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HIKING & BIKING SLOVENIA

THE LOVE OF WALKING AT YOUR FINGERTIPS

The green heart of Europe is home to active people. Slovenia is a story of love, a love of being active in nature, which is almost second nature to Slovenians. In every large town or village, you can enjoy a view of **green hills or Alpine peaks**, and almost every Slovenian loves to put on their hiking boots and yell out a hurrah in the embrace of the mountains.

The **new guidebook** will show you **the most beautiful hiking trails around Slovenia and tips** on how to prepare for hiking, **what to experience and taste, where to spend the night**, and how to treat yourself after a long day of hiking. Save the dates of the biggest hiking celebrations in Slovenia – **the Slovenia Hiking Festivals**.

Indeed, Slovenians walk always and everywhere. We are proud to celebrate **120 years of the Alpine Association of Slovenia**, the biggest **volunteer organisation** in Slovenia, responsible for maintaining mountain trails. The **mountaineering culture** and excitement about the beauty of Slovenia's nature **connects all generations**, all **Slovenian tourist farms and wine cellars**.

Experience this joy and connection between people in motion. This is the beginning of the **mighty Alpine mountain chain**, where the mysterious **Dinaric Alps** reach their heights, and where karst caves dominate the subterranean world. There are **rolling, wine-producing hills** wherever you look, the **Pannonian Plain** spreads out like a carpet, and one can always sense the aroma of the **salty Adriatic Sea**. Slovenia's surface area is 20,000 square kilometres, and it is so diverse that each step tells a new story, provides a new experience and new feelings. **There are more than 10,000 km of mountain trails and more than 5,000 km of themed walking trails** around the country. Do you know how many steps that is? This is another reason to always return to hiking and exploring.

We can walk for days on end. On the **tallest mountains, the highlands, and across plains**, on the trails of **Slovenian cultural heritage**, which is as varied as its landscape. Embark on any of the long-distance trails and follow the call of the wild.

Experience the land of enthusiastic hikers.

KEY TO HIKING TRAILS

SLOVENIAN LONG-DISTANCE TRAILS

- Slovenian Mountain Trail
- Alpe Adria Trail
- Via Alpina (purple)
- Via Alpina (red)
- European long-distance path E6
- European long-distance path E7
- Walk of Peace
- Koroška Alpine Trail
- Via Bela Krajina
- Zasavje Long-Distance Trail

HIKING TRAILS

1 mountain trails
2 thematic trails

MOUNTAIN AND THEMATIC TRAIL SIGNS – KEY

- trail direction
- town, mountain pasture
- summit, summit – path destination, path destination
- hut/hotel/accommodation, shelter
- bridge, saddle
- castle, observation tower
- church, chapel
- cable car
- source
- waterfall
- health resort
- car park
- bus stop
- information, information centre
- natural landmark
- cultural landmark
- archaeological site
- geometrical site
- observation point
- cheese-making route for tourists
- information, information centre
- beverages
- food and beverages
- overnight accommodation
- health resort/wellness
- natural landmark/point of interest
- cultural landmark
- observation point
- archaeological site
- bus stop
- railway station

SPECIALISED ACCOMMODATIONS FOR HIKERS, MEMBERS OF HIKING AND BIKING SLOVENIA

1 Rogla, ROGLA HOTEL

2 Bohinj, HOSTEL POD VOGLOM
3 Cerkno, CERKNO HOTEL AND ALPSKA PERLA APARTMENTS
4 Golte, GOLTE HOTEL
5 Kranjska Gora, LEK HOTEL
6 Kobarid, CAMP KOREN KOBARID APARTMENT VILLAGE/CAMPSITE
7 Rakitna, RAKITNA HOTEL
8 Zreče, VITAL HOTEL

9 Ajdovščina, AJDOVŠČINA YOUTH CENTRE AND HOTEL
10 Bled, BEST WESTERN PREMIER HOTEL LOVEC
11 Bled, KRIM HOTEL
12 Bled, RIBNO HOTEL
13 Bled, BLED CAMPING
14 Bohinjsko jezero, HIKE & BIKE HOUSE
15 Bovec, SKOK APARTMENTS
16 Brestanica, HOSTEL KOZMUS
17 Drežnica, JELKIN HRAM INN
18 Dobrna, TRIGLAV INN HOTEL
19 Idrija, HOSTEL IDRIJA
20 Kranjska Gora, ŠPIK HOTEL AND THE ŠPIK ALPINE RESORT
21 Kranjska Gora, VILLA TRIGLAV HOTEL
22 Krvavec, KRVAVEC HOTEL
23 Logarska dolina, PLESNIK HOTEL
24 Mozirje, SKOK APARTMENTS & WELLNESS CENTRE
25 Snovik, SNOVIK THERMAL SPA
26 Strunjan, OLEANDER HOTEL

27 Metlika, BELA KRAJINA HOTEL

28 Jamnica, KOROŠ FARM ECOHOTEL
29 Kobarid, JAZBEC INN
30 Otočec, TERME KRKA, OTOČEC HOTELS, ŠPORT HOTEL

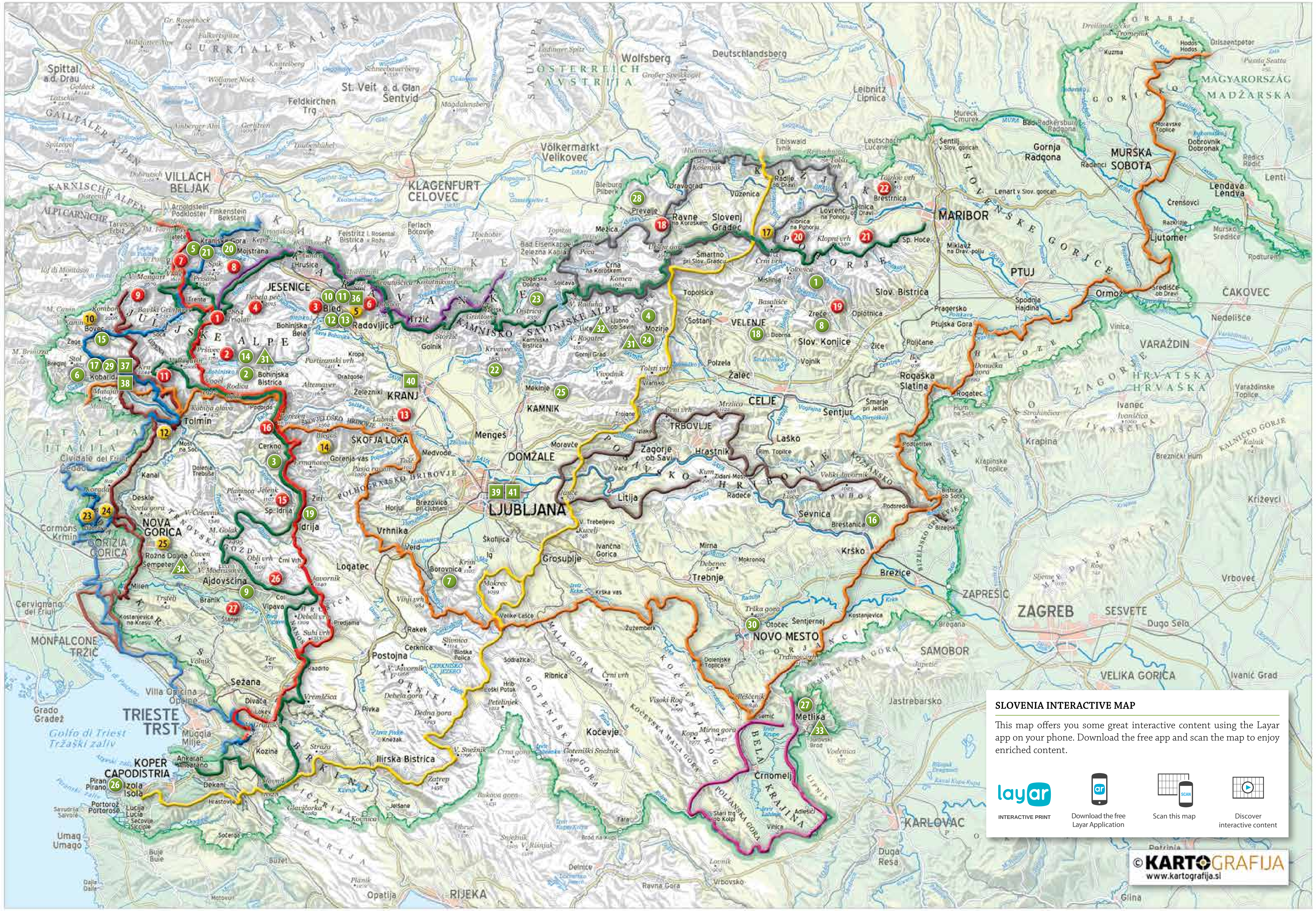
SPECIALISED CAMPS, MEMBERS OF HIKING AND BIKING SLOVENIA

31 Bohinjska Bistrica, DANICA CAMP
32 Luče, ŠMICA CAMPSITE
33 Metlika, PODZEMELJ CAMP
34 Ozeljan, LIJAK CAMP
35 Rečica ob Savinji, MENINA CAMP

SPECIALISED TRAVEL/SPORTS AGENCIES FOR HIKERS, MEMBERS OF HIKING AND BIKING SLOVENIA

36 Bled, HELIA TOURIST AGENCY
37 Kobarid, POSITIVE SPORT
38 Kobarid, SOČA OUTDOOR
39 Ljubljana, ROG CYCLING CLUB
40 Žabnica pri Kranju, REKREATUR TOURIST SOCIETY

41 Ljubljana, MONOLIT



Triglav

TABLE OF CONTENTS

3 STORIES OF LOVE
MOBILE APPLICATIONS FOR HIKERS
4 RECOMMENDATIONS FOR HIKERS
6 STANDARDS FOR THE SPECIALISATION OF HIKING ACCOMMODATION
7 SLOVENIANS, IN LOVE WITH HIKING

9 LONG-DISTANCE TRAILS

13 HIGH MOUNTAIN TRAILS

14 JULIAN ALPS
34 KAMNIK AND SAVINJA ALPS

41 HIGHLAND TRAILS

42 ŠKOFJA LOKA HILLS
44 IDRIJA HILLS
48 KOROŠKA
52 POHORJE HILLS

56 HIKING FESTIVALS IN SLOVENIA

57 ŽALEC
58 POSAVJE

61 TRAILS ON ROLLING HILLS AND LOWLANDS

62 BRDA
64 GORIŠKA
66 VIPAVA VALLEY
68 BELA KRAJINA
69 ŠENTJUR AND KOZJANSKO
70 KOČEVSKO

71 SPECIALISED ACCOMMODATION FOR CYCLISTS

72 MOUNTAIN HUTS IN SLOVENIA

STORIES OF LOVE

IN NATURE
In the embrace of trees.

IN THE ALPS
Visit Goldhorn.

AT A TABLE.
Take a seat. The food's delicious.

AMONG THE PEOPLE
Dare to expect more.

IN DIVERSITY.
The crossroads of the Alps, the Mediterranean and the Pannonian Plain.

IN THE KARST
Go deeper, right to the heart.

IN THE MEDITERRANEAN
Where love is salty.

AT HEALTH RESORTS
Look after yourself.

IN LJUBLJANA
Even the dragons are in love here.

Learn about Slovenia through a digital catalogue.
www.slovenia.info/eSlovenia

Available at:

App Store Google play

MOBILE APPLICATIONS FOR HIKERS

SLOVENIA TRAILS HIKING AND BIKING

Use a mobile guide to enjoy discovering more than 200 biking and hiking trails in Slovenia. Search for useful information, such as the length of the trail, duration and difficulty, signs, and points of interest along the trail. **The mobile guide is based on the Monolit topographic map**, and does not require an internet connection.

EXPLORE SLOVENIA HIKING AND BIKING

The application enables you to look through hiking and biking destinations, long-distance, multi-day and local one-day trails, specialised accommodation for hikers and bikers, and hiking and biking events. **The application is based on Google Maps**, and requires an internet connection to navigate and show the trail on the map.

Additional information

Hiking & Biking Slovenia
www.hiking-biking-slovenia.com

Free applications are

available from the **App Store** and **Google Play**.

RECOMMENDATIONS FOR HIKERS

Blaze

Mountaineering equipment

HIKING TRAILS IN SLOVENIA

Slovenia is crisscrossed by 10,000 km of intersecting mountain trails, trails on plains, in the highlands, and high mountains. While dirt roads and paths predominate in the highlands, the trails in the high mountains are as diverse as the Slovenian Alps. Well-marked trails run from the valleys, past mountain huts, to the summits. If mountain trails cross difficult rocky terrain, they are usually secured with steel rungs (stemples) and steel cables. Old mountain passes once used by hunters and shepherds, now best known by mountain guides and chamois, will present a challenge to mountain lovers, and lovers of long-distance trails will also not be disappointed. Furthermore, over 700 different thematic trails can be found in Slovenia, anywhere from the coast to the high mountains.

THE MOST SUITABLE TIME

You can hike in Slovenia in all seasons. Summer is ideal for visiting the high mountains, because most of the snow melts in June. This is also a season known for afternoon storms, so you should observe the old saying that "the early bird catches the worm" in order to hike in the mountains safely. Autumn is the most beautiful season for hiking. Colourful forests, yellow larches, blue skies, and white limestone rocks are unforgettable images that hikers can take back to the valley with them. Winter, when days become significantly shorter, is best suited for visiting the highlands and plains. In winter, you can also take one of the thematic trails. Slovenia is in bloom in spring, but because there is thick snow cover in the high mountains, this is the best time to visit the highlands.

TRAIL MARKINGS

Hiking in Slovenia is simple. Mountain trails are marked well with Knafelc blazes, which consists of a white circle surrounded with a thick red line. You will notice them on rocks, tree trunks along the trail, or in other suitable locations, always on the right side in the direction of walking. Red signposts are set up at the starting point or at crossroads, which also include the approximate time required for the hike in addition to the destination. Thematic trails are marked with a yellow blaze, which is a white circle surrounded by a yellow ring, and with yellow signposts. In addition to other information, they also include the logo of a particular thematic trail on the left. Some thematic trails in Slovenia are still only marked with their logo.

Ascending Mt. Stol

In the mountains above Logarska Valley

Mountain snack

Solčava

Zeleniške Špice Ridge

EQUIPMENT

Suitable and comfortable footwear, shoes with good ankle support and a profiled hard sole, are a prerequisite for safer hiking in high mountains. Always keep additional warm clothing in your backpack – an anorak, hat, gloves, a long-sleeve shirt, which will be useful if the weather suddenly changes. Do not forget first aid, a headlamp, matches and a candle, astronaut foil, which helps to retain a significant amount of heat in your body, a mobile phone with a fully charged battery, sunscreen, and sunglasses. A helmet is a must when you head into the high mountains; it is a self-protection measure on secure mountain trails. In order to walk in the highlands and small hills, light mountain shoes or strong athletic shoes with a profiled sole are recommended. Do not forget water. You will be able to find fresh drinking water in springs and wells along numerous trails.

SAFETY

Slovenia has good mobile phone coverage, which makes it possible to call 112 in an emergency no matter where you are – this is the only emergency and first aid phone number available. If an accident occurs in the mountains, the Mountain Rescue Service Association of Slovenia (GRZS) intervenes. In most urgent cases and depending on weather conditions, it carries out helicopter rescues.

SPECIALISED HIKING ACCOMMODATION

In Slovenia, you don't need to fear that you will have to sleep under the open sky. **Specialised hiking accommodation** is offered by 52 hotels, guesthouses, and holiday apartments marked with a sign showing one to five hikers. The most basic services are provided by accommodation providers ranked with one hiker, and the broadest range and quality of accommodation is provided by accommodation providers with five hikers. Their joint advantages include traditional cuisine adapted for hikers, tours, and luggage transfer. Nature lovers will be able to find camp sites all over Slovenia in diverse landscapes, near lakes and rivers, in mountain valleys, or near towns, from where they will be able to quickly and easily embark on a hike on one of the hiking trails. In addition to Slovenian, you can also communicate in English, German, and Italian.

MOUNTAIN HUTS

Mountaineering societies manage 178 mountain huts, shelters, and bivouacs in mountains, highlands, and on the plains. Some huts in the highlands and valleys are open all year round, but mountain huts open only in June and receive supplies until the end of September.

USEFUL INFORMATION FOR HIKERS

Weather information:
- www.arso.gov.si
- www.pro-vreme.net

Public transport:
- buses: www.vozni-red.si
- trains: www.slo-zeleznice.si

Information on specialised hiking accommodation:
- www.hiking-biking-slovenia.com
- www.slovenia.info/hiking

Information on mountain huts:
- www.pzs.si, http://huts.pzs.si/
- www.hiking-biking-slovenia.com
- www.slovenia.info/hiking

ORGANISED HIKES

Guided and organised hikes in Slovenia are provided by specialised accommodation providers for hikers and by small specialised travel agencies. For tours, these providers and agencies hire mountain guides who work under the umbrella of the Slovenian Mountain Guide Association or mountain guides licensed by the Alpine Association of Slovenia.

FAMILY HIKES

Slovenia is a land of healthy water. A number of thematic trails follow rivers and lakes, where numerous plant and animal species can be found. These trails are not difficult, because they are on flat terrain, and they are also not too long, so they are ideal for families. Information on thematic trails can be found online or in tourist information centres, where you will also be given maps and descriptions of individual trails.

SELF-GUIDED HIKES

Individual exploration of Slovenia is possible due to the well-marked trails, mountaineering maps in the scale of 1: 50,000 and 1: 25,000, guidebooks for individual mountain ranges and trails in foreign languages, GPS tracking for mountain trails, the Explore Slovenia Hiking and Biking, Slovenia Trails Hiking and Biking, and Monolit2go mobile applications, and specialised web portals with digital topographic maps. These can be purchased in bookstores around Slovenia, at tourist information centres, and in large shops, or you can download them online.

Velika Planina Mountain Pasture

STANDARDS ON THE SPECIALISATION OF ACCOMMODATION FOR HIKERS

SPECIALISED ACCOMMODATION FOR HIKERS

In Slovenia, standards are applied to hiker-friendly hotels, guesthouses, facilities with holiday apartments, and private entities letting rooms. The quality of services for such accommodation is ranked using signs showing 1 to 5 hikers. 5 hikers is the top category, and provides hikers with all of the necessary amenities. Signs with the number of hikers are placed near entrances.

1 HIKER

This category provides basic information on hiking services and the general tourist offers in the area, information on the closest sports shop, and the schedule for public transport in Slovenian and one foreign language. Basic printed brochures, a three-day weather forecast, one one-day hiking programme, and a separate room for drying hiking equipment are available.

