for many this also becomes a lifestyle in adulthood. In the past 25 years, Slovenia has invested in sports infrastructure, which is also suitable for sports activities performed by children and youth as well as for hosting sporting competitions at the highest level. These two things place Slovenians at the very top of the heap globally. This is the source of our future victories!"

### **Miroslav Cerar,**

Ambassador of the Republic of Slovenia for Sport,  
Tolerance and Fair Play  
Two-time Olympic champion and Chairman of the  
Club of Slovenian Olympians

[www.olympic.si](http://www.olympic.si)

# FOCUSED ON VICTORY



Slovenian Hockey Team



**Primož Kozmus**, track and field athlete, hammer thrower  
Olympic and World Champion in the hammer throw

## WELCOME TO THE LAND OF SPORTS CULTURE

It is true: Slovenia has been blessed with incredible natural features appropriate for outdoor sport and recreation, it has developed capacities for indoor sports, it has modern sporting venues, and most importantly, it boasts its own unique sports culture.

The Slovenians' desire to overcome various limitations is contagious. Can we reach higher, farther, deeper? Time and again, Slovenians prove that they are able! A Slovenian is the world champion in ski flying. The best Alpine skier is from Slovenia. Slovenians conquer the highest mountains of the world. A Slovenian flew an ultra-light aircraft designed and constructed in Slovenia around the world. Slovenians boast Olympic medals in winter sports, track and field, rowing, sailing, judo, and shooting.

Many Slovenian athletes who achieve enviable results in various sports disciplines are challenging partners for athletes who choose to prepare and train in Slovenia.

Slovenia is a land of movement. Due to its dynamic and picturesque nature, hiking and biking are particularly popular. Almost 70% of people in Slovenia do sports recreationally in all seasons. Physical Education is included in the curricula of kindergartens, primary, secondary schools, and higher education institutions. There are about 5000 categorised athletes of all classes in Slovenia. Approximately 600 of these are categorised as international and world-class athletes.



Slovenian Basketball Team

Iztok Čop, rower  
Four-time Olympic medal holder and  
multiple rowing World Champion



## NATURE AND PEOPLE

“New Zealand rowers discovered Slovenia and the Bohinj area in 2011 when we were preparing for the world championship that took place in nearby Lake Bled. That training turned out well for us, so we have been coming back and preparing for major competitions here ever since. The surroundings are peaceful and the lake is ideal for training. The surface of the water is mostly very calm, and rowers have four kilometres for training, which is twice the length of the distance at competitions. There are no problems with boats for coaches, and to top it all off, the locals are very friendly.”

### **Mahe Drysdale,**

New Zealand national team, Olympic rowing  
champion, world record holder in single sculls

[www.mahedrysdale.co.nz/](http://www.mahedrysdale.co.nz/)

# WHY SHOULD YOU PREPARE IN SLOVENIA?



## SPORT AND KNOWLEDGE

“Slovenia’s advantage is professional work in the field of sport. Regardless of which sports destination world-class athletes choose, all types of modern measurements and testing facilities and excellent health support are provided in Slovenia in addition to suitable training conditions and top-notch sparring partners in various sports disciplines. Well-considered forms of cooperation between various professional fields have also been developed within the scope of specialised Olympic and national sports centres for particular disciplines.”

### Dr. Milan Žvan,

the Dean of the Faculty of Sport of the University of Ljubljana; The Institute of Sport, which includes a Sports Diagnostic Centre and nine laboratories, also operates within the Faculty. In these laboratories, the Institute of Sport, together and in cooperation with national sports associations and the Olympic Committee of Slovenia, plans and coordinates the implementation of the national programme for measurements and consultations provided to talented world-class athletes and programmes for measurements and consultations in the field of recreational sports.

[www.fsp.uni-lj.si](http://www.fsp.uni-lj.si)

## SO GREEN, SO DIVERSE.

Slovenia has excellent conditions for various outdoor sports, in nature, under various climatic conditions. The third most forested country in the European Union has 10 thousand km of well-marked hiking trails and many biking and other trails, leading you across dynamic terrain from the Alps to the Mediterranean, from the Pannonian Plain to the Karst. Slovenia is one of the European countries that are richest in water resources. On just over 20,000 km<sup>2</sup> of land, it has more than 27 thousand kilometres of watercourses, including rivers, streams, an

abundance of lakes, waterfalls, water springs, and no less than 87 thermal and mineral water sources. Furthermore, the Adriatic coast adds to this wealth in water resources. Slovenia is particularly known for easy access to all of its different geographical areas: following the longest diagonal route, it is less than 400 kilometres from one end of Slovenia to the other. A plethora of outdoor exercise facilities are available in natural surroundings all over the country. Many of these are connected with modern indoor exercise facilities.



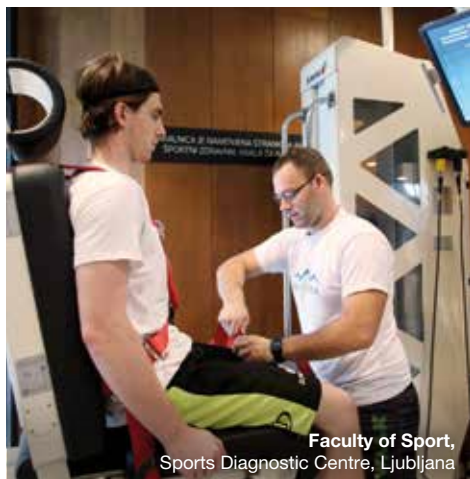
National Football Centre, Brdo pri Kranju

## SO PROFESSIONAL, SO HOSPITABLE

Slovenia has a number of specialised sports centres, and most of what is on offer for world-class athletes is connected with well-developed tourist destinations, such as Slovenian natural health resorts. This is also why athletes will be welcomed warmly anywhere they go, and there will be a lot of flexibility with regard to their accommodation, food, and other major factors required for successful training. However, the major advantage of health resorts with their own medical specialisations, also focused on sport, as well as of all other Slovenian sports destinations, is the integral connection with internationally renowned professional sports and medical institutions. Due to mobile laboratories, Slovenian expert knowledge is available to athletes anywhere in the country.

## WORLD-CLASS AND SO SAFE.

World-class athletes require privacy and safety when they are preparing. Privacy is provided by experienced hosts, who offer modern sports and accommodation infrastructure, and partnership agencies that organise the preparations. Safety is provided by good international relations with the country and the quality of life of its residents. According to the 2016 Global Peace Index, Slovenia is among the safest countries in the world. In recent years, it has even improved its safety position on the list of 163 countries drafted by the Institute for Economics and Peace.



Faculty of Sport, Sports Diagnostic Centre, Ljubljana



## FOR CHALLENGES AT ALL LEVELS

"Athletic achievements at any level are not coincidental. The proof for Slovenia's commitment to systematically create suitable conditions for sport is the growth in the number of medals at major competitions. For the past 25 years, this growth has been 8% per year. Simply put, Slovenia is a land of sport. Here, people regularly take part in recreational activities. Here, young teams achieve enviable successes. Here, disabled athletes do sports. Paralympic athletes increase the number of the highest accolades won by Slovenia. The excitement of sport is what we are known for. We are ready to take on new challenges, cooperation, partnership, and rivalry."

### dr. Boro Štrumbelj,

Director of the Sport Directorate at the Ministry of Education, Science and Sport; coach for paralympic swimmers

[www.mizs.gov.si](http://www.mizs.gov.si)

# SLOVENIA TAKES CARE OF ALL OF YOUR SPORTS NEEDS

## BASIC. EXACTLY WHAT YOU EXPECT.

Slovenian sports and recreational centres offer indoor facilities for numerous team sports, modern gymnasiums, fitness centres, and other facilities for the basic training of athletes from various sports disciplines. For professionally led basic preparations and training, you may select Slovenian cities with the largest stadiums and halls as well as their additional facilities, or choose to carry out your preparations in Slovenian natural health resorts and mountain centres that are inseparably connected with sport.

## SPECIFIC. EXACTLY WHAT YOU NEED.

Slovenia has attractive summer and winter outdoor sport locations in places with exceptional natural features. They are complemented with stadiums, tracks, equipment, and accompanying indoor facilities intended for the specific needs of individual sports disciplines. Slovenia is home to legendary victors in Alpine skiing, in various Nordic disciplines, from ski flying to cross-country skiing, biathlon, snowboarding, and it has excellent conditions for the preparation of winter athletes. In Planica, snow conditions for cross-country skiers are available all year round in indoor facilities. Due to the diverse bodies of water and water sports facilities, Slovenia is well known by rowers in various disciplines, sailors, swimmers, and other water-oriented athletes. Various centres offer modern facilities for gymnastics, track and field, judo and other martial arts and various sports, for which dedicated facilities are required.