2 HIKERS

In addition to everything included in 1 Hiker, there is also internet access, more hiking information, more printed brochures, and a three-day hiking package. The accommodation also has a licensed hiking guide for easy and difficult tours and organises the transportation of hikers from airports and public transport stations to the starting point of the tour. The breakfast schedule is adjusted to the hikers; only a simple lunch package is available.

3 HIKERS

In addition to everything from the two categories described above, 3 Hikers also includes an internet area, maps of neighbouring areas, and information on accommodation in other destinations. The facility organises a guided tour twice a week in all weather conditions and an overnight stay at no additional cost. Basic hiking equipment can also be purchased at the facility or nearby; washing and drying of hiking equipment is available; there is a sauna nearby; luggage transfer and various types of food are also available. An informational folder can be found in the rooms with descriptions of the hiking services available.

4 HIKERS

In addition to everything described above,

the facility also provides information in two foreign languages, a digital topographic map of Slovenia, the possibility of transferring GPS trail data to your device, guided hiking tours twice a week, a sauna and massage. After the tour, on the day of departure, showering and luggage storage are also available after check-out.

5 HIKERS

In addition to everything described above, facilities categorised as 5 Hikers also employ a licensed hiking guide, organise hiking tours five times a week, offer shoe and GPS device hire, and provide their own vehicle for transporting travellers.

SLOVENIANS, IN LOVE WITH HIKING

Well-known Slovenian lovers of hiking want you to feel the essence of Slovenia through hiking. They are all happier when they are outdoors in the fresh air and in vast green spaces, either in the middle of the Alps, on the coast, among vineyards, fields, or forests.

FROM THE ALPS TO THE SEA

Alpine summits reach altitudes over 2,500 m, highland forests 1,400 m, and rolling, wine-producing hills 200 m above sea level – all of these places can be experienced in one day. The sound of the wind in the Alps, the roar of waterfalls, the murmur of mountain streams with drinkable water, the swaying of branches in forests, vast pastures with flowers ... nature, peace, and kind people are the greatest wealth of our country. Experience the 'I feel SLOVEnia' slogan.

Marko Lenarčič, *Director of Hiking & Biking Slovenia*

THE ALLURE OF MOUNTAINEERING

Only in nature can one fall in love at the first step. So hiking should come first. You are welcome to visit our hiking festivals. LET'S HIKE is a national brand connecting hiking events from the Pomurje Region in the east and the Posavje Region in the south-east to the sweet-smelling wine-producing Brda Hills between the Alps and the Mediterranean.

Pia Peršič, *Slovenian hiker*

NORDIC WALKING

Nordic walking is one of the most effective, comprehensive, and safe forms of physical activity that can be enjoyed all year round. When used correctly, this technique mobilises 90% of the muscles in the body. It is gaining popularity in Slovenia and is an integral part of major sporting events.

Pika Radmilovič, *Vinotour*

THEMATIC TRAILS

A thematic trail is a marked or unmarked trail offering visitors an experience of a certain theme. They feature cultural and natural heritage, people, cuisine, architecture, history, and natural processes. Trails vary in length – what is essential is that they have points of interest from a tourist and educational perspective. Thematic trails are characterised by a specific order and the structure of the interpretation equipment, which is carefully planned and based on a suitable amount of content on various boards and other media, such as guidebooks, brochures, lectures, and films.

Jože Prah, *European Footpaths*

MOUNTAINEERING ADVENTURES

To me, climbing means freedom, tranquillity, and complete focus. There is no greater satisfaction than to overcome yourself. I also like the fact that hikers in Slovenia greet each other and chat briefly.

Nastja Davidova, *the most successful Slovenian female alpine mountaineer*

ALPINE WELLNESS

Staying in themed rooms (water, wood, fire, earth, and metal) creates balance and harmony in the internal organs, using alternative methods, such as colour, sound, aroma, heat, Kneipp therapy, oxygen therapy, and infra-red sauna. Enjoying water from underground glacial lakes and staying in a natural mountain environment only add to this harmony.

Mateja Golja, *Hit Alpinea Kranjska Gora*

CULINARY DELIGHTS

The famous painter Paul Klee once said that one can see better on foot. He also added: "We walk and cycle in order to explore and discover." However, we truly begin exploring and discovering when we taste something, when we sit down to have a bite to eat. Flavours allow us to discover the symbiosis between humans and their cultural and natural environment.

Prof. Dr. Janez Bogataj

LONG-DISTANCE TRAILS

SLOVENIAN MOUNTAIN TRAIL 1

The trail on a map	
Walking time	28 days
Length	599 km
Difficulty	All levels of difficulty
Start	Maribor
Destination	Ankaran
Maps	Alpine Association of Slovenia
Information	**www.pzs.si**, **e** info@pzs.si

This is the longest and by far the most popular long-distance trail in Slovenia. It begins in Maribor and crosses the plateaus of the Pohorje Hills, from where you already have a glimpse of the tallest Alpine summits in the distance. The trail first enters the Alps in the Kamnik and Savinja Alpine range, as it runs across its highest peaks, and then the trail continues along the long Karavanke range, which separates Slovenia from Austria. From there, it again descends into the valley and soon rises into the heart of the Julian Alps, to Mount Triglav and the steepest peaks, with breathtaking views following one after another as the trail approaches the Adriatic Sea. Each of these peaks offers a wonderful view and experience, and each step takes you closer to the sea. However, before you reach it, you must still climb many higher and lower mountains in the pre-Alpine foothills, the inspiring Karst Region, and then, suddenly, a sea breeze cools your tired body. The Slovenian Mountain Trail ends at Debeli Rtič on the Adriatic coast and connects 49 mountain huts, 23 peaks, and 5 towns. It is well marked with Knafelc blazes and the number 1. The Slovenian Mountain Trail is the oldest connecting trail in the world, and was created in 1953. How much time will you need to walk this trail? It can be walked in 28 days, and some of the best mountain runners even run along it. The record is seven days, eight hours, and ten minutes.

But you are in no hurry. Its founder, Ivan Šumljak, advised hikers: "Walk slowly, my friend. In that way, you will experience much, much more." There is no doubt that the Slovenian Mountain Trail is number one in more ways than one.

Alpe Adria Trail

ALPE ADRIA TRAIL

The trail on a map	
Walking time	Seven days in Slovenia (a total of 33 days) – 6 hours per day
Length	145 km in Slovenia (the total length of the trail is 590 km)
Difficulty	easy to medium
Start	Grossglockner; Jepca saddle (the Slovenian part)
Destination	Muggia near Trieste; Lipica (the Slovenian part)
Maps	Alpe Adria Trail brochure (1 : 50,000) Alpe Adria Trail guidebook
Information	**www.alpe-adria-trail.com** **booking:** info@lto-sotocje.si **www.hiking-biking-slovenia.com**, **e** info@hiking.si

VIA ALPINA

The trail on a map	
Walking time	red trail: 14 days, purple trail: 7 days
Length	red trail: 220 km, purple trail: 120 km
Difficulty	all levels of difficulty
Start	red trail: Krvavi Potok, purple trail: Dolič
Destination	red trail: Korensko Sedlo purple trail: Jezerski vrh
Map	Via Alpina (1 : 50,000)
Information	**www.via-alpina.org** **www.hiking-biking-slovenia.com**, **e** info@hiking.si

Austria, Slovenia, and Italy – three countries, three cultures, three different landscapes, but all connected by the Alpe Adria Trail. The trail begins in Koroška under the highest mountain in Austria, Mount Grossglockner, and enters Slovenia across the Karavanke Range, where the landscape turns into a wild limestone world. The Alpe Adria Trail will lead you across the Vršič Pass and through the Soča River Valley into the very heart of these primeval surroundings. Near Kobarid, the trail ascends to the Planina Kuhinja beneath Mt. Krn, then continues towards Tolmin, where it leaves the Alpine world at the Kolovrat Ridge and transforms for the third time. This time, it becomes Mediterranean. In the Brda Hills and in the Karst Region, it once again leads you to Slovenia, but it soon returns to Italy, where this great trail through three countries ends in Muggia, near Trieste.

The Alpe Adria long-distance trail consists of 37 stages, with a relatively minor altitude difference. You will be able to focus on enjoying the beautiful countryside and tasting delicious culinary delights. Another six stages connected into a circular six-day tour leads you through all of the three countries on the Alpe Adria Trail.

The biggest advantage of the Via Alpina trail is the Alps and their natural and cultural heritage. Two of the five trails connecting the eight Alpine countries pass through Slovenia, and are marked in red and purple. The red trail begins in Trieste and then crosses the Karst and the karst plateaus before making its way through the pre-Alpine foothills into the heart of the Julian Alps and the surrounding mountains of Mt. Triglav. From there, it descends into the Trenta Valley and once again makes its way up, this time to Slovenia's highest mountain pass, Vršič, and continues towards the Tamar Valley, dominated by the crystal Mt. Jalovec. Leaving the Tamar Valley, it briefly enters the Karavanke Alps and then finally leaves the embrace of the Slovenian Alps. The purple trail allows you to explore eastern limestone Alps in Slovenia, Austria, and Germany. Along this trail, you will be able to discover the highest mountain ranges in Slovenia: the Julian Alps, the Kamnik and Savinja Alps, and the Karavanke Alps. The trail begins at the foot of Mt. Triglav, under Dolič Pass, and descends into the Vrata Valley past the magnificent North Face of Mt. Triglav, from where it ascends to the Karavanke Ridge and then continues into Austria across Zgornje Jezersko, with the beautiful north faces of Mt. Grintovec, Mt. Kočna, and Mt. Skuta as the backdrop.

Draga Karolina mountain hut on Mt. Snežnik

EUROPEAN LONG-DISTANCE PATH E6

The trail on a map	
Walking time	20 days
Length	350 km
Difficulty	easy to medium
Start	Radelj
Destination	Strunjan
Information	E6 guidebook Slovenia Forest Service, **www.zgs.si** **www.hiking-biking-slovenia.com**, **e** info@hiking.si

Part of this trail runs from the north of Slovenia to the south, crosses the Pohorje Hills, the Posavje Hills, the Dinaric Alps and ends on the Adriatic coast.

EUROPEAN LONG-DISTANCE PATH E7

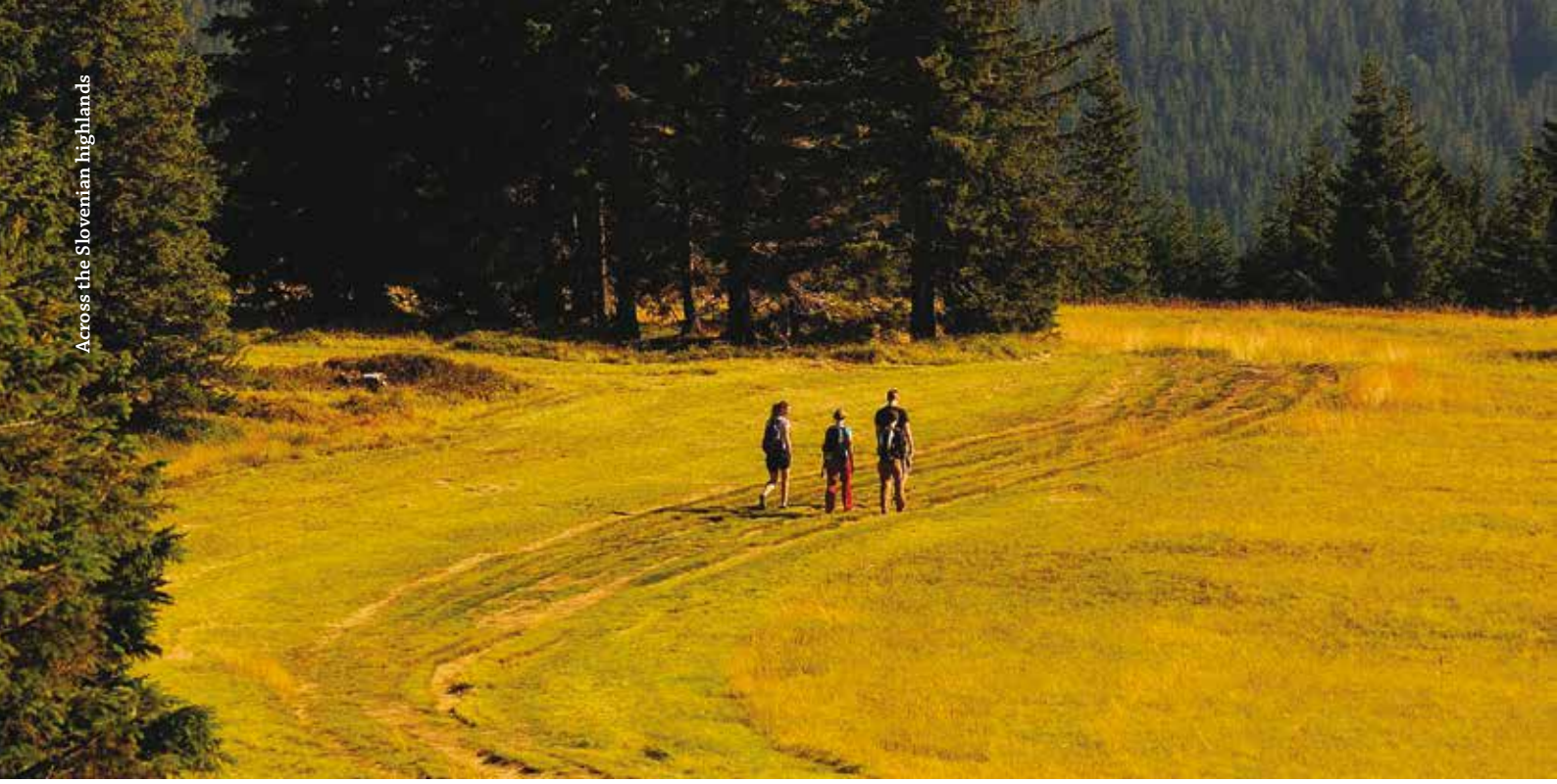
The trail on a map	
Walking time	30 days
Length	600 km
Difficulty	easy and medium
Start	Robič
Destination	Hodoš
Information	E7 guidebook Slovenia Forest Service, **www.zgs.si** **www.hiking-biking-slovenia.com**, **e** info@hiking.si

It runs from the west of Slovenia to the east, reaches its maximum altitude at Mt. Porezen, and then continues through the Dolenjska Region, softening its appearance on its way to the Pannonian Plains.

WALK OF PEACE

The trail on a map	
Walking time	5 days
Length	100 km
Difficulty	easy to medium
Start	Log pod Mangartom
Destination	Mengore open-air museum
Information	The Walk of Peace in the Soča Region Foundation **www.potmiru.si** **e** info@potmiru.si

The Soča River, this beautiful emerald river, was the scene of bloody WWI battles in mountain areas that today appear so idyllic. One hundred years ago, this was the location of the Isonzo Front; its remnants, including fire trenches and bunkers, are now connected into a Walk of Peace from the Alps to the Adriatic. It begins in Log pod Mangartom, follows the Soča River through Bovec, and crosses its highest point, the Krn mountain chain, near Kobarid. From there, the trail can either circle back to Kobarid or run along the Kolovrat Ridge, where an outdoor museum is located. The beautiful views of the Friuli Plain on one side and the Julian Alps on the other will leave you breathless. After the experience of Nova Gorica and the Karst Region, the Walk of Peace ends in Duino on the Adriatic coast. The trail consists of multiple sections that vary in length and difficulty; it is clearly marked and mainly runs on existing mountain and tourist trails. A Walk of Peace guidebook has also been published in Slovenian, English, and Italian.



Across the Slovenian highlands

KOROŠKA ALPINE TRAIL

The trail on a map	
Walking time	10–12 days
Length	230 km
Difficulty	difficult (some individual legs are easier)
Start and destination	Ravne na Koroškem
Maps	Koroška – Hiking and Biking Map (1 : 60,000) Kamnik-Savinja Alps (1 : 50,000) Pohorje Hills (1 : 50,000)
Information	Koroška Region Board of Mountaineering Societies **www.koroska.si**, **e** info@koroska.si **www.hiking-biking-slovenia.com**, **e** info@hiking.si

A circular long-distance mountain trail with 31 checkpoints, follows the edges of the Koroška Region valleys – the Mežica, Drava, and Mislinja valleys – and connects the Karavanke Alps, the Pohorje Hills, the Kozjak Hills, and the Savinja Alps.

VIA BELA KRAJINA

The trail on a map	
Walking time	35 hours
Length	115 km
Difficulty	easy
Start and destination	Jugorje
Information	**www.hiking-biking-slovenia.com**, **e** info@hiking.si

This circular trail passes through the Bela Krajina region, and you can gain unforgettable impressions of this hospitable landscape.

ZASAVJE LONG-DISTANCE TRAIL

The trail on a map	
Walking time	12 days
Length	200 km, connective trail
Difficulty	medium
Start	Šekoranja Restaurant, Bizeljsko Region
Destination	Mt Kum Hut, Trbovlje
Information	**www.hiking-biking-slovenia.com**, **e** info@hiking.si PD Trbovlje, Hrastnik, Zagorje, Sevnica, Radeče

The many rolling, wine-producing hills of Bizeljsko form the starting point of a 200 km hiking trail. After the initial checkpoints, such as Podsreda Castle and Tonček Mountain Hut on Mt. Lisca, the trail takes hikers northwest: the rolling hills of the Posavje Region turn into the varied landscape of interchanging hills and valleys of the Zasavje Region. In addition to an excellent meal, Mt. Kopitnik, the Gore Plateau, Mt. Šmohor, Mt. Kal, Mt. Mrzlica, Mt. Sveta Planina, and Mt. Čemšeniška Planina will also impress you with a wonderful view of the towns and villages in the valley below. From there, the trail takes you closer to the River Sava and the elevated landscape alongside the river, where hikers pass through the renowned Zasavska Sveta Gora pilgrimage site and the geometrical centre of Slovenia near Vače, climb the nearby Slivna Hill, pass through Janče to Ostrež Hill and finally walk up Mt. Kum, the highest mountain in the Posavje Hills. This trail is endowed with many natural wonders. It is also a trail where people still have a respectful attitude to these natural wonders.

A NEW TRAIL THE JULIAN ALPS IS IN PREPARATION, 2017

HIGH MOUNTAIN TRAILS

TOP 5 EXPERIENCES
IN THE JULIAN ALPS, THE KARAVANKE ALPS, AND IN THE KAMNIK AND SAVINJA ALPS

Climb the highest peak in Slovenia, **Mt. Triglav**, from **Bohinj** or **from the Soča Valley** and take the trail that leads through **the Valley of the Seven Lakes**, whose character and appearance impresses everyone.

Explore **Triglav National Park** and find inspiration at famous Lake **Bled**. Continue to Lake Bohinj and the Trenta Valley; take a deep breath in the forests of **Pokljuka Plateau** and the grassy **alps**. Cross **the highest Slovenian mountain pass at Vršič** and descend to the spectacular **Tolmin Gorge**.