Planica Nordic Centre

## REACHING HEIGHTS. EXACTLY WHAT YOU CAN FEEL AND MEASURE.

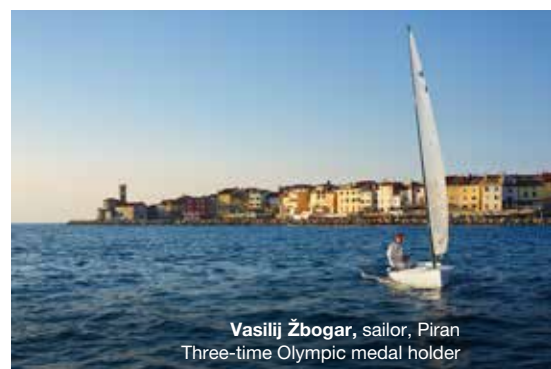
Slovenia's new Planica Olympic Sports Centre boasts the first gymnasium in Europe where desired altitude conditions up to the elevation of 3000 metres can be simulated in a controlled manner. Altitude rooms around Slovenia also enable the simulation of conditions typical for an elevation of up to 7000 metres. Altitude and hypoxic rooms are available at multiple sports centres in Slovenia. Altitude training is inseparably connected with performing various measurements and testing, carried out by professional institutes for kinesiology and other institutes, and in many places world-class medical experts and physical therapists also take care of athletes' needs.

## PARALYMPIC AND YOUTH-ORIENTED. THE CHANGES THAT LEAD TO VICTORY.

Various youth teams and young athletes can enjoy excellent training conditions in Slovenia as well, and they can also choose one of the individual options for serious competition preparations and various sports camps. In selected locations, Slovenia is also the right place for disabled athletes. Services provided for them are connected with centres known for rehabilitation and preventive programmes for athletes.



Gymnastics Centre Ljubljana



Vasilij Žbogar, sailor, Piran  
Three-time Olympic medal holder

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## FRIENDLY MATCHES AND COMPETITIONS FOR EVEN MORE SUCCESSFUL PREPARATIONS

"Friendly matches with Slovenian clubs during our preparations in Slovenia are a very good test for us, to see how well prepared we are. We have enjoyed Slovenia, the hotel, the food, and the people are nice, friendly, accommodating, everyone wants to help us and create better training conditions. We have had luck with the weather, which has helped the athletes feel better and work better. And they have been working very well, our preparations have been going as planned. I have already visited Slovenia with Chelsea and I can surely say that this is a wonderful country for carrying out preparations for the season."

### **Brendan Rodgers,**

coach for Celtic Football Club, Glasgow, Scotland

[www.celticfc.net](http://www.celticfc.net)

# SLOVENIA FOR WINNING TEAMS



Stožice Center, Stožice Stadium, Ljubljana

The best Slovenian indoor sports venues and stadiums that host international sporting events are also available for matches between various teams that know just why they carry out their preparations in Slovenia, their choice amongst all other places. Professionalism, expert knowledge, and hospitality are often complemented by the willingness of Slovenia's best athletes to take part in friendly matches or competitions.



## SLOVENIA WILL ALWAYS BE MY HOME

"Slovenia is and will always be my home. I come here to recharge my batteries. It is very relaxing and pleasant; for me, time stops here."

### Anže Kopitar,

hockey player, the first Slovenian hockey player to play in the NHL, team captain of the Los Angeles Kings, two-time Stanley Cup winner



Tri Lilije Multi-Purpose Sports Hall, Laško



Vitranc Multi-Purpose Sports Hall, Kranjska Gora

**Tina Trstenjak**, judo fighter  
Olympic gold medal holder from Rio 2016  
and World Champion



## PREPARATIONS WITH OLYMPIC WINNERS

"The International Olympic Committee, which invited Sri Lanka to participate in judo at the Olympic Games for the first time this year, enabled us to carry out our preparations with the best judo fighters. We have been preparing with them in their homeland, in Slovenia. Here, our coaches are former Olympic champions! I have never experienced anything like this anywhere else."

**Chamara Nuwan Dharmawardhana**,

judo fighter, Sri Lanka, participant at the 2016 Olympic Games in Rio



# SLOVENIA FOR INDIVIDUALS WHO WANT MORE



Rogla Olympic Sports Centre

Track and field, gymnastics, rowing, shooting, judo, sailing, swimming, motocross, biking, snowboarding, cross-country skiing, Alpine skiing, ski jumping – these are just some of the sports in which Slovenians have been winning medals at the largest international competitions. Slovenia is a country that respects individual achievements. Slovenia's sports destinations are known for their adaptability to individual needs and wishes.



## SLOVENIA = SKIING + SWIMMING IN THE SEA IN A SINGLE DAY!

"I love recommending Slovenia to my colleagues, who love to live a little in addition to training and experience the country where they are. I am convinced that here a team or an individual desiring change can experience more than somewhere else. Because everything here is at your fingertips, everything is accessible, you can truly enjoy snow and the sea in the same day, you can train and take a stroll through a town."

**Tina Maze,**  
skier, Olympic and World Cup champion



Zlatorog Multi-Purpose Sports Hall, Celje



**Peter Kauzer,** wildwater kayak paddler, Tacen  
Olympic bronze medal winner at the 2016 Olympics in Rio and two-time World Champion

## VENUES FOR PROFESSIONAL MEETINGS

Representatives of various expert fields often select Slovenia as the venue for conferences and congresses with sports-related topics, and expert meeting are also organised to accompany trade conventions and other sport-related events. Many Slovenian sports destinations also have modern facilities for meetings, conferences, and other events.

Find a suitable partner to prepare your professional event in Slovenia among the members of the Slovenian Convention Bureau.

[www.slovenia-convention.com](http://www.slovenia-convention.com)

# EXPERIENCE COMPETITIVENESS IN SLOVENIA!

## EXPERIENCE COMPETITIVENESS IN SLOVENIA!

The fact that Slovenia has already successfully organised various European championships and other international sporting events also proves that Slovenia is a country devoted to sport. Some important games take place in Slovenia every year. Visit the land of sport during major sporting events, such as:

**FIS Snowboarding World Cup**, Rogla, every January

**The Golden Fox (Zlata Lisica), FIS Women's Alpine Skiing World Cup**, Maribor-Pohorje Hills, every February

**Women's Ski Jumping World Cup**, Ljubno, every February

**FIS Men's Ski Jumping World Cup Finals**, Planica, every March

**Vitranc Cup, FIS Men's Alpine Skiing World Cup**, Kranjska Gora, every March

**WFK Karate 1, Karate World Cup**, Laško, every March

**Men's and Women's Gymnastics World Cup**, Ljubljana, every April

**Tour of Slovenia, Cycling race**, Slovenia, every June

**Speedway World Cup – 2016 Grand Prix**, Krško

**FIS Cross-Country Skiing World Cup**, Planica

**ICF Wildwater Canoe Slalom World Cup**, Ljubljana – Tacen

**ICF Wildwater Canoeing World Cup**, Celje/ Ljubno

**FISA Rowing World Cup**, Bled

# SLOVENIAN SPORTS DESTINATIONS FOR THE PREPARATION OF WORLD-CLASS ATHLETES

SPORTS OR SERVICE		DESTINATIONS																			
		MORAVSKE TOPLICE	RADENCI	PTUJ	PODČETRTEK	ČATEŽ OB SAVI AND BREŽICE	KOPER	BLED, RADOVLJICA AND POKLJUKA	MARIBOR	LJUBLJANA, BRDO PRI KRANJU AND TACEN	CELJE	ROGLA	KRANJSKA GORA WITH PLANICA AND JESENICE	LAŠKO	ZREČE	NOVO MESTO WITH OTOČEC, DOLENJSKE TOPLICE, ŠMARJESKE TOPLICE	ROGAŠKA SLATINA	LENDAVA	NOVA GORICA	VELENJE, DOBRNA AND GOLTE	SLOVENJ GRADEC, DRAVOGRAD AND RAVNE NA KOROŠKEM
INDIVIDUAL SPORTS	ATHLETICS			●		●	●	●	●	●	●							●	●	●	●
	GYMNASTICS					●			●	●											
	SWIMMING	●	●	●		●	●	●	●	●	●							●	●		●
	BIKING	●	●				●	●	●			●	●			●				●	
	TENNIS		●	●		●	●		●	●		●			●					●	
	TABLE TENNIS				●	●			●	●					●					●	
	JUDO				●		●		●	●	●	●									●
	OTHER MARTIAL ARTS **			●	●	●	●		●	●	●	●			●	●				●	
	ROWING						●	●	●	●	●								●	●	
	KAYAK AND CANOE						●			●	●								●		
	SAILING						●														
WINTER SPORTS	SPORTS ON SNOW***							●	●	●		●	●							●	
	ICE HOCKEY							●	●	●	●		●								
TEAM SPORTS	FOOTBALL	●	●	●		●	●	●	●	●		●	●		●	●	●	●		●	●
	BASKETBALL	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●		●	●	
	HANDBALL	●	●	●	●	●	●		●	●	●	●	●	●	●	●				●	●
	FUTSAL				●		●		●	●	●	●		●			●			●	
	VOLLEYBALL		●	●	●	●	●	●	●	●		●	●	●	●	●	●		●		●
SERVICES	ALTITUDE TRAINING										●	●									
	ATHLETES WITH SPECIAL NEEDS				●	●		●	●	●		●	●	●	●	●					
	REHABILITATION OF ATHLETES		●		●	●			●				●	●	●	●	●				