Along the River Soča, one of the most beautiful Alpine rivers, explore the **Alpe Adria Trail** or **the Walk of Peace** from the Alps to the Adriatic that follows the WWI Isonzo Front.

Explore the **Karavanke Alps** as you follow the **Via Alpina Trail**. The mountains will astonish you with colourful mountain flowers among skilfully prepared trails, soft grass slopes, and rocky peaks with vast views from wide ridges.

Step by step, from peak to peak, and from alpine meadow to alpine meadow, explore the **Kamnik-Savinja Alps** from the **Logar Valley** or the **Kamniška Bistrica Valley**, where humans and nature still live hand in hand.

Lake Bohinj

JULIAN ALPS
BOHINJ

In the heart of the Julian Alps, the Triglav National Park is home to Bohinj, one of the most beautiful Alpine glacial valleys. High mountains and green forests surround Lake Bohinj and are reflected in its glassy surface. The biggest fresh water lake in Slovenia seems like a perfect picture of nature and is an ideal starting point for guided or self-guided hiking adventures.

NOT TO BE MISSED

- **The International Festival of Alpine flowers**, May and June
  Let out a shout of joy in the midst of Alpine flowers and the delicacies of Bohinj. This is the 10th year of the Festival, which focuses on local ingredients of the Bohinj Region, with the addition of wild herbs and plants.
- **Cows' Ball in Bohinj**, September
  This, the oldest event in Bohinj, has been taking place since 1954, and it marks the end of the grazing season. Taste local dairy and meat products and traditional shepherd's dishes, such as Bohinj cheese and Bohinj corn mush (*žganci*). There is a cheese and wine day one day before the Cows' Ball.

BEST SNACK FOR HIKERS

- ***Mohant*** is a spicy semi-soft cheese variety or matured curd cheese with a strong scent and a bitter taste. This cheese has a protected geographical origin and is an excellent culinary delicacy typical of the Bohinj region.

REWARD FOR HIKING FEATS

- A **mountain wellness centre** in one of the hotels offers relaxation with a view of the mighty Julian Alps. Experience the soothing effects of baths and saunas: there is nothing better than warm enjoyment after an active day.

The International Festival of Alpine flowers

Cows' Ball in Bohinj

Zajamniki, an Alpine pasture in Bohinj

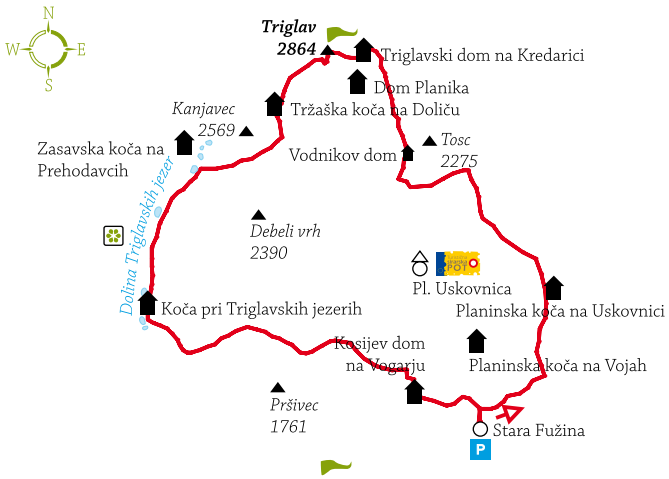
Turizem Bohinj
Triglavska cesta 30, SI-4264 Bohinjska Bistrica
t +386 (0)4 574 75 90
e info@bohinj.si, **www.bohinj.si**

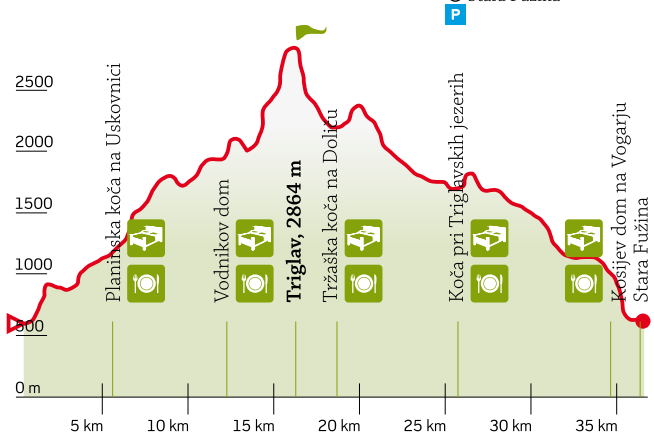
1

TO MT TRIGLAV (2,864 m)

A three-day hike that begins in Stara Fužina next to the lake and then leads to the Velo Polje mountain pasture, the Planika Mountain Hut and finally to the summit of Mt. Triglav. The steep trail then continues to Dolič Pass, through the incredible Valley of the Seven Triglav Lakes and the steep Komarča slopes, and brings us back to Lake Bohinj.

Walking time	3 days
Length	38 km
Difficulty	very difficult in places
Joint ascent	2,500 m
Start	Stara Fužina
GPS coordinates	46.2898 N, 13.8887 E
Maps	Bohinj (1 : 25,000), Julian Alps (1 : 50,000), Triglav (1 : 25,000), Triglav National Park (1 : 50,000)





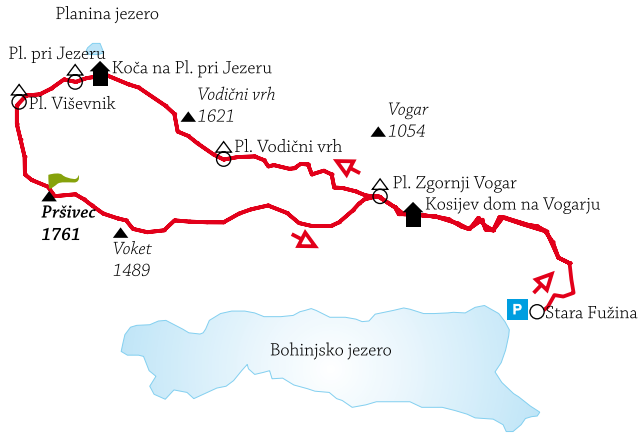
2

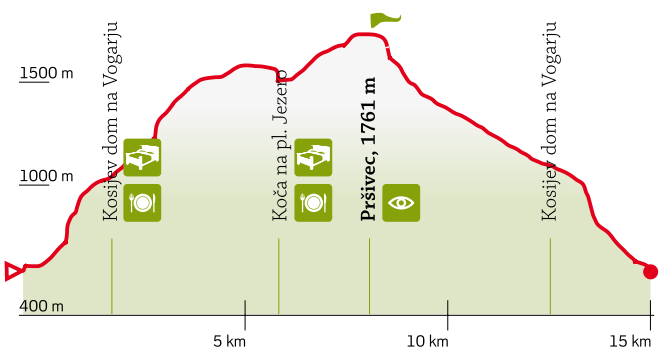
TO MT PRŠIVEC (1,761 m)

The balcony of Bohinj

The trail begins at Lake Bohinj and continues up a steep slope to the Vogar Alpine Meadow. It continues past the Jezero Alpine Meadow and Mt. Vodičev Vrh to the top of Mt. Pršivec. It then turns back to the Vogar Meadow following the panoramic trail above the lake and finally into the valley.

Walking time	7 hours
Length	15 km
Difficulty	medium
Joint ascent	1,110 m
Start	Stara Fužina
GPS coordinates	46.2898 N, 13.8887 E
Destination	Stara Fužina
Maps	Bohinj (1 : 25,000), Julian Alps (1 : 50,000), Triglav (1 : 25,000), Triglav National Park (1 : 50,000)





2

HOSTEL POD VOGLOM**

Information and booking
Pac d.o.o.
Ribčev Laz 60, SI-4265 Bohinjsko jezero
t +386 (0)4 572 34 61
m +386 (0)40 864 202
e info@pac.si
www.pac.si

Description
The Hostel under Mt. Vogel (Hostel pod Voglom) is located at an idyllic location next to a forest, at the very heart of Triglav National Park, on Lake Bohinj. It is an excellent starting point for hiking and climbing tours and is also specialised accommodation for hikers and bikers, categorised as "4 Hikers and Bikers." The hostel is suitable for groups of adults and young people, as well as for individuals looking for an active holiday in nature. It has 122 beds in three types of rooms. The main building has a restaurant and a social corner intended for guests to socialise, exchange travel experiences and have fun.

Accommodation advantages
The hostel also houses an outdoor travel agency, Pac Sports, which takes guests to experience nature while doing various types of sports, from rafting to canyoning and tandem paragliding. The agency also has a bus with 45 seats.

- **For active visitors**: It is possible to hire bikes, kayaks, or canoes and other sports equipment to explore the hidden nooks and crannies of Bohinj.
- **For visitors seeking rest**: The hostel has its own 'beach', a garden with lounge chairs, and a playground.

Highly recommended
Explore Triglav National Park and the natural and cultural sites of Bohinj while walking on numerous mountain trails, alone or with a guide. Pac Sports travel agency recommends various adrenaline adventures.

- cave exploration, trekking, and hiking
- hydrospeed, canyoning, and rafting
- adrenaline park
- tandem paragliding
- in winter: snow rafting, snowshoeing, sledding from Vogar with headlamps

31

DANICA CAMP

Information and booking
Camp Danica Bohinj
Triglavska cesta 60
SI-4264 Bohinjska Bistrica
t +386 (0)4 572 17 02
f +386 (0)4 572 33 30
e info@camp-danica.si
www.camp-danica.si

Description
Danica Camp is located in Bohinjska Bistrica, in a beautiful forest next to the River Sava Bohinjka. It can accommodate about 700 guests, who can choose between camp sites in sunny meadows next to the rivers or sites in the shade of trees. The Slovenian Tourist Board awarded the Camp 1st place for the best camp in 2012. It is also open in winter.

Accommodation advantages

- **Location**: at starting points for hiking trails. Transportation is not necessary – you can head into the mountains from here on foot. The camp site is surrounded by the Julian Alps and Triglav National Park. The Upper and the Lower Bohinj Valley, the surrounding hills and mountains offer many opportunities for active fun.
- **Hiking equipment hire**: hiking poles, safety belts, helmets, hiking shoes, backpacks.
- **Culinary offer**: on the edge of the camp site, in a pleasant and peaceful location, the Danica Restaurant offers delicious and interesting combinations of traditional flavours and attractive modern cuisine.

Highly recommended
Active lovers of sport can enjoy many nature-friendly sports along the River Sava Bohinjka and on beautiful Lake Bohinj:

- Fishing, mountaineering and sports climbing, mountain biking, kayaking and canoeing, sailing and surfing, rafting and hydro-speed, canyoning, paragliding, and hang-gliding.
- **In winter**: near the camp, there are running paths, surfaces for snow activities, a covered artificial ice rink where you can hire skates, a water park with pools, saunas, and a gym.

14

HIKE & BIKE HOUSE

Information and booking
Turistična agencija HIKE&BIKE
Stara Fužina 117, SI-4265 Bohinjsko jezero
t +386 (0)31 374 660
e grega@hikeandbike.si
www.hikeandbike.si

Description
In the heart of Triglav National Park, a pleasant stroll from the Hike and Bike House is all that separates you from the magical wilderness of Lake Bohinj. The Hike and Bike House is surrounded by some of the most beautiful mountains in Slovenia and is a true surprise for hikers. The kitchen, two bedrooms, a lounge area, and a large terrace will make you feel right at home, except that it's more beautiful, perhaps. The House is owned by the specialised hiking and biking travel agency Hike and Bike, who are happy to help you with your hiking adventures.

Accommodation advantages
- **Location**: located in the middle of Triglav National Park, the Hike and Bike House is an ideal starting point for recreational hikers, rowers, swimming enthusiasts, and daring climbers. Cleanliness, an affordable price, and the direct connection of the House with hiking encourages even more relaxed holiday-maker to be more active. When choosing and planning your trail, the friendly Hike and Bike team are always available.

Highly recommended
A hike with experts: you are in one of the most beautiful parts of Slovenia. Explore it! You can enjoy many activities in nature at Lake Bohinj, in the heart of the Julian Alps:
- **for sports enthusiasts**: mountaineering and sports climbing, mountain climbing, kayaking and canoeing, sailing and surfing, rafting, canyoning, paragliding, and hang-gliding.
- **for nature lovers**: a hike through Bohinj Valley to Savica Waterfall, a view from Mt. Vogel, *ričet* (barley porridge made with beans) at Vogar Mountain Hut, and easy strolls on shepherds' paths.

36

HELIA TOURIST AGENCY

Information and booking
Turistična agencija Helia, d. o. o.
Trubarjeva cesta 8, SI-4260 Bled
t +386 (0)4 576 56 00
f +386 (0)4 576 56 01
e info@helia.si
www.helia.si

The Helia Tourist Agency offers hiking and trekking tours in Slovenia and in nearby locations abroad. The theme programmes for individual travellers or groups are suitable for everyone – from Sunday trippers and families to more demanding hikers. You can choose from among guided and individual tours.

40

REKREATUR TOURIST SOCIETY

Information and booking
Turistično društvo REKREATUR
Srednje Bitnje 99, SI-4209 Žabnica
m +386 (0)41 694 920
e info@rekreatur.si
www.rekreatur.si

A sporting-recreational team cycling event that lasts 5 days and takes place at various destinations in Slovenia. The team that approaches the average time of all participants wins.

Lake Bled

JULIAN ALPS
BLED

The lake with its small island and church against the backdrop of Mt. Stol and the castle on a large rock will make you feel like you are in paradise. This image excites anyone who walks along the path around the lake. But Bled is much more. It invites you to many trails that lead from the town to the nearby hills and mountains, and it lures you to the most hidden and wild gorges in Slovenia. This famous jewel of Slovenia is surrounded by untouched nature.

NOT TO BE MISSED

- **Bled Days**, July
  This three-day event is a tourist magnet. The traditional Bled Night is always the grand finale of the event, when 15,000 lights at Lake Bled and fireworks from the castle illuminate the whole area.
- **Folk Music Hit Parade**, November
  For lovers of polka and waltzes, this is one of the most popular events, hosting world-renowned folk music ensembles. Would you like to dance to the rhythm of the polka? The Folk Music Hit Parade gets the blood flowing.

BEST SNACK FOR HIKERS

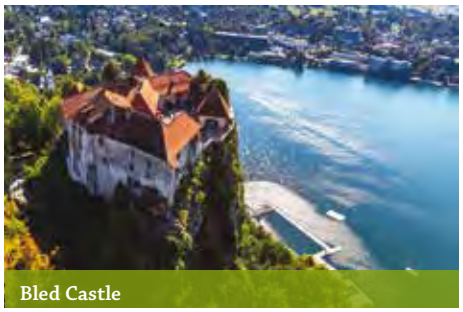
- **Bled Cream Slice (*kremšnita*)**
  There is only one true cream cake – Bled Cream Slice. This dessert is made from puff pastry, vanilla cream, and whipped cream, and is protected in the area of the EU. Since its 'invention' in 1953, the Park Cake Shop has made over 13 million cream slices.

REWARD FOR HIKING FEATS

- Rest your feet and spend some time relaxing on a *Pletna* boat, as the boatman rows you to the island in the lake. A tradition lasting centuries is still alive today.

Bled Days

Pletna boats



Bled Castle

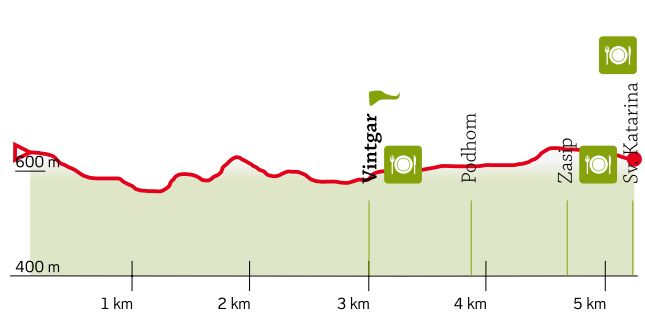
Infocenter Triglavska roža Bled
Ljubljanska cesta 27, SI-4260 Bled
t +386 (0)4 578 02 05
e info@dzt.bled.si
www.bled.si

3

THROUGH VINTGAR GORGE

The trail takes you past the church of St. Catherine to the Šum Waterfall and then through the Vintgar Gorge, which is quite inviting in the summer heat.

Walking time	2 hours
Length	5 km
Difficulty	easy
Joint ascent	150 m
Start	Car park in front of the Church of St. Catherine above the village of Zasip
GPS coordinates	46.3943 N, 14.1075 E
Maps	Julian Alps (1 : 50,000), Bled (1 : 30,000), Triglav National Park (1 : 50,000)

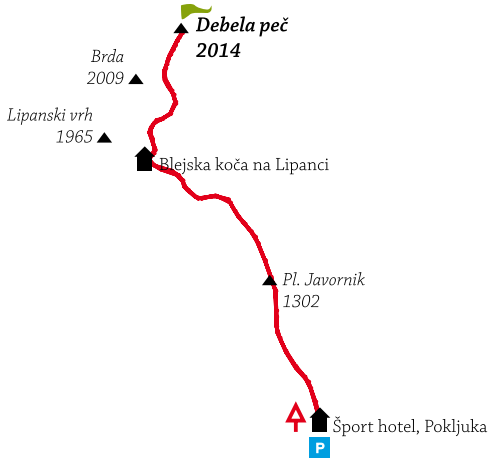


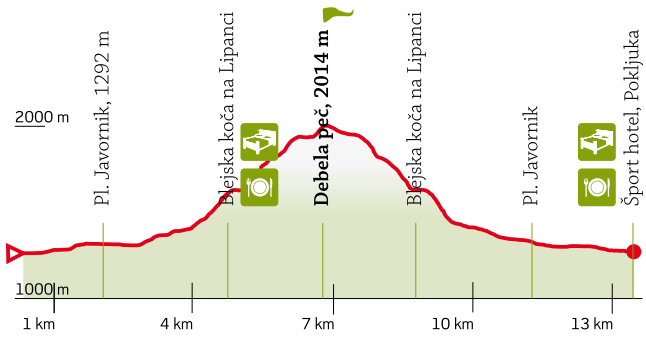
4

TO MT DEBELA PEČ (2,015 m)

The trail will take you through the deep, dark forests of the Pokljuka Plateau to the panoramic summit of this plateau and to the steep glacial Krma Valley on the other side.

Walking time	4 hours
Length	13 km
Difficulty	medium
Joint ascent	750 m
Start	Car park at the Šport Hotel on the Pokljuka Plateau
GPS coordinates	46.3382 N, 13.9610 E
Maps	Julian Alps (1 : 50,000), Triglav National Park (1 : 50,000)





10

BEST WESTERN PREMIER HOTEL LOVEC

BEST WESTERN PREMIER HOTEL LOVEC****

Information and booking
BEST WESTERN PREMIER Hotel Lovec
Ljubljanska cesta 6, SI-4260 Bled
t +386 (0)4 620 41 00
f +386 (0)4 578 24 99
e reservations@kompas-lovec.com
www.lovechotel.com

Description
The Lovec Hotel is located in the centre of Bled, only a few steps from Lake Bled. Guests are astonished by its traditional architecture, which is in harmony with the local environment. The modern rooms have breathtaking views of the lake and the surrounding mountains. The culinary offers are rich and based on local ingredients. The hotel is a great starting point for hiking and biking trails in the vicinity. The friendly staff will be happy to advise you while planning your hiking trip, and the hotel can also provide you with maps of nearby hiking trails. The hotel is open throughout the year.

Accommodation advantages
The hotel offers comfortable accommodation with breathtaking views, a luxurious wellness centre, and selected cuisine. Group biotherapy is available, which will restore your body and spirit under the watchful eye of therapists.

- **Free of charge for hikers**: hiking pole hire, bike hire, and maps of surrounding hiking trails are free at the hotel.
- **Cuisine**: the hotel restaurant, with a view of the lake, will treat you to traditional dishes made from fresh, local ingredients.

Highly recommended
Be energised and enjoy some laughs while having a picnic in the country – the hotel will take care of the organisation and provide a full backpack to take with you. The friendly staff will be happy to advise you or completely organise various trips and sports activities in the vicinity. Bled has an abundance of these. You can choose between rafting, canyoning, hiking to surrounding mountains, paragliding, sledding in the summer and winter, horseback riding, diving, and other fun adventures in nature.

11

Hotel Krim ★ ★ ★

KRIM HOTEL***

Information and booking
Hotel Krim
Ljubljanska cesta 7, SI-4260 Bled
t +386 (0)4 579 70 00
f +386 (0)4 579 71 00
e hotelkrim@hotel-krim.si
www.hotel-krim.si

Description
Krim Hotel is located in the centre of Bled, just a stone's throw from Lake Bled, near the sports facilities. It boasts a tradition of more than 50 years and the status of a hikers' hotel. It has a hiking section with maps and all of the necessary information, and the friendly staff are always happy to help you plan your hiking tour. The hotel also has a wellness and massage studio, which is especially suitable for groups and athletes. It is open throughout the year.

Accommodation advantages
The accommodation is comfortable and affordable, it is centrally located and offers excellent local and international dishes.

- **Gastronomic offer**: If you feel like eating some good food after a difficult hike, you will not have far to go, as the incredible *Kuhinja Pri Stricu Bojanu restaurant (Uncle Bojan's Kitchen)*, which will treat you to delicious local dishes, is located in the Krim Hotel.
- **Location**: step outside the hotel and you will find yourself in the middle of Bled, surrounded by vibrant hustle and bustle, not far from Bled's major sites.

Highly recommended
You can easily explore Bled on foot, so let your car rest during your holiday.

- for sports enthusiasts: rafting, canyoning, kayaking, descent down a river, paragliding, climbing, diving, and horseback riding
- guided biking or hiking trips

12

HOTEL RIBNO BLED

RIBNO HOTEL***

Information and booking
Hotel Ribno
Izletniška 44, SI-4260 Bled
t +386 (0)4 578 31 00
f +386 (0)4 578 32 00
e info@hotel-ribno.si
www.hotel-ribno.si

Description
The Hotel is located in the immediate vicinity of Bled, in the idyllic village of Ribno, from which it takes its name. Due to its location on the edge of a pine forest, it is a great starting point for hiking tours and other sports adventures in the surrounding area. The hotel can provide you with information on hiking trails, and you can also make reservations at reception for other sporting activities. It is the first choice for anyone looking for some peace and relaxation in nature. The hotel is open throughout the year.

Accommodation advantages
A pleasant atmosphere and distance from the hustle and bustle will fill you with positive energy, which is always in abundance in these parts. Also, the restaurant of the Ribno Hotel is known for its excellent local and international cuisine and friendly staff.

- **Everything for hikers**: organising hiking trips, hiring of hiking equipment, laundry service, organising transportation for people and sports equipment, tennis and volleyball courts at the hotel, and massages available at the hotel.
- **Relaxed picnics**: the spacious terrace and green areas surrounding the hotel are your number one choice for a relaxing picnic after returning from a difficult hike.

Highly recommended
The green environment with the luscious scent of pine trees invites you to spend your free time outdoors in the fresh air. Hike on any of the numerous hiking trails near the hotel or go on an organised guided trip that will get your adrenaline flowing.

- for sports enthusiasts: rafting, canyoning, kayaking, descent down a river, paragliding, climbing, diving, and horseback riding
- guided biking or hiking trips

13

CAMPING BLED
SAVA HOTELS & RESORTS

BLED CAMPING*****

Information and booking
Camping Bled
Kidričeva 10 c, SI-4260 Bled
t +386 (0)4 575 20 00
f +386 (0)4 575 20 02
e info@camping-bled.com
www.camping-bled.com

Description
Bled Camping combines the magical power of nature, the warmth of wood, and the comfort of luxury accommodation. It is located in a peaceful valley on the western shore of Lake Bled. It is among the highest category camps, with the most modern furnishings. The camp also offers glamping accommodation. The camp is also open in winter.

Accommodation advantages
Glamping houses or forest villas are located on an elevated natural terrace in a remote part of the camping site, surrounded by greenery, but still in the immediate vicinity of Lake Bled. They are made from environment-friendly unprocessed larch and covered with larch shingles. In front of each one is a wooden hot tub heated with firewood. These houses offer a harmonious experience with nature and world-class relaxation after an active day.

Culinary delights:

- **Picnic baskets**: the special feature of Bled Camping are picnic baskets that you can order to be delivered to your tent, trailer, or house at any time. Breakfast, classic or gourmet lunch, and gourmet dinners in picnic baskets are available.
- Camp guests can also enjoy food prepared in the Bled Camping restaurant, which offers traditional Slovenian and Mediterranean dishes.

Highly recommended
Located not too close, but not too far, from Lake Bled, Bled Camping invites you to be spoiled by enjoying the most beautiful nature scenes.

- **For sports enthusiasts**: adrenaline-fuelled and hiking activities, mountain biking, canyoning, rafting, hot-air ballooning, sledding, swimming, hikes on surrounding plateaus, and endless strolls around Lake Bled.

Radovljica

JULIAN ALPS
RADOVLJICA

The green Dobrave area is elevated above the Sava Valley; it is full of picturesque places, happy people, and delicious sweets that are sung about in famous compositions by renowned musician Slavko Avsenik. The sight of high Alpine plateaus and the Karavanke Mountains and the Alps inspire people to take in the views. This medieval town will fascinate you with its picturesque architecture and invite you to discover the cultural heritage nearby.

NOT TO BE MISSED

- **Chocolate Festival**, April
  Sweet, sweeter, sweetest. There is nothing like the taste of chocolate, which has conquered the world. At the festival, you will be able to taste, smell, and see chocolate in its most unusual or completely classic forms.
- **Radovljica Festival**, August
  The oldest Slovenian festival of early music has been taking place in various locations around the town since 1982. During two weeks, you can enjoy ten concerts by various performers of early music from all over the world.

BEST SNACK FOR HIKERS

- Radovljica is a town of chocolate and sweet memories. Revitalise yourselves by enjoying walnut, tarragon, and poppy seed pralines called **Čokobelica**, which taste just like authentic Slovenian *potica cake*. In Radovljica, a new flavour that follows tradition is created every year.

REWARD FOR HIKING FEATS

- Travel back in time and learn about the rich beekeeping tradition in Slovenia and the Gorenjska Region. Due to its size and content, the **beekeeping museum** in the Radovljica Manor is unique in Europe. Visit a honey and gingerbread workshop in the centre of town to discover all the things that can be made with honey.

St Peter's Trail Begunje

Chocolate Festival

Walking the Themed Hiking Trails

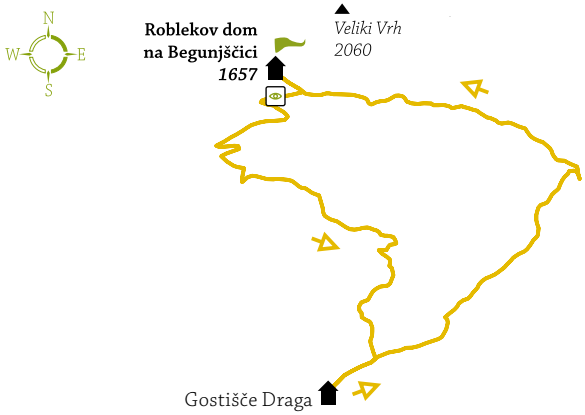
Radovljica Tourist Information Centre (TIC)
Linhartov trg 9, SI-4240 Radovljica
t +386 (0)4 531 51 12
e info@radolca.si
www.radolca.si

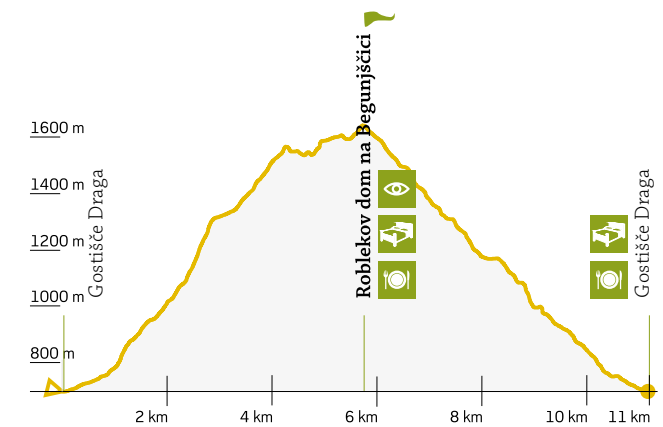
5

BEGUNJE SHEPHERD'S TRAIL

The Begunje Shepherd's Trail is a circular thematic trail linking the mountain pastures on the slopes of Mt. Begunjščica. On the trail, you can savour local culinary delights at the Draga Inn and at the Roblek Lodge, where you will also enjoy an exceptional view of Upper Carniola. You can also treat yourself to an ascent to Begunjščica Big Peak (*Veliki vrh*, 2,060 metres). The trail is marked with fingerposts and information boards in Slovene, English, and German.

Walking time	5–6 hours
Length	10.2 km
Difficulty	medium
Joint ascent	960 m
Start	Draga Valley near Begunje
GPS coordinates	46.39484 N, 14.21811 E
End	At the start
Map	Map of Hiking and Cycling Thematic Trails in Radovljica and Its Surroundings





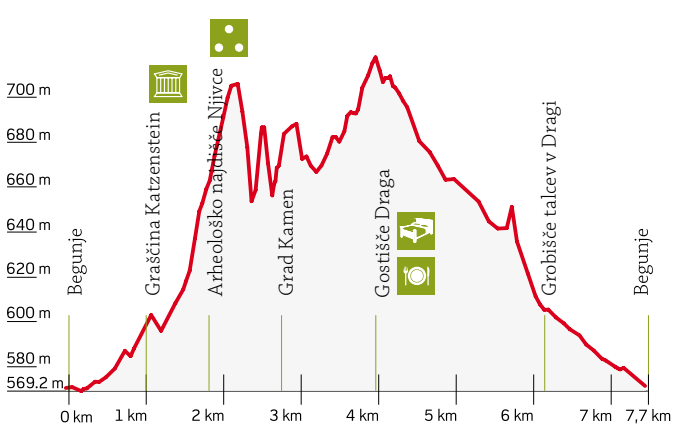
6

BEGUNJE LAMBERG TRAIL

Discover castle ruins in a green valley

The trail starts in the centre of Begunje, not far from Bled and Radovljica, and leads past the Katzenstein Manor and a scenic viewpoint overlooking Kamen Castle. From there, you can return through the village to the starting point or continue your hike along a stream into the lap of the Draga Valley.

Walking time	3 hours
Length	7.7 km
Difficulty	easy
Joint ascent	160 m
Start	Car park in the centre of Begunje
GPS coordinates	46.37532 N, 14.19874 E
End	At the start
Map	Map of Hiking and Cycling Thematic Trails in Radovljica and Its Surroundings
Markings	Fingerposts and information boards in Slovene, English, and German



Kranjska Gora

JULIAN ALPS
KRANJSKA GORA

The glory of Kranjska Gora has been carried beyond the borders of Slovenia by Alpine skiing and ski jumping, but it is with hiking and cycling that the resort lives through the entire year. The unforgettable scenery of the Julian Alps in the heart of the Kingdom of the Goldhorn invites everyone eager to discover nature. Venture high and higher, through mountain windows, over saddles and passes.

NOT TO BE MISSED

- **Ski jumps and flights in Planica**, March
  Every year in March, competitions attended by over thirty thousand people take place. Feel the Slovene pride, the greatness of the valley below Mts. Ponce, and the courage of the jumpers.
- **Meeting at the Triple Border**, September
  Join the hikers from Slovenia, Austria and Italy that meet every year at the Triple Border above the picturesque village of Rateče. Numerous celebrations take place at the event, and there is no shortage of fun.

REWARD FOR HIKING FEATS

- The emerald **source of the Sava Dolinka** is magical and mystical. Observe the life around it, surrender to its barely noticeable current and see the reflections of mountains or your mirror image on the green water's surface.
- Above the adorable village of **Mojstrana**, on two attractive protected trails, via ferratas, on the walls of Grančišče Hill you will enjoy beautiful views of the Julian Alps and Karavanke: a sight to make your spirit soar.

BEST SNACK FOR HIKERS

- Rateče pastry pockets with pearl filling (***Rateški kocovi krapi***) and Rateče pastry pockets with curd cheese filling (***Rateški špresovi krapi***). In Rateče, delicious pouches named kraps (orig. *krap, krapi*) are prepared. Kocovi krapi are named after their dried pear filling, and špresovi krapi are named after špres, a dialect world for curd cheese. They are filled with curd cheese and fried onion, tarragon, and salt.

Planica Nordic Centre

Triple Border

Zelenci Springs, the source of the Sava Dolinka

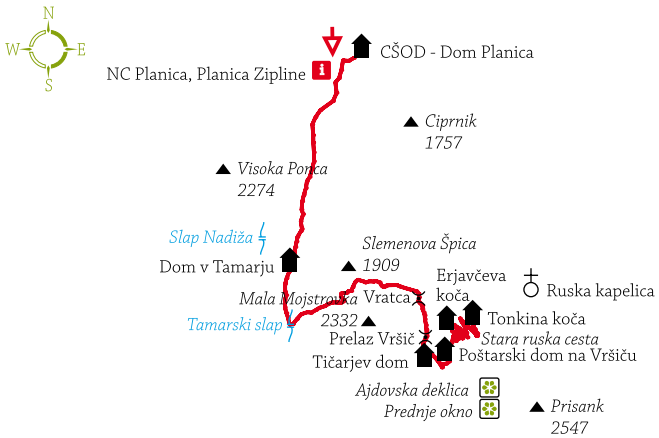
TIC Kranjska Gora
Kolodvorska ulica 1c, SI-4280 Kranjska Gora
t +386 (0)4 580 94 40
e info@kranjska-gora.eu
www.kranjska-gora.si

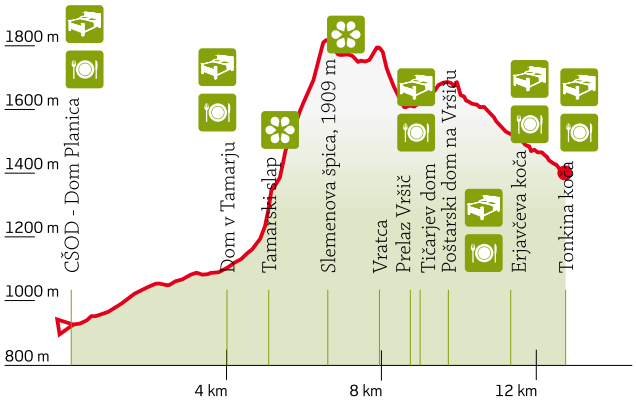
7

KEKEC TRAIL

The Kekec Trail passes through the most beautiful parts of Triglav National Park. It has exquisite views, and leads through numerous natural landmarks. Mountain huts along the trail offer delicious local food. The trail starts in the Planica Valley, where you can enjoy a zip-line, and runs through the Ridge Point (*Slemenova špica*), whose beauty is a true testimonial to the Slovenian mountains.

Walking time	5 hours
Length	13.1 km
Difficulty	medium
Joint ascent	1,000 m
Start	Planica
GPS coordinates	46.473538 N, 13.723363 E
Maps	Kranjska Gora Tourist Destination Hiking Map, Kekec Trail Leaflet



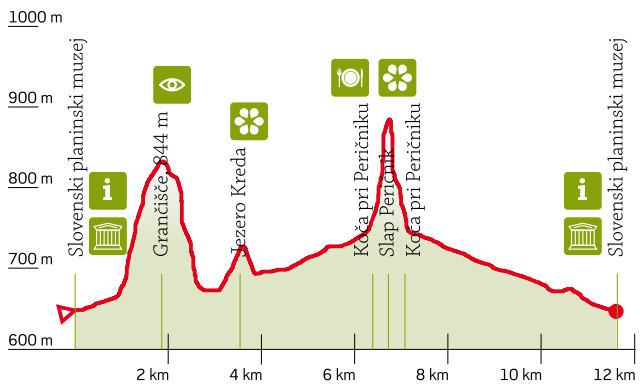


8

ROŽLE TRAIL

The trail connects the rocky Grančišče viewing point above the village of Mojstrana and the Peričnik Falls, one of the most beautiful falls in Slovenia. Along the trail, you can visit the Slovenian Alpine Museum and treat yourself to an adrenaline ascent by protected routes to Grančišče. In the Peričnik Falls Lodge, you can have a snack, and walk up to both falls by a partly circular trail.

Walking time	4 hours
Length	11.9 km
Difficulty	easy
Joint ascent	400 m
Start	Slovenian Alpine Museum, Mojstrana
GPS coordinates	46.458072 N, 13.935698 E
Maps	Kranjska Gora Tourist Destination Hiking Map, Rožle Trail Leaflet



5

Hotel Lek****
Kranjska Gora

LEK HOTEL****

Information and booking
Hotel Lek
Vršiška 38, SI-4280 Kranjska Gora
t +386 (0)4 588 15 20
f +386 (0)4 588 13 43
e info@hotel-lek.si
www.hotel-lek.si

Description
The Lek Hotel stands at the edge of Triglav National Park, only a few steps from the centre of the village of Kranjska Gora, not far from the picturesque Lake Jasna, along the road leading across Vršič, the highest road pass in Slovenia. Its location makes it an excellent starting point for hiking and cycling tours. If you want to rest, the Lek Hotel offers saunas, swimming pools, massages, and a beauty salon, whereas for additional recreation, a health club, tennis courts, and a playground are available.