NOTES:

\*\* Other martial arts: boxing, karate, taekwondo

\*\*\* Sports on snow: Alpine skiing, biathlon, snowboarding, ski jumping, ski flying, cross-country skiing

# EXPERIENCED DMC ORGANISERS OF SPORTS PREPARATIONS IN SLOVENIA

## CONDOR TRAVEL SPORT

Mariborska 212  
SI-3211 Škofja Vas, Celje  
www.condortravelsport.com  
E: miran@condortravelsport.com  
T: +386 41 369 378

Contact:  
Miran Krajnc, Director

## KOMPAS DMC

Pražakova 4  
SI-151 Ljubljana  
www.kompas-online.net  
E: incoming@kompas.si  
T: +386 1 200 63 89

Contact:  
Mateja SUŠNIK, Incoming Director

## PRO SPORTS SERVICES

Puhova 10  
SI-1000 Ljubljana  
www.prosportsservices.eu  
E: vadim.mancevic@dimSPORT.si  
T: +386 31 409 380

Contact:  
Vadim Mancevič, Director

## CONTACTS

### MINISTRY OF ECONOMIC DEVELOPMENT AND TECHNOLOGY

Tourism and Internationalisation Directorate  
Kotnikova 5  
SI-1000 Ljubljana  
T: +386 1 400 35 21  
E: gp.mgrt@gov.si  
www.mgrt.gov.si

### SLOVENIAN TOURIST BOARD

Public Agency of the Republic of Slovenia for the Marketing and Promotion of Tourism  
Dimičeva 13  
SI-1000 Ljubljana  
T: +386 1 589 85 50  
E: info@slovenia.info  
www.slovenia.info

### MINISTRY OF EDUCATION, SCIENCE, CULTURE AND SPORT

Sport Directorate  
Masarykova 16  
SI-1000 Ljubljana  
T: +386 1 400 52 49  
E: gp.mizs@gov.si  
www.mizs.gov.si

### SPORT CENTRE ASSOCIATION OF SLOVENIA

Slovenski trg 5  
SI-4000 Kranj  
T: +386 4 139 31 11  
E: info@sportnicentri.si  
www.sportnicentri.si

### SKUPNOST SLOVENSКИH NARAVNIH ZDRAVILIŠČ (Slovenian Spas Association)

Teharska cesta 40  
SI-3000 Celje  
T: +386 3 544 21 11  
E: ssnz@ssnz.si  
www.slovenia-terme.si

### SLOVENIAN CONVENTION BUREAU

Vošnjakova ulica 1,  
SI-1000 Ljubljana  
T: +386 1 569 12 60  
E: info@slovenia-convention.com  
www.slovenia-convention.com

## SLOVENIA – THE GREEN HEART OF EUROPE



# A DESTINATION FOR WORLD-CLASS ACHIEVEMENTS

**When you are trying to assemble a good sports team, make sure to include Slovenia. When you look for a partner to help you attain achievements in sports, you will find Slovenia.**

This country, with its diverse natural elements, always ranks among the top countries regarding the number of medals per capita at the Olympics and at other games at a global level. This is because its dynamic landscapes encourage people to move and reach new heights of achievement. This is because its natural and climatic diversity enable athletes to be prepared for anything. This is because the will of its citizens is focused on exceeding boundaries in all areas, in particular in sport. This is because its sports culture is based on knowledge. This is because its hospitality also includes constant encounters with other individuals and teams intent on reaching world-class achievements.

**Discover Slovenia, the land of destinations for sports challenges, sports preparations, and training. Discover how it can encourage you to be victorious!**

## GREEN

Slovenia is the third most forested country in Europe. There are over 22 thousand animal and plant species on somewhat more than 20 thousand square kilometres. More than a third of Slovenia is included in the Natura 2000 network.

## ACTIVE

The success of Slovenian athletes in the world proves how sports-oriented Slovenia really is. Slovenia only has two million people, yet 55 Olympic medal holders.

## HEALTHY

Slovenia has 87 natural thermal springs. The water, climate and other factors are the core of the opportunities offered by the 15 certified natural spas. In addition to preventive treatments and rehabilitation, many of them have also developed services for the high-quality preparations of athletes.





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SLOVENIA

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