Accommodation advantages
A peaceful location, pleasant and hospitable hosts, a high level of cleanliness, authentic cuisine and the offer of excellent desserts are what particularly distinguishes the Lek Hotel. The hotel is easily accessible; it has free Internet in all rooms, and an internet access point at the hotel reception.

- **For hikers**: a weekly organised hike (Friday), with a minimum sign-up of eight people. Hiking equipment hire is available, as well as the possibility of organising transport from the hotel and back.
- **For cyclists**: lending, washing, and keeping cycles, cycling route information, cycling park.

Highly recommended
Kranjska Gora and its surroundings are a heaven for sport activities in nature; here, hiking has always been at home. However, you can also try other sports.

- For tradition and winter sports enthusiasts: a trip to the Tamar Valley and visiting the Planica Nordic Centre,
- rafting and canyoning,
- rocky labyrinth,
- Nordic walking course,
- climbing.

20

ŠPIK
ALPINE RESORT
hit alpinea

ŠPIK HOTEL*** AND THE ŠPIK ALPINE RESORT****

Information and booking
Hotel Špik in Alpski resort Špik
Jezerci 21, SI – 4282 Gozd Martuljek
t +386 (0)4 588 44 77, +386 (0)4 587 71 00
f +386 (0)4 588 44 79
e info@hit-alpinea.si
www.hit-alpinea.si

Description
The Špik Hotel stands in pleasant green surroundings with a magnificent view of the Martuljek Mountains. It is named after the mountain presiding over the village of Gozd Martuljek. The rich surrounding nature is reflected in the character and form of the hotel, where the offer has been tailored for hikers. In the hotel, you will receive information about walking trails, transport, weather, and guided trips can be organised at your request. When you are tired, you may renew your energy in a wellness centre with a view of the breathtaking mountain scenery.

Accommodation advantages
The Špik Hotel offers a number of organised walking activities. You will be particularly impressed by the cuisine, which is tailored for hikers and sportspeople, the bio corner, and the offer of diet products.

Highly recommended
Triglav National Park surrounds you in all directions. Explore it!

- Three picturesque valleys of the Julian Alps – the Krma, Kot, and Vrata Valleys – lead you to the foothills of Mt. Triglav and to its peak.
- In the Upper Sava Valley and its side valleys, over 120 kilometres of paths have been arranged, most of them in Triglav National Park.
- The picturesque Mt. *Srednji Vrh* (960 metres) above Gozd Martuljek offers a marvellous view of the Julian Alps.

Glacier Wellness Package Holiday:

- €109 (two nights half board for one person in a two-bed room),
- swimming in pools with healthy glacier water, including night swimming at weekends,
- admission once a day to the world of saunas and use of the glacier bath,
- 30 minutes of body massage with glacier stones,
- use of bathrobe and slippers,
- social activities programme.

21

ROŽLE G&M
Kranjska Gora, Slovenija

VILLA TRIGLAV HOTEL***

Information and booking
Rožle G&M d.o.o.
Tičarjeva 14, SI – 4280 Kranjska Gora
t +386 (0)4 588 14 87, +386 (0)4 588 13 74
f +386 (0)4 588 12 25
e vila.triglav@rozle.si, info@ rozle.si
www.rozle.si

Description
Villa Triglav is on the outskirt of Kranjska Gora, in the midst of snowy-white mountain peaks, where a winding mountain road starts to ascend towards the Vršič Pass. It is surrounded by unspoilt nature, with fresh mountain air, and the crystal Pišnica Stream babbles nearby. The Villa is modern, pleasant, and affordable.

Accommodation advantages
- **Location**: Villa Triglav lies in the midst of fragrant forests next to Lake Jasna, with a view of the Julian Alps. It is surrounded by numerous walking, hiking, and cycling routes. Kranjska gora is only a short walk away along mountain roads and paths.
- **Hiking Package Holiday**: surrounded by some of the most beautiful mountain routes, Villa Triglav offers a package holiday designed particularly for hikers. Among other things, it offers a guided hiking tour in the company of a local guide, a map of hiking routes, and a return ticket for the chairlift to Mt. Vitranc.

Highly recommended
Explore the magic Alpine land where green meadows, mighty forests, and wild mountain flowers mix. The nature of the Upper Sava Valley will enchant you and fill you with green energy.
- **Lake Jasna** offers many walks along the arranged paths in the area, and magical scenery for fly fishing. The most courageous can swim in the crystal-clear water.
- **A stage of Via Alpina**, leading you along ridges past Kranjska Gora, the Slovenian Alpine Museum, and the Planica Nordic Centre. The routes are well marked and undemanding.
- Kranjska Gora is a crossing on the **Alpe-Adria-Trail**, and the entry point to the Triglav National Park. Explore it!

15

SKOK apartmaji

SKOK APARTMENTS**

Information and booking
Apartmaji Skok
Mala vas 111, SI-5230 Bovec
t +386 (0)5 389 63 00
m +386 (0)41 328 629
e info@apartmajiskok.com
www.apartmajiskok.com

Description
The Skok Apartment House stands in the centre of the mountain pearl of Slovenia. Surrounded by the Julian Alps and green forests, it is an excellent starting point for family or more demanding hikes and a number of water and other sport activities in nature. At the Skok House, you can learn first-hand about hiking tours, natural and cultural landmarks, and sport activities in the vicinity. On the ground floor, there is a completely new sports shop offering attractive high-quality sports equipment.

Accommodation advantages
- **Pleasant atmosphere**; near the centre of Bovec, it has its own car park, a large garden, and a picnic area with a view of the mighty Alps.
- **Sports equipment**: apartments have a space for keeping bicycles and other equipment. A sports shop is located on the ground floor. Its friendly owners, who are sport enthusiasts themselves, will provide you with information about equipment, routes, and other sport and hiking pearls.
- **Info point**: to provide useful information, as much as possible, to our guests, their own info point has been arranged at the Skok Apartment House. The staff will be very glad to show you the most beautiful hikes and views in the midst of the unspoilt nature of Bovec.

Highly recommended
In addition to fresh mountain air, breathtaking views of the emerald river and walks along the Soča, Bovec offers a wide choice of activities.
- **For sports enthusiasts**: hiking and cycling trips, climbing, zip-line,
- **For water enthusiasts**: rafting, kayak, hydrospeed, canyoning and refreshment for the mind in the emerald river.

Bovec

JULIAN ALPS
SOČA VALLEY
BOVEC

On one side, the highest peaks of the Julian Alps; on the other, the emerald course of the River Soča. This is Bovec, a little town always inclined to sports, which enthrals with its open-air activities. It is wonderful to feel the heart of the Soča Valley while mountaineering. The wooden bridges hanging over the river are reminiscent of a ladder to a green paradise, whereas the high mountain trails always have the fragrance of wild flowers.

NOT TO BE MISSED

- **Bovec Day** (*Buški dan*) **and Potato Night** (*Čomparska noč*), July and August
  The folklore events in Bovec are famous for culinary delicacies and a rich programme. On Bovec Day, old crafts are demonstrated, and on Potato Night, dance, theatre, and musical groups perform.
- **Bovec Marathon**, September
  A marathon ordeal where no energy bars are needed, because strength pours into you from the emerald Soča, which the route follows. This marathon, crossing the heart of the Slovene Alpine world, is one of the most picturesque European marathons.

BEST SNACK FOR HIKERS

- 132 dialect names for potato are known in Slovenia. In Bovec, it is called ***čompe***. Cooked jacket potato with curd has been a typical dish in this Slovenian landscape since the 19th century.

REWARD FOR HIKING FEATS

- The emerald waters of the Soča invite you to try rafting or kayaking, and to end the day, treat yourself to an adrenaline shower under the magnificent Boka Falls.

Hanging bridge on the Soča River

Potato Night traditional event

Soča kayak

Bovec LTO
Trg golobarskih žrtev 8, SI-5230 Bovec
t +386 (0)5 384 19 19
e info@lto-bovec.si
www.bovec.si

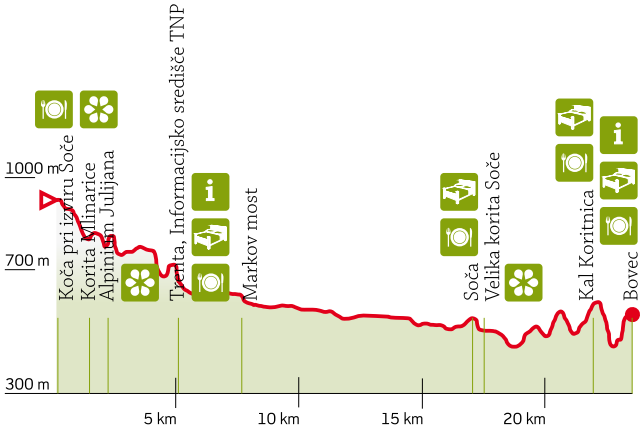
9

SOČA TRAIL

The park trail follows the Soča from its source to Bovec

The Soča Trail is the oldest and longest trail in Triglav National Park. It links old footpaths and calm, lesser known corners of the valley.
The trail is marked and equipped with descriptions of attractions. Particularly beautiful are the old footbridges across the Soča, which the trail crosses several times.

Walking time	8–10 hours
Length	25 km
Difficulty	easy
Joint ascent	400 m
Start	Car park next to the Soča Spring Lodge
GPS coordinates	46.4091 N, 13.7255 E
End	Bovec
Maps	Triglav National Park (1 : 50,000), Trenta (1 : 25,00), Bovec (1 : 40,00)



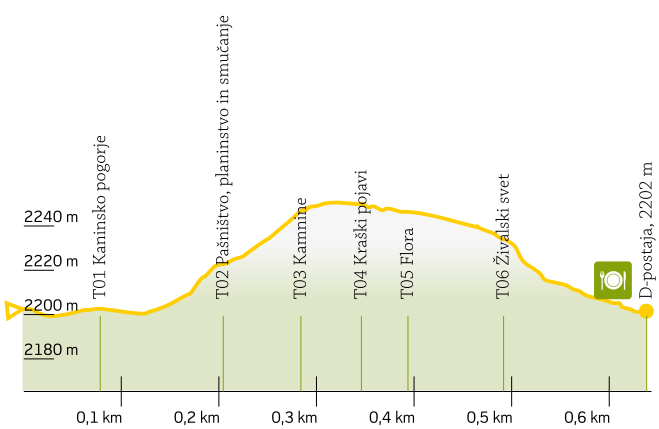
10

NATURAL HISTORY EDUCATIONAL TRAIL

Prestreljenik Plateau of Mt. Kanin

The trail begins at the final station of the Kanin cable car. It runs across the high mountain karst and is clearly presented with descriptions on seven boards. The surrounding peaks, pasture, history, flora and fauna, and mountaineering are clearly presented.

Walking time	2 hours
Length	4 km
Start	Final station of the Kanin cable car
GPS coordinates	46.3949 N, 13.4919 E
Map	Prestreljenik Plateau –Kanin leaflet; designations T01 – T06 denote the positions of boards along the route with additional information



Soča Valley

JULIAN ALPS
SOČA VALLEY
TOLMIN, KOBARID

In the western part of Slovenia at the foothills of the Julian Alps, right on the border with Italy you can find the fascinatingly beautiful valley of the river Soča, one of the most beautiful rivers in Europe. Those that experience it while mountaineering never forget its emerald hue. The Tolmin Gorges are among the most beautiful natural entrances to Triglav National Park. A century after World War I, the Walk of Peace from the Alps to the Adriatic winds among the remains of the Soča Front.

NOT TO BE MISSED

- **Soča Valley Hiking Festival**, September, October
  Experience the palette of autumn colours in all its beauty and discover monuments of the past, led by experienced guides. Over 25 guided hikes, lectures, exhibitions, tastings, and films.
- **Jestival – food and art festival**, October
  Jestival, a festival of tastes and art takes us to the nostalgic past. As in the past, today we again appreciate what is healthy, natural, and authentic: in cuisine, art, nature and the coexistence of everyone.

BEST SNACK FOR HIKERS

- Farmers in the Soča Valley even today produce cheese in high mountain pastures. The protected **Tolminc cheese** (*sir Tolminc*) originated in the 13th century, and you may hear its story at the Planika Dairy. However, leave some space for the traditional ***Kobariški štruklji***, filled with walnuts and raisins.

REWARD FOR HIKING FEATS

- The emerald pools of the always fresh and cold Soča do a world of good particularly in the middle of a hot summer, whereas the Nadiža is the warmest Alpine river. A picturesque swimming place has been arranged next to Napoleon Bridge.

Krn mountain chain

Napoleon Bridge, Nadiža

Preparation of the *Kobariški štruklji* at the Jestival

LTO Sotočje – Tolmin TIC
Petra Skalarja 4, SI-5220 Tolmin
t +386 (0)5 380 04 80
e info@lto-sotocje.si

LTO Sotočje – Kobarid TIC
Trg Svobode 16, SI-5222 Kobarid
t +386(0)5 380 04 90
e info.kobarid@lto-sotocje.si

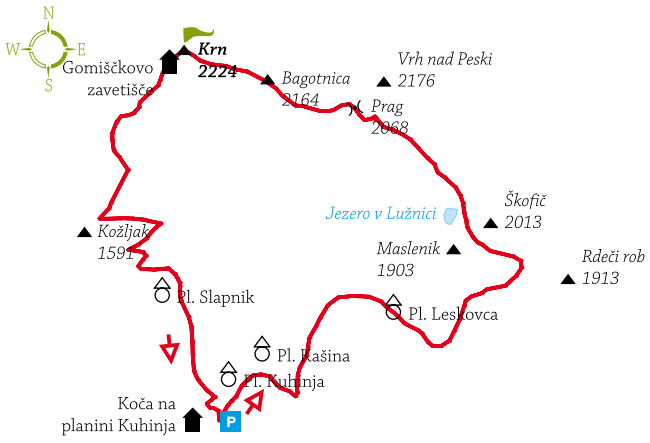
www.visit-soca.com

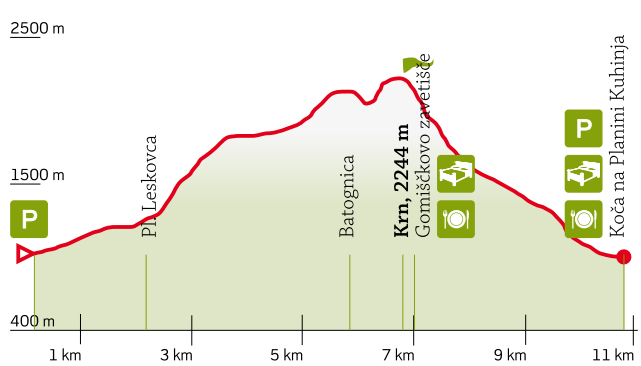
11

TO MT. KRN (2,244 m)

From the car park, following the marked trail to the Kuhinja Pasture, where you will find yourself in the true embrace of the Krn mountain chain, including Mt. Batognica. On the route to the top, some remains from World War One can always be found; if nothing else, there is barbed wire, a poignant reminder.

Walking time	7 hours
Length	12 km
Difficulty	medium
Joint ascent	1,500 m
Start	The village of Kamno or the car park at the Kuhinja Pasture
GPS coordinates	46.24143 N, 13.66294 E
End	At the start
Maps	Soča Valley (1 : 40,000), Triglav National Park (1 : 50,000), Mt. Krn (1:25,000)





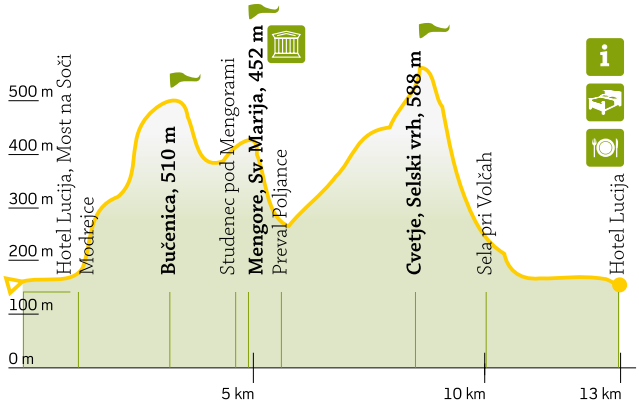
12

HISTORICAL SCENIC TRAIL

Bučenica–Mengore–Cvetje

On the route across the peaks of Bučenica, Mengore, and Cvetje we sense a not-so-distant past. All the heights were heavily fortified in World War I, because the Austro-Hungarian front line formed the so-called Tolmin Bridgehead.

Walking time	5 hours
Length	15 km
Difficulty	easy
Joint ascent	800 m
Start	Lucija Hotel in Most na Soči
GPS coordinates	46.15287 N, 13.74082 E
End	At the start
Map	Tourist and Cycling Map of the Kobarid–Nadiža Valleys–Tolmin (1 : 55,000)
Information	Map – leaflet Wisdom over the Bridge Guide Walk of Peace



29

JAZBEC INN

Information and booking
Gostišče Jazbec
Idrsko 56, SI-5222 Kobarid
t +386 (0)5 389 91 00
m +386 (0)41 570 126
e bostjan.jazbec@siol.net
www.jazbec.eu

Description
Where the Soča leaves Kobarid and the valley widens, the village of Idrsko lies in the midst of extensive meadows in the foothills of Mt. Matajur. With one of the most beautiful views of Mt. Krn, it invites hikers to explore other routes in the vicinity. The inn offers 15 comfortably equipped rooms, wireless Internet, a drying room for hiking equipment, and hiking maps for purchase. The staff will be glad to help you plan hikes, recommend an experienced hiking guide, and organise transport to your requested location.

Accommodation advantages
In addition to marvellous nature, the inn is widely renowned for its excellent cuisine. In the morning, you will be served home-made breakfast, and when you return from the hike, local delicacies will be waiting for you. The restaurant is open all day.

- **Location**: experiences in nature lie on the threshold. The surrounding peaks are within reach, many of them reachable from the village, and the position next to the main road allows you to quickly reach all the major places in the Soča Valley.

Highly recommended
Join activities in nature, culture, and cuisine – nowhere will this be easier than here.

- **Gourmet-hiking trip**: join in the preparation of house bread and Kobarid *struklji* with the chef at the Jazbec Inn. While the dough balls and *struklji* are resting, you can take a hike along the Idrsko Historical Trail, visit numerous museums, the remains of World War I, the Kozjak Falls, the Napoleon Bridge, and finish the trip with a late lunch at the inn.
- **Museums**: local ethnology and military museums, cheese-making museum.
- Visit the cheese-making pastures.
- Walk along historic trails and explore the remains of World War I.
- Ascend peaks from which it is possible to see the Adriatic Sea.

17

JELKIN HRAM INN***

Information and booking
Gostišče Jelkin Hram
Drežnica 30, SI-5222 Kobarid
t +386 (0)5 384 86 10
m +386 (0)41 953 370
e jelkin.hram@siol.net
www.jelkin-hram.com

Description
The Jelkin Hram Inn is located in the foothills of mighty Mt. Krn, in Drežnica, which is an excellent starting point for hikers, mountain bikers, paragliders, and all lovers of mountains and pristine nature.
The inn has 30 beds and an apartment for four, offers overnight stays with breakfast, half board, lunches for groups, home-made food in a pleasant atmosphere, Finnish sauna, free Internet access, organised transport by minibus, tandem paraglide flights, guided hiking and cycling tours, and much more.

Accommodation advantages
Familiarity, warmth, old customs, a peaceful environment, and pristine nature have been preserved in Drežnica. Travellers find peace and a place to rest here, and adventurers find numerous opportunities for adventures in the fresh mountain air.

- **Everything for the hiker**: organisation of hiking trips, hire of hiking equipment, laundry washing, organisation of transport for passengers and sports equipment.
- **Specialties of our offer**: 'Hike&Fly' - instead of walking down, you fly into the valley. End your hike on the peak of the hill, and return to the valley in a paragliding tandem with an experienced paraglider.

Highly recommended
Where the urban life ends and the days are a bit longer, a view of marvellous nature hidden from the eyes of the everyday traveller opens to you. Set out on one of the numerous hiking routes in the vicinity or choose from activities offered by the Soča Valley.

- rafting, canyoning, kayaking,
- paragliding,
- climbing.
- horse riding.

6

CAMP KOREN KOBARID APARTMENT VILLAGE/ CAMPSITE****

Information and booking
Eko apartmajsko naselje Kamp Koren Kobarid
Drežniške Ravne 33, SI-5222 Kobarid
t +386 (0)5 389 13 11, **m** +386 (0)41 371 229
f +386 (0)5 389 13 10
e info@kamp-koren.si
www.kamp-koren.si

Description
The Camp Koren Kobarid apartment settlement is in Kobarid, a picturesque little town in the valley of the Soča River. Wooden houses are randomly dispersed in pristine nature, where with their timber-built warmth and their excellent location for hiking and other activities in nature, they attract numerous guests. The log cabins, which can accommodate up to 6 persons, are tidy and attractively equipped with wood. In 2010, the renowned Alan Rogers camping guide gave Camp Koren the European Winner of Rented Accommodation Award 2010.

Accommodation advantages
- **In the midst of pristine nature**: the position on the popular hiking section of Alpe Adria Trail, where the green north and stony south meet, along the troughs of the Soča, is an excellent starting point for short and long hikes of varying difficulty.
- **Wood**: a stay in an eco-log cabin is particularly pleasant due to the warmth of wood, which conjures a feeling of the forest. The interiors and exteriors of the log cabins are wood and coated with natural oils.
- **The offer in the camp**: a shop with a special offer of eco products, the possibility of sports activity and guided trips are available to guests in the camp.

Highly recommended
- **The Kobarid gastronomic circle**: Kobarid is renowned for its exceptional local cuisine. Walk the Kobarid gastronomic circle and spoil your taste buds in some of the best Slovenian restaurants.
- **For sports enthusiasts**: paragliding, hang-gliding, kayaking, hiking, climbing, mountaineering, mountain biking (possibility of hiring bicycles), hunting and fishing, rafting, canyoning, hydro-speed, tubing, horse riding.

37

38

POSITIVE SPORT

POSITIVE SPORT

Information
Positive Sport
Trg svobode 15, SI-5222 Kobarid
t +386 (0)40 654 475
e info@positive-sport.com
www.positive-sport.com

Offer
Guided tours, bike hire, bike shop and service.

soča OUTDOOR FESTIVAL

SOČA OUTDOOR FESTIVAL

Information and booking
e info@soca-outdoor.com
www.soca-outdoor.com

The biggest sports festival in the Soča Valley:
- **Soča MTB Marathon** along the River Soča and River Nadiža, July, Kobarid
- **the Soča Enduro competition**, points count towards the SloEnduro cup, June–July, Bovec
- **Soča Mini MTB**, a competition for children, July, Bovec
- **MTB water recreational tours**, June, Bovec

Logar Valley

KAMNIK-SAVINJA ALPS

The shortest chain of the Slovenian Alps invites you to explore routes among rocky peaks above green valleys; over pastures where cattle graze and the traveller is greeted by dairy farmers; through the mysterious underground world. Wherever you explore them, from the Kamnik or the Savinja side, they always enthral and enchant with their diversity.

NOT TO BE MISSED

- **Hiking Festival of the Kamnik–Savinja Alps**, June
  A festival with guided hiking trips connects Solčava, Kamnik, Jezersko, Luče, Preddvor and other places alongside the Kamnik–Savinja Alps. The accompanying programme offers talks on safe walking, story and film evenings, and much more.
- **Sustainable Mobility Day**, June
  Roam through the picturesque glacier valley sustainably – by walking, with Nordic skateboards, or powered vehicles. On this day, lovers of pristine nature are also taken to the Rinka Falls in a specially organised bus.
- **Shepherd Dance** (*Ovčarski bal*), August
  The local people have been organising the traditional celebration of Jezersko for over fifty years. At this lively event, they remember the Jezersko shepherds who left for the high mountain pastures after housewives had blessed them by sprinkling water and wishing them a safe journey.
- **Skiventure**, March or April
  For a number of years, a ski tour across the valleys of Ravne Combe (*Ravenska Kočna*), Belca Combe (*Belska Kočna*) and Okrešelj has taken place on Easter Monday. Enjoy the views of the landscape covered by blankets of snow.

BEST SNACK FOR HIKERS

- ***Masunjek*** is a filling shepherd's dish made of sour and sweet cream and buckwheat flour. It goes very well with sour milk or dark home-made bread.
- On Alpine dairy farms, **sour milk with buckwheat mush** (*žganci*), dressed with pork crackling if desired, awaits you. On the meadows before them, it is most pleasant to sit on a wooden bench to enjoy home-made delicacies, among which you'll discover stuffed **pig's stomach from the Upper Savinja Valley**.

Czech Lodge

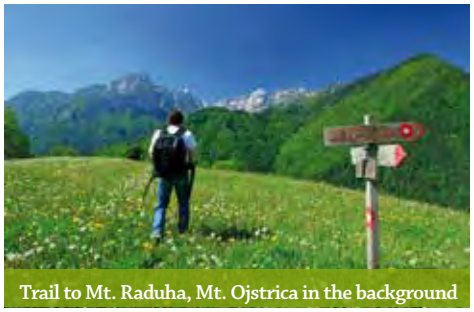
Rinka Falls

Trnič hard cheeses with wooden seals

Solčava Cottage Cheese (*Solčavski sirnek*)

Velika Planina Mountain Pasture

Logar Valley



Trail to Mt. Raduha, Mt. Ojstrica in the background

KAMNIK

Kamnik TIC
Glavni trg 2, SI-1241 Kamnik
t +386 (0)1 831 82 50
e tic@kamnik-tourism.si
www.kamnik-tourism.si

A lively little mediaeval town with a mountain beat is an ideal starting point to visit the Kamnik–Savinja Alps. Venture through steep ravines to the extensive mountain plateaus and saddles, where the aroma of delicacies rises from mountain lodges. Mountain meadows imbued with the dairy farming tradition and fed by the crystal-clear waters of the Kamnik Bistrica, which will fill you with the vibrant life of the region, invite to places above Kamnik.

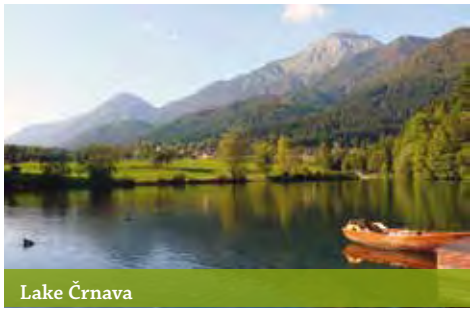
LOGAR VALLEY AND SOLČAVSKO

Logar Valley TIC
Logarska dolina 9, SI-3335 Solčava
t +386 (0)3 838 90 04
e info@logarska.si
www.logarska-dolina.si

Stop at the mighty Logar Lime Tree protecting the entrance to Logar Valley Natural Park; take a breath at the view of soft green meadows merging into forests, and which in turn climb to the soaring flanks of two-thousand metre peaks. The Logar Valley is a starting point for easy hiking routes, as well as more difficult and the most difficult ones.

Solčava TIC – RINKA CENTRE
Solčava 29, SI-3335 Solčava
t +386 (0)3 839 07 10
e info@solcavsko.info
www.solcavsko.info

Where can you start to discover the Solčavsko Region? In the Robanov Kot Valley surrounded by steep mountain walls, in the Logar Valley, one of the most beautiful glacier valleys of Europe in the embrace of the Kamnik and Savinja Alps, or in the remote Matkov Kot Valley?
From the panoramic Solčava Road, your view takes in everything and you can quickly choose a hiking route.



Lake Črnava

Snow Cave

Šenk Farm

PREDDVOR

Preddvor TIC
Dvorski trg 3, SI-4205 Preddvor
t +386 (0)59 14 88 46
e info@preddvor-tourism.si
www.preddvor-tourism.si

Below Mt. Storžič which, proud as a lonely guard, watches over the Kranj Plain, lies Preddvor. Nestled against the foothills of mountains, it lies at the heart of a network of routes to high peaks and long ridges, through steep forests and gentle slopes. The valley of the River Kokra lies before us, the Slovenian Alps all around us, and a little lake below the mountains is already inviting us to rest.

LUČE

Luče TIC
Luče 106, SI-3334 Luče
t +386 (0)3 839 35 55
e tic@luce.si
www.tic-luce.si

The preserved essence of Alpine architecture, steep mountains all around, and the pristine River Savinja give a special charm to Luče. A spirit of freedom from the peaks and the hard life in the mountains mix here, and routes to pastures and high mountains where life is still devoted to tradition, before descending into a subterranean world telling thousand-year stories.

JEZERSKO

Jezersko TIC
Zg. Jezersko 56, SI-4206 Jezersko
t +386 (0)4 254 51 40
e tic@jezersko.si
www.jezersko.info

In the embrace of the Kamnik–Savinja Alps lies charming Jezersko, a dairy-farming settlement with a rich tradition. Natural attractions and the fresh climate have been attracting hikers and lovers of pure nature for a long time. The barrier of the northern walls of the highest peaks is breathtaking as it merges with green forests and rises steeply into the sky.

23

Hotel Plesnik

PLESNIK HOTEL****

Information and booking
Hotel Plesnik
Logarska dolina 10, SI-3335 Solčava
t +386 (0)3 839 23 00
e info@plesnik.si
www.plesnik.si

Description
The Plesnik Hotel stands in the Logar Valley, which is considered one of the most beautiful in Slovenia. Surrounded by mighty mountains, green forests, and fragrant meadows, it is a true oasis of peace and a source of infinite hiking possibilities. The hotel has 30 comfortable rooms, a wellness centre and sports fields, and you can hire bikes and other equipment. It is open throughout the year.

Accommodation advantages
The hotel is an excellent starting point for hiking in all seasons, particularly because upon returning from a hike, we are awaited by the delicacies of local food suppliers, with no flavour enhancers added.

- **Location**: hiking and thematic trails have been laid through the valley, while mountain lodges are a mere hour away. A number of difficult trails and via ferratas have been laid on the mountains above the Logar Valley for more demanding hikers. And best of all, you will not have to drive anywhere for this.
- **Delicacies**: local or international delicacies, in a restaurant or hunter's room, as you prefer. There are chamber music and pop music shows in the hotel bar.

Highly recommended
Feel your heart beat as you move or listen to it high above the valley.

- Visit *Potočka zijalka Cave*, where ice-age hunters lived 20,000 years ago, and *Snežna jama* Cave, which even in summer is clad in ice.
- Find your climbing route in the Logar Valley climbing area.
- At the end of the Logar Valley, the River Savinja rises and falls into the valley at the 90-metre Rinka Falls, from where a pleasant trail leads to Okrešelj.

Price

- half board in a single-bed room from €80 to €99
- half board in a two-bed room from €65 to €84

32

ŠMICA CAMPSITE

Information and booking
Kamp Šmica
Luče, SI-3334 Luče
t +386 (0)3 584 43 30
e camp.smica @siol.net
www.camp-smica.com

Description
The Šmica Campsite is arranged on a partly grassy and partly forested area on a bank of the unspoiled River Savinja, not far from the Logar Valley, at an elevation of a little over 500 metres. It is an ideal starting point for hiking and water sports.
If you would like to stay in the camp, but did not bring your own accommodation, you can hire a trailer or a bungalow and park in a little wooden house or room.

Accommodation advantages
You can enjoy your break very actively:

- we will drive you to thrilling guided kayak or raft descents on the Savinja, where it is also possible to swim or fish;
- kayak-raft equipment is for hire to the experienced;
- tennis enthusiasts can play a match on two sand courts;
- loan of bikes (helmets, locks);
- we offer transport from the airport to the camp.

Highly recommended
The campsite is an excellent starting point for diverse walking and hiking trails for both demanding and less demanding hikers. The Logar Valley invites you to experience natural landmarks such as the *Robanov Kot Valley*, *Matkov Kot Valley, Snežna Jama Cave, Velika Planina Mountain Pasture*, and others. Hillwalkers can strike out with a backpack to somewhat longer routes, and ascend Mts. Raduha, Ojstrica, Korošica, and other peaks of the Kamnik–Savinja Alps.
In the gurgling waters of the River Savinja running just alongside our calm camp site, you will be able to refresh your legs after your walks – which we will be glad to recommend at the site reception.

25

SNOVIK THERMAL SPA****

Information and booking
Terme Snovik
Snovik 7, SI-1219 Laze v Tuhinju
t +386 (0)1 834 41 00
f +386 (0)1 834 41 36
e info@terme-snovik.si
www.terme-snovik.si

Description
The invigorating mountain air, the positive energy of nature, and the pristine proximity of the mountains all lead to active free-time pursuits in the Snovik Thermal Spa which, at an elevation of 462 m, is the highest thermal spa in Slovenia. It boasts high-quality water for bathing and drinking, and an apartment settlement called Little Houses at the Edge of the Forest. Accommodation is also possible in two-bed rooms, and the spa remains open all year round.

Accommodation advantages
The Snovik Thermal Spa, which has an ecological mission, is an excellent starting point for hikes across the Kamnik–Savinja Alps. When you return, you can relax in healthy thermal water, a sauna, or with a massage.
- **Breakfast and house specialties**: for breakfast, house specialties and local foods are also available, whereas for lunch you can order trout, princely goulash (*firštov golaž*), and the house *struklji*.
- Loan of Nordic walking poles and bicycles

Highly recommended
Venture alone or with a guide along easy or difficult routes. The area around Snovik Spa offers many hiking possibilities:
- *Velika Planina Mountain Pasture*, Mt. Grintovec, Mt. Skuta, Kamniško Sedlo, Sv. Miklavž na Gori, Mt. Menina
- Vranja Peč Climbing Site and the Budnar Museum House
- Old surrounding footpaths leading past cultural heritage monuments and farms offering home-made products.

Price
- from €44 per person

22

KRVAVEC HOTEL***

Information and booking
Hotel Krvavec
Ambrož pod Krvavcem 50
SI-4207 Cerklje na Gorenjskem
t +386 (0)51 350 830
f +386 (0)4 252 59 31
e booking@rtc-krvavec.si
www.rtc-krvavec.si

Description
This highest-lying hotel in Slovenia is at an elevation of 1,600 metres, only a relative stone's throw from Ljubljana (20 kilometres). The beautiful dairy farming countryside and a magnificent view of the valley and the Slovenian Alps are true magnets for hikers. The hotel is equipped in Alpine style with a hint of the modern; in the summer season, it is open from May to October, and in the winter season, from December to April.

Accommodation advantages
The hotel offers genuine Slovenian food based on local ingredients and the Krvavec Pasture.
- An excellent starting point for hillwalking tours: a number of more and less difficult hill- walking trails have been set up and marked in the immediate vicinity. Breathe the fresh mountain air and get away from the crowds and the city hustle and bustle, which, although it is not far away, you will be completely unaware of in this mountain pasture.
- Maps of mountaineering and hiking trails and the use of basic hiking equipment

Highly recommended
On Krvavec, you can walk, cycle, paraglide, enjoy an adventure park, or explore wonderful nature up close and in its purest form.
- hiking hotel packages
- hiking guided by a hillwalking guide along hiking trails
- themed events

Price
- single-bed room in summer starting from €43, in winter from €69
- two-bed room in summer starting from €65, in winter from €118

View of the Kamnik–Savinja Alps

SAVINJA AND ŠALEK VALLEY

An incredibly diverse area is linked by the River Savinja and Kamnik–Savinja Alps. It is united by a mosaic of thrilling activities, exceptional natural beauty, cultural heritage and the hustle and bustle of the city. The easternmost part of the Alps hides an icy underground, features high waterfalls, gives birth to pearly rivers, and harbours million-year old stories of peaks and volcanoes.

NOT TO BE MISSED

- **Women's FIS Ski Jumping World Cup**, February
  Visit Ljubno ob Savinji, which every year is transformed into an international centre for ski jumping. The village has adopted brave women jumpers, so the atmosphere is always great.
- **Blueberry Hike**, August
  Take a hike from Golte Natural Park to Smrekovec, the only volcano in Slovenia, thankfully long extinct. See the geological information provided at the geo-point on the Smrekovec volcano, and pick and eat forest fruit along the route, returning home with tell-tale purple around your lips.
- **Pippi Festival**, September
  The Pippi Festival is the largest family festival in Slovenia. A number of workshops for children and children's concerts take place around Lake Velenje; the peak of the festival is Pippi Town and her Villa Villekula.

BEST SNACK FOR HIKERS

- The dried-meat cold cut known as **stuffed pig's stomach** has been produced in the area of the Upper Savinja Valley for centuries, and is a geographically designated culinary specialty. It is eaten with freshly baked local bread.

REWARD FOR HIKING FEATS

- Stretch out on the edge of a pond, set up the fishing rod, and quietly wait. Don't be in a hurry; the fish bite well in the evening. Everything before that is only serenity in the midst of nature.

Golte Plateau

Snow Cave

Pippi Festival

Savinja–Šalek Regional Development Agency
Savinjska c. 2, SI-3331 Nazarje
www.mozaik-dozivetij.si

4

golte slovenija ★★★★ hotel & mountain resort

GOLTE HOTEL****

Information and booking
Hotel Golte
Radegunda 19 c, SI-3330 Mozirje
t +386 (0)3 839 11 00
m +386 (0)51 354 806
e info@golte.si
www.golte.si

Description
The Golte Hotel is situated at an elevation of 1,410 metres a.s.l., in the heart of Golte Natural Park, where the karstified plateau offers a number of arranged and marked hiking and cycling trails. The boutique eco-hotel has 52 rooms with balconies, a wellness centre and a wonderful view of the Savinja Valley. The hotel restaurant offers a wide selection of dishes, local cuisine, and characteristic mountain flavours with which you can also refresh yourself at mountain lodges. The hotel is open from May to October and December to March.

Accommodation advantages
There is an artificial dam atop the Golte Plateau; the trails feature karst caves and shafts, and lead past wonderful lodges and shepherds cottages. The extensive meadows are pasture for cattle in the summer, and excellent ski slopes in winter. Medicinal mountain plants can also be found in places on the Plateau.

- **Location**: you can reach the hotel, which is directly beside the E6 European Long-Distance Path, via the longest gondola cable car lift in Slovenia, or along the parallel panoramic road.
- **For hikers**: information on hiking tours, maps of hiking trails, tour organisation, transfers to and from the hotel, hillwalking guides, washing of hiking clothes, use of trekking poles, energy-filled breakfasts, and a shop with sports clothes and nutrition.

Highly recommended
On the Golte Plateau, thrill enthusiasts will also find satisfaction.

- zip-line
- climbing on a climbing wall
- rafting on the River Savinja
- thrill park (Menina Camp) and a cycling park
- winter hiking, snowshoeing, ski touring, skiing, sledding

Price

- Single-bed or two-bed half-board, starting from €44 in summer, and from €69 in winter

35

CAMPING MENINA

MENINA CAMP

Information and booking
Camping Menina, d.o.o.
Varpolje 105, SI-3332 Rečica ob Savinji
t +386 (0)3 5835 027
m +386 (0)40 525 266
e info@campingmenina.com
www.campingmenina.com

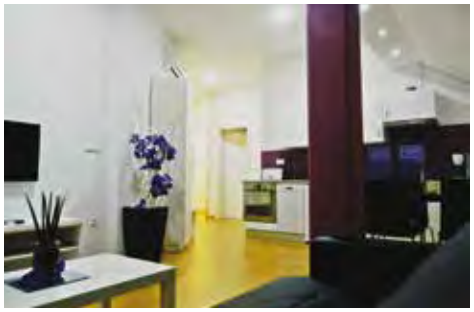
Description
Not far from the Mozirje–Ljubno main road, but just far enough, the Menina Camp is located in Rečica ob Savinji. On the left bank of the River Savinja in the pleasant shelter of the forest and alongside a lake, it offers a number of activities – swimming, water sports, fishing, a sports park with all types of sports fields just beside the camp, and countless hiking possibilities in the area, from hills only a few dozen metres high to true Alpine peaks rising above 2,500 metres. The campsite is open all year round.

Accommodation advantages
The campsite offers tent plots, caravans, and trailers. It includes a hostel, trekker lodges, wooden houses and mobile homes. A restaurant will take care of your appetite; it offers oven-baked pizzas, baked or roast dishes, and various kinds of trout.

- **For hikers**: maps and hiking equipment are available at the campsite. You can arrange your hiking tours when you arrive at the campsite. You will also be provided with guides, reservations for overnight stays at mountain lodges, and everything needed for safe mountain tours.
- **Massages and saunas beside the lake**

Highly recommended
The many hiking trails nearby, in the valley, and the Kamnik–Savinja Alps call you to experience them.

- Guided hikes and more demanding tours, both with experienced guides, are available each week and posted on the camp information board and at reception
- Two-hour family hikes to the mountains up to 1,500 metres, four-hour holiday hikes to two-thousand metre peaks, and extreme hikes to the highest of the Kamnik–Savinja Alps (8 hours and 2,500 metres a.s.l.)
- Nordic walking course and hikes



24

SKOK APARTMENTS & WELLNESS CENTRE**** MOZIRJE

Information and booking
Apartmaji & Wellness Skok
Cesta na Lepo Njivo 17a, SI-3330 Mozirje
t +386 (0)3 828 04 00
e info@apartmajimozirje.si
www.apartmajimozirje.si

Description
The Skok Apartment House is situated in Mozirje, one of the most beautifully maintained places in Slovenia, on the doorstep of the Kamnik–Savinja Alps, in the foothills of the Golte Plateau and near Mozirje Grove. The seven modern equipped and well-appointed apartments are suitable for families with small children and for guests who appreciate peace and privacy. A car park is provided, and you are also offered a heated room for skis, a wellness centre, and bike hire.

Accommodation advantages
In the wellness centre and beauty salon, you will be taken care of after you return tired from exploring the trails in the area. Various types of massages, saunas, a massage pool, body and face care – choose whatever your body longs for.

- **Location**: the apartment house is situated on the E6 European Long-Distance Path and St. Benedict Route. It is an excellent starting point for hiking in the valley and Kamnik–Savinja Alps. It is only four kilometres to the lower station of the Žekovec gondola cable car, which takes you to the Golte Plateau.

Highly recommended
Activities take place here in winter and summer, so just choose your favourite according to the season.

- **Night walk with lights to Radegunda Hill**;
- Mozirje beekeeper's trail, with an offer of local delicacies and tasting of bee products; the region's delicious culinary speciality, stuffed pig's stomach from the Upper Savinja Valley; and buckwheat mush (*žganci*) with mushroom soup;
- **The thematic trail Water** evokes nostalgic memories and reveals the cultural heritage of Mozirje.

18

TRIGLAV INN HOTEL***

Information and booking
Hotel gostilna Triglav
Dobrna 12, SI-3204 Dobrna
t +386 (0)3 780 11 30
e info@gostilna-triglav.si
www.gostilna-triglav.si

Description
Hotel Triglav tells an old story, so guests arrive in delighted anticipation and return satisfied. It has everything that you need for a comfortable rest amidst pleasant surroundings: a modern reception, an inn offering fine Slovenian gastronomy, car park, free wireless network, and a friendly team that takes care of guests from the moment they arrive. The hotel is in the centre of Dobrna and allows easy access to all the local natural and cultural landmarks. The oldest operating thermal spa in Slovenia, Dobrna Thermal Spa (Terme Dobrna), is only two hundred metres away.

Accommodation advantages
Hotel Triglav is an ideal starting point for exploring cycling and hiking trails. It is worth taking time to enjoy the marvellous countryside and cultural heritage, and to visit farms where you can taste delicacies made by local farmers.

- **Cuisine**: the Triglav Inn has been providing catering services since the days of Austria-Hungary. Guests have long come here to spoil their taste buds. The menu is seasonal, and dishes are prepared from locally produced ingredients.

Highly recommended
People cycle and walk everywhere in Dobrna, but to help you choose more easily, here are some tips:

- **Afternoon trip to the Valley of Mills**: the 15-kilometre route is less demanding; in the meantime, you can visit the Volk Mill, which is still working, the Lamberščck Game Enclosure, Snake Castle, and much more. End your hike at a tourist farm called At Minka's (*Pri Minki*).
- **A trip to the Cultural Centre of European Space Technologies (KSEVT) in Vitanje**: the 26-kilometre route is of medium difficulty.

Price

- bed-and-breakfast starting from €32, half board starting from €42

HIGHLAND TRAILS

TOP 5 EXPERIENCES

IN THE ŠKOFJA LOKA, IDRIJA, AND CERKNO HILLS, IN THE KOROŠKA REGION AND IN POHORJE HILLS, IN THE CENTRAL AND LOWER SAVA VALLEYS

High on the **Pohorje Plateau**, amidst dwarf pine and forests, **numerous lakes** with their unique stories glitter on thousand-year bogs.

Walk along the **Rupnik Line** and learn about its creation. Get a scenic view of the **Škofja Loka Hills**, where the forests protect many of nature's beauties.

Hidden farms with old apple trees, from where the scent of authenticity spreads far, call to the heights of the **Idrija** and **Cerkno Hills**.

Venture across the **hilly landscape between the Sava, Bohor Hills, and vineyard cottages**, feel the life among the forests, meadows, and vineyards.

In the months of spring and summer, the **meadows of the Slovenian medium mountain region** are covered with a colourful carpet of wild flowers and wreathed in enticing scents.

Poljane Valley

ŠKOFJA LOKA HILLS

ŠKOFJA LOKA, SELCA VALLEY, POLJANE VALLEY WITH ŽIRI

Škofja Loka is one of the oldest Slovenian towns, attracting people with its colourful mediaeval streets, which seem never-ending as they wind towards forests and hills. This is the door to the Selca and Poljane Valleys, the meeting point of two rivers that have shaped two magnificent valleys. Experience the rich cultural heritage and discover the many trails across the Škofja Loka Hills.

NOT TO BE MISSED

- **Škofja Loka History Festival**, June
  The Škofja Loka History Festival – a festival with demonstrations of old crafts, cuisine, costumes of past centuries, early music, dances, and legends that bring alive the history of Škofja Loka. It takes place on the penultimate Saturday of June in the streets and squares of Škofja Loka and at Loka Castle.
- **The Day of Charcoal Makers**, August
  The cultural and folklore event called Charcoal Burners's Day takes place on the first Sunday of August at Grebljica Hill under Old Peak Hill (*Stari Vrh*). The event presents old, almost forgotten, traditions connected with wood storage, the preparation of firewood for a charcoal pile, the building of a charcoal pile, and the use of charcoal, particularly in blacksmithing.

BEST SNACK FOR HIKERS

- **Loka *medla* or Loka *midla*** is a thick larded dish, a tasty stew from millet porridge or flour, beans, turnip, cabbage, and since the 19th century, also from potato. The lard was originally the only flavouring in this dish.

REWARD FOR HIKING FEATS

- At mountain lodges, tourist farms, and open-door farms, which are abundant in the Škofja Loka Hills, you will be welcomed with pleasure and served traditional dishes from naturally produced ingredients. The merry hospitality of the locals will persuade you to return.

Charcoal Burners' Day

Loka Castle

Hikers

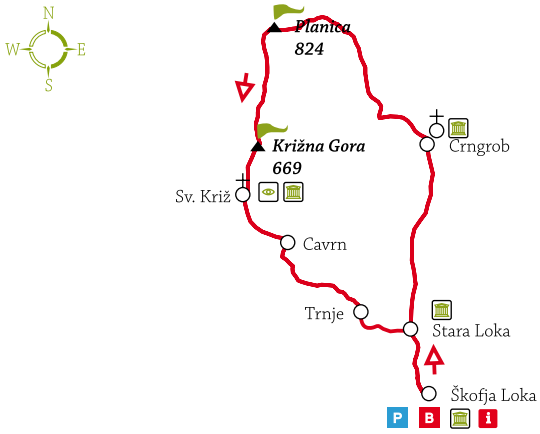
Turizem Škofja Loka
Kidričeva cesta 1a, SI-4220 Škofja Loka
t +386 (0)4 517 06 00
m +386 (0)51 427 827
e info@skofja-loka.com
www.skofja-loka.com

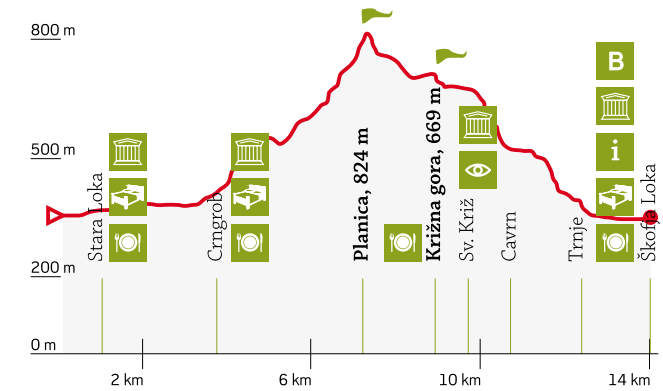
13

TRAIL TO PLANICA AND KRIŽNA GORA

A thematic trail leads from Škofja Loka to Crngrob, where the pilgrimage Church of the Assumption stands. Above the church, the route ascends to a pass, where you can turn left for Planica, or descend from the peak through the forest and along a ridge to *Križna gora* and the nearby Church of the Holy Cross. A footpath leads to the valley past a hunting lodge, the hamlet of Cavern, and then along a forest path to Stara Loka.

Walking time	4–5 hours
Difficulty	easy
Joint ascent	450 m
Start	Škofja Loka
GPS coordinates	46.1370 N, 14.3072 E
Maps	Škofja Loka, Idrija, and Cerkno Hills (1 : 40,000), Thematic Trails in the Škofja Loka Area
Information	Turizem Škofja Loka, Škofja Loka MC
Event	Traditional 1 May Hike to Križna gora, 1 May



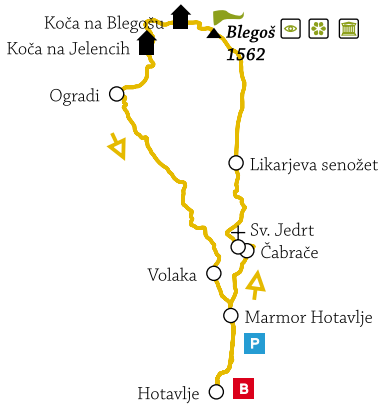


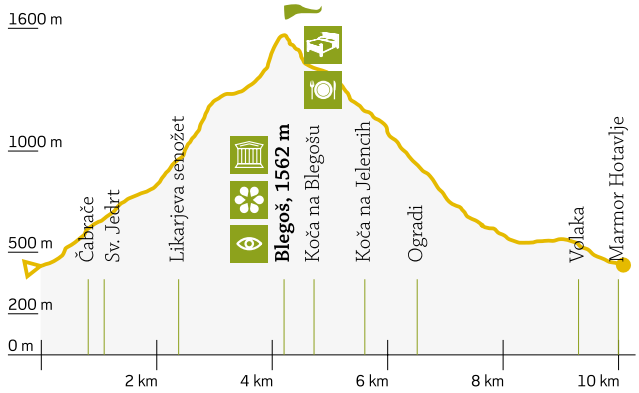
14

ACROSS SCENIC HAY MEADOWS TO MT. BLEGOŠ

From Hotavlje, the trail leads to the village of Čabrače, from where you can continue across scenic meadows and through beech forests to the florally rich peak of Mt. Blegoš. The views from the peak are wonderful. From there, descend to the Blegoš Lodge, then continue west past the Mountain Patrol Refuge at Jelenci, and along the old path towards Volaki. The last part of the route leads along an asphalt road to the starting point in Hotavlje.

Walking time	5–6 hours
Difficulty	medium
Joint ascent	1,200 m
Start	Hotavlje
GPS coordinates	46.1149 N, 14.1167 E
Maps	Škofja Loka,Idrija, and Cerkno Hills (1 : 40,000), Gorenja Vas–Poljane (1 : 35,000), Rupnik Line
Information	Turizem Škofja Loka, Gorenja vas MC
Event	Memorial and Recreational Hike to Mt. Blegoš, the Sunday closest to 9 May





In the midst of the Idrija forests

IDRIJA HILLS
IDRIJA

An intertwining of Alpine and Karst landscapes, here nature works its wonders everywhere from subterranean passages to high in the hills, where the stars look different. Idrija is the oldest Slovenian mining town, a UNESCO World Heritage Site nestled amidst pearly rivers and lush forests.
Canyons, lakes, streams, and karst springs combine here into a perfect whole that always fills people with the energy of nature.

NOT TO BE MISSED

- **Idrija Lace Festival**, June
  Lasting for three days, this is the biggest, and internationally renowned, event dedicated to the traditional craft of bobbin lace. Would you like to learn this centuries-old craft? A visit to the festival is the first step.
- **UNESCO Idrija Global Geopark Week**, May–June
  Via guided hikes, workshops, expert lectures, and culinary events, you learn about the natural and cultural heritage of the Idrija Geopark. Thematic trails invite you to spend your free time actively throughout the whole year. Authentic local refreshments can be obtained along the trails.

BEST SNACK FOR HIKERS

- **Idrija flour dumplings** (*žlikrofi*) are pouches of dough filled with potato, onion, bacon or pork crackling, chives, and marjoram. Their preparation takes a lot of time, so it's a good idea to savour every mouthful and enjoy their full taste. They are protected in the EU as a guaranteed traditional speciality.

REWARD FOR HIKING FEATS

- **Scenic peaks** rising above the karst plateaus offer beautiful views from the Adriatic Sea to the Alps. In the valleys and ravines, you can take a rest from walking and cool off next to the streams and rivers that flow there. The exceptional **Wild Lake** (*Divje jezero*), with its karst spring and untameable character, stirs the imagination. Listen to it!

Wild Lake

Idrija Lace Festival

Idrija lace

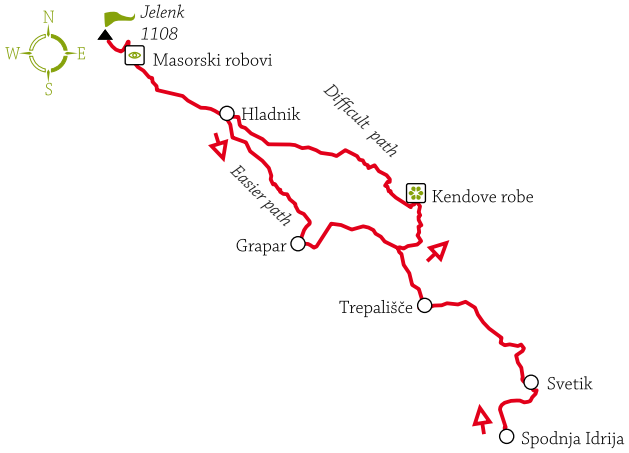
Idrija TIC
Mestni trg 2, SI-5280 Idrija
t +386 (0)5 374 39 16
e tic@visit-idrija.si
www.visit-idrija.si

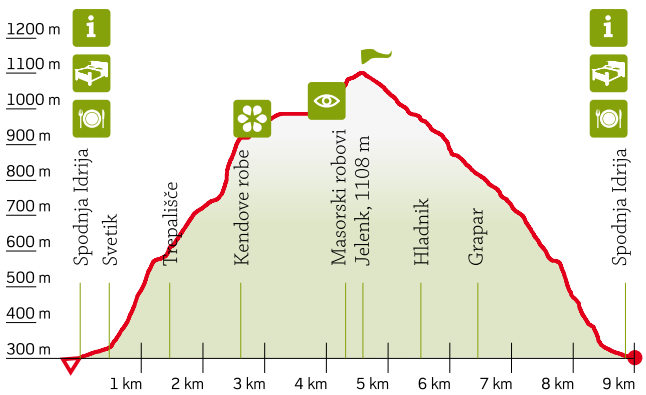
15

TO MT. JELENK – THE ROYAL BOTANICAL MOUNTAIN

The route to Mt. Jelenk is special because of the incredible botanical diversity, which attracted important men to Idrija in the past – explorers, botanists, and even a king. An easier and a more difficult path leads from the farm in Trepališče to Jelenk. Both are marked and lead you to a view of the Idrija and Cerkno Hills, and of the Julian Alps in the background.

Walking time	4 hours
Length	8.4 km
Difficulty	very difficult (climbing equipment)
Joint ascent	1,500 m
Start	Spodnja Idrija Industrial Zone
GPS coordinates	46.0342 N, 14.0173 E
End	At the start
Maps	Idrija Geopark (1 : 50,000), Idrija and Cerkno Landscapes (1 : 50,000)
Information	Idrija TIC, Idrija MC, Javornik MC



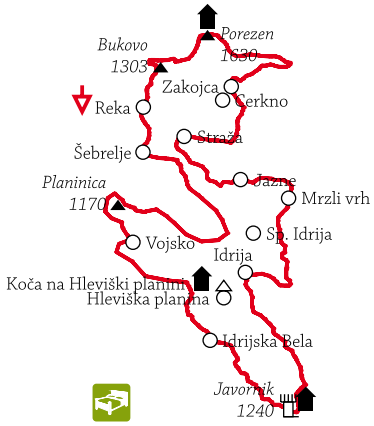


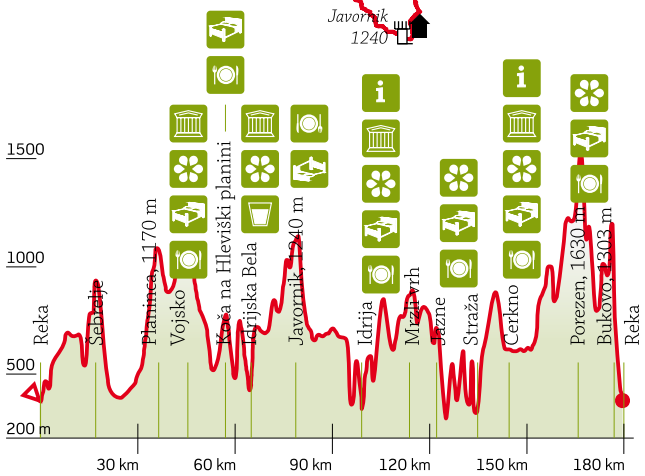
16

IDRIJA–CERKNO HILLWALKING TRAIL

The trail leads past interesting peaks and vantage points, while the diverse landscape changes from ravine to ravine, and again towards the valleys. The trail starts in Reka, and the highest peak is Porezen. It takes several days of walking; you can choose from among different sections that lead you through unspoiled nature and ethnographically interesting places. The route, which varies in difficulty, can be followed all year round.

Walking time	7–8 days
Length	180 km
Difficulty	all levels of difficulty
Start	The Reka settlement in the Idrijca Valley
GPS coordinates	46.1150 N, 13.9249 E
End	At the start
Maps	Idrija and Cerkno Landscapes (1 : 50,000), Škofja Loka and Cerkno Hills (1 : 50,000), The Idrija Landscape Invites You to Visit (guide)
Information	Idrija TIC, Idrija MC, Javornik MC





19

IDRIJA HOSTEL

Information and booking
Hostel Idrija
Center za idrijsko dediščino
Ulica IX. Korpusa 17, SI-5280 Idrija
t +386 (0)5 373 40 70
m +386 (0)41 995 722
e hostel@visit-idrija.si

Description
The Idrija Hostel is in a pleasant location above the town, offering guests a good view of the starlit centre of Idrija. Rooms of different sizes are available, from two-bed rooms for a more intimate atmosphere to large rooms with eight beds, suitable for larger hiking groups. Affordable, tidy, only a few minutes from the centre of Idrija, and surrounded by the green Idrija Hills, the Idrija Hostel is an excellent starting point for hikers and cyclists.

Accommodation advantages
- **For hikers**: a safe space to store equipment, a free overview map with thematic trails across the Idrija Geopark marked on it, advice on hiking and cycling tours, hire of hiking and cycling guide, and arrangement of transport.
- **Affordable and tidy**: nicely arranged rooms of different sizes and a pleasant kitchen, where you can prepare big breakfasts and well-deserved dinners.

Highly recommended
The rugged area of the Idrija Hills will spoil you with hiking pleasures throughout the whole year:
- **The Zgornja Idrijca Natural Park** hides a number of geological and botanical curiosities, cycling routes, the Lajšt natural swimming hole, picnic sites, and the first forest railway in Europe.
- **The Idrija–Cerkno Hillwalking Trail** offers numerous hillwalking trails of different lengths and difficulty. Walk on the flower carpet on the Vojsko Plateau, discover the old Partisan print shop, and hike up Jelenk, the highest combe peak.

3

CERKNO HOTEL*** ALPSKA PERLA APARTMENTS***

Information and booking
Hotel Cerkno d.o.o.
Sedejev trg 8, SI-5282 Cerkno
t +386 (0)5 374 34 00
e info@cerkno-resort.si
www.cerkno-resort.si

Description
In the heart of the very varied Cerkno Hills lies the little town of Cerkno, with a hotel of the same name. A homely atmosphere, good service, diverse culinary offerings with 'granny's corner', modern rooms with Wi-Fi access, and reasonable prices – these are only a few reasons for visiting. More affordable (hostel) accommodation in rooms with a bathroom and bunk beds is also available. The hotel's location is an excellent starting point for hikers and cyclists.

Accommodation advantages
- Interior thermal pool, various saunas, free wireless access.
- Room for equipment storage, washing and drying clothes, various types of transport, advice and help with planning hiking tours, hire of guides.
- Excellent cuisine – Idrija flour dumplings (*žlikrofi* – you will be able to make them yourself); delicious local speciality Šebrelje stomach sausage (*šebreljski želodec*), visits to cheesemakers and beekeepers with tastings.
- Numerous hiking and long-distance paths – E7 European Long-Distance Path, Via Alpina Red Trail, Sub-Alpine Path, Slovene Mountaineering Path, constructed walkways, suitable also for Nordic walking.
- Numerous botanical curiosities, rich flora and fauna.
- Very affordable hotel (accommodation starting from €17.50).

Highly recommended
- The varied area of the Cerkno Hills offers hiking pleasures and wonderful views in all seasons.
- The guided hiking programmes with varying numbers of accommodation days are adjusted to groups' wishes. The climax of the journey consists of culinary experiences and visits to well-known landmarks such as the **Franja Hospital**, which is a European heritage site, or **Divje Babe Caves**, where the oldest known musical instrument in the world was found.
- **Hiking Festival** in autumn with numerous hiking activities

HELIOS

Walk'n'Survive

The essence of walking and survival in hot conditions is to have **dry and ventilated trekking shoes.** Innovative trekking shoes **Alpina HELIOS,** providing you with comfort.

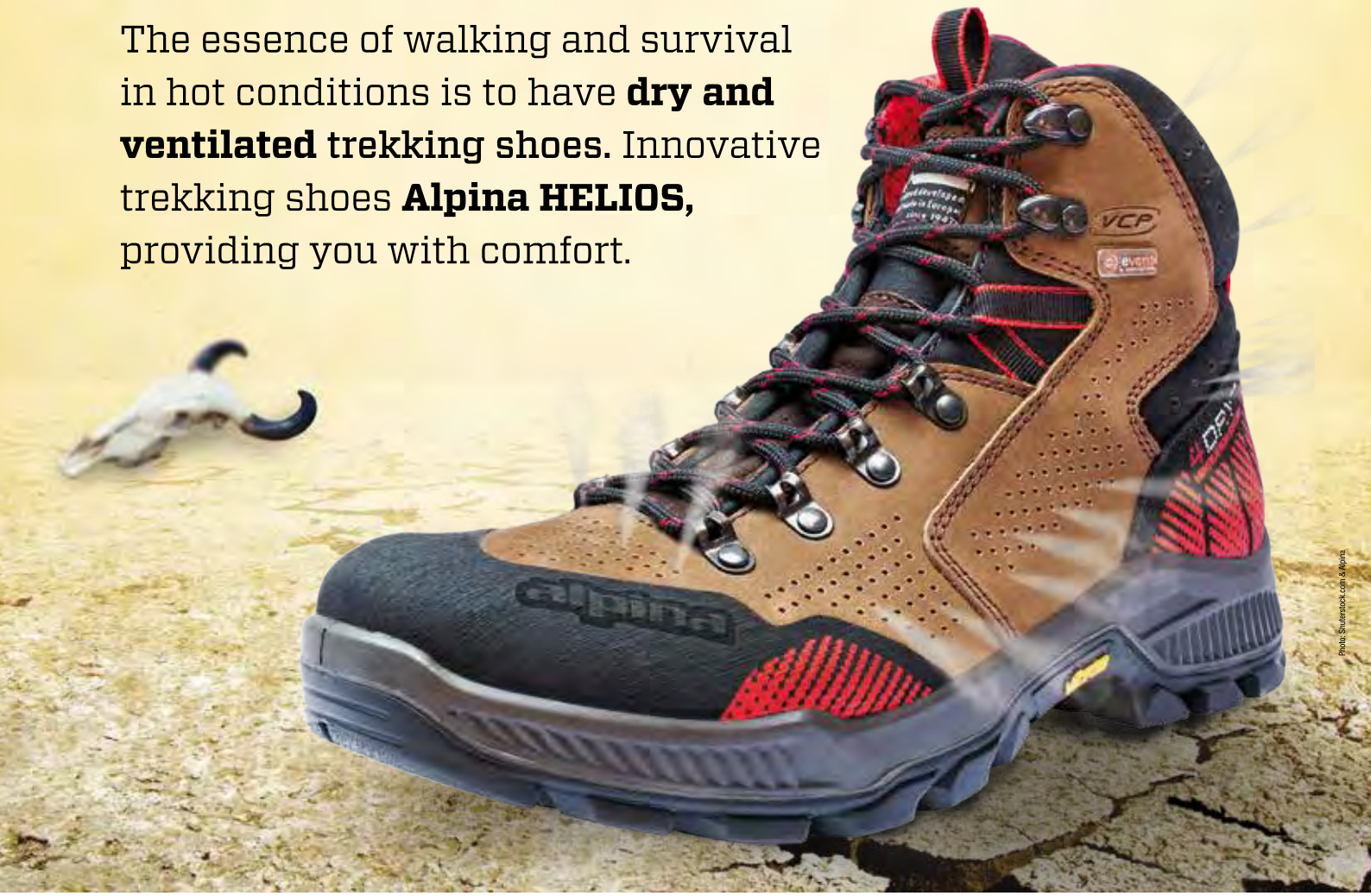


Photo: Shutterstock.com & Alpina

4DRY Ventilation System

4DRY
4DRY material provides water resistance, making sure that humidity is transported only from the inside out. Shoes made with this material are lightweight, dry and breathable.

VCP VOLUME CONTROL PLATE

VOLUME control plate,
positioned under the insole, allows for precise adaptation of the volume independently for the left and right foot. If the plate is removed, the shoe has greater volume.

eVent WATERPROOF

EVENT membrane
Event® waterproof technology provides maximum comfort for activity in harsh environments and keeps footwear dry by venting perspiration vapor through millions of unimpeded microscopic pores engineered into a durable waterproof membrane.

vibram

VIBRAM rubber
Helios shoe excels in firmness because of using rubber from respected Vibram sole brand, guaranteeing a steady step on all kind of surfaces.

alpina

www.alpinasports.com

View of Koroška Region from Mount Uršlja gora

KOROŠKA

In northern Slovenia, far, far away, there extends a hilly landscape with dark forests. Mountains with their many stories, tales, and legends rise there. Paths, cart tracks and traces intersect and lead to peaks where you can view the ridges and, a moment later, hide in the forest.
Discover the land of limitless possibilities for wandering.

NOT TO BE MISSED

- **King Matjaž Castles**, January
  The central event in Podpeca is a team competition to build snow castles. In the evening, the most beautiful castle receives an award, and the snowy sculptures particularly come to life in the torchlight.

BEST SNACK FOR HIKERS

- **Koroška curd cheese with onion and pumpkin oil** makes a hearty breakfast, starter, or substantial snack. It goes well with Koroška's fine **rye bread**.

REWARD FOR HIKING FEATS

- A rest next to the first natural biological swimming pool in Slovenia, **Radlje ob Dravi Water Park**, will restore your powers. Water cleanliness and quality are ensured naturally, so the water contains no chemicals.
- **A visit to the Mt. Peca Underground - Tourist mine and museum in Mežica** on a genuine mine train, by mountain bike, or by kayaking through flooded shafts. The Peca underground is the central point of the cross-border Karavanke Geopark.

Western Pohorje

Adventures in the Mt. Peca Underground

Radlje ob Dravi Water Park

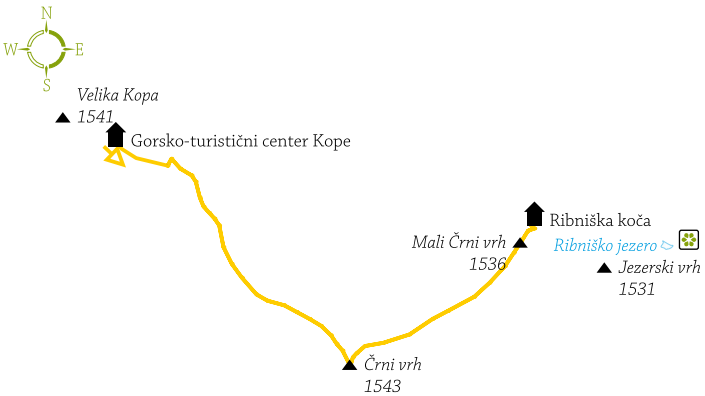
Koroška Regional Destination Organisation, RRA Koroška d.o.o.
Meža 10, SI-2370 Dravograd
t +386 (0)5 90 85 190
e info@koroska.si
www.koroska.si

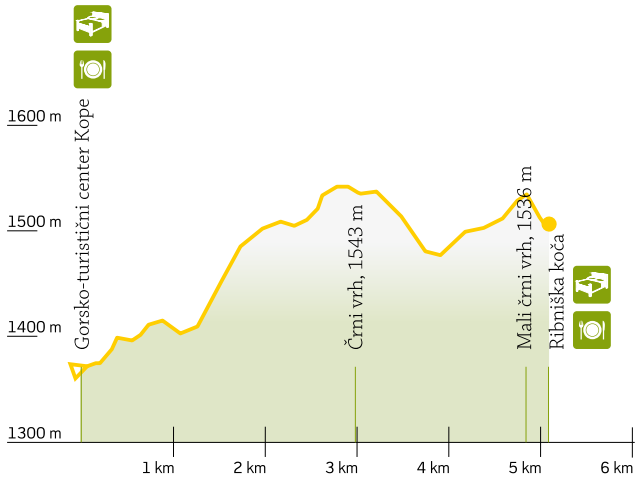
17

KOPE THEMED HIKING TRAIL

The colourful hiking path from the Kope mountain tourist centre to Ribnica Lodge is equipped with wooden books with stories about this part of Pohorje. It is also suitable for families with children and seniors. From Ribnica Lodge, it is worth continuing to Lake Ribnica nearby. In 2015, the trail was rated the best thematic trail of the Koroška Region.

Walking time	2 hours
Length	5 km in one direction
Difficulty	easy
Joint ascent	210 m
Start	Kope Centre
GPS coordinates	46.5027 N, 15.2095 E
End	At the start
Map	Western Pohorje Tourist Map



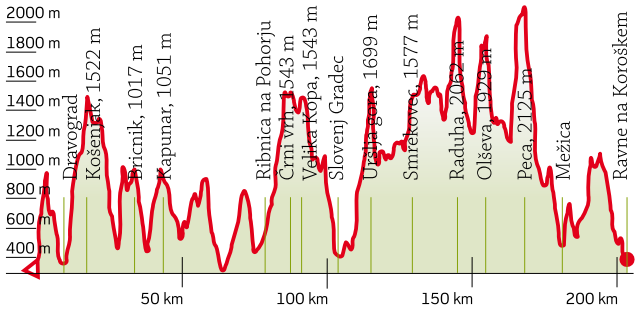


18

KOROŠKA ALPINE TRAIL

This circular long-distance alpine trail with 31 control points runs along the edge of the three main Koroška valleys – the Mežica, Drava, and Mislinja – and links the mountain groups of the Karavanke, Pohorje, Kozjak, and Savinja Alps. A network of arranged trails allows you to plan numerous attractive shorter tours on sections of the Koroška Alpine Trail. Some are easier and therefore also suitable for occasional hikers.

Walking time	10–12 days, or 80 hours
Length	230 km
Difficulty	difficult (some sections are easier)
Joint ascent	14,186 m
Start	Ravne na Koroškem – car park behind the bus station
GPS coordinates	46.5465 N, 14.9634 E
Maps	Koroška – Hiking and Biking Map (1 : 60,000), Kamnik–Savinja Alps (1 : 50,000), Pohorje (1 : 50,000)



28

KOROŠ FARM ECOHOTEL***

Information and booking
Ekohotel kmetija Koroš
Jamnica 10, SI-2391 Prevalje
t +386 (0)2 870 30 60
e info@bikenomad.com
www.mtbpark.com

Description
The Koroš Farm Ecohotel is a unique smaller ecohotel with a wonderful view of the surrounding Koroška forests and mountains. It stands atop of small picturesque hill in Jamnica, surrounded by vegetable gardens and fruit trees. Guests particularly enjoy the sizable panoramic terrace and spaces for peaceful, creative leisure activities. In addition to comfortable accommodation, the farm also offers original traditional and organically produced dishes.

Accommodation advantages
Organically produced food: the eco-hotel developed on the Koroš Ecological Farm. After an active day there, you will be spoilt with delicious local dishes prepared from locally produced organic ingredients.
The hotel is an excellent starting point for easier hiking tours nearby, and the Via Alpina trail is not far away. Theme trips, cycle and cycling equipment hire, and organised cycling tours are available.

Highly recommended
The Koroš Farm Ecohotel breathes with nature, appreciates it, and cares for it. So all the activities offered by the hotel and its surroundings are inseparably linked to the natural environment of Koroška.

- **The outdoor activity centre in the Karavanke Geopark** will enthral you with sports energy, wonderful views, and unique flowers and minerals that can be found nowhere else on the planet. You can explore it while wandering along the undemanding hiking trails among the nearby hills, meadows, and forests, or take a more demanding 7-day hiking tour across the Karavanke.

39

MARATON FRANJA
BTC CITY LJUBLJANA

UCI GRAN FONDO WORLD SERIES LJUBLJANA GRAN FONDO

ROG CYCLING CLUB

Information
e info@franja.org, **www.franja.org**

The BTC City Franja Marathon is a traditional three-day cycling festival with over 7,000 participants of all ages. Ljubljana is a city where friendships are made on bikes. **Spend three active days in the 2016 Green Capital of Europe. See you in June!**

- BTC City Franja Marathon (97 km)
- Hofer Family and School Marathon (25 km)
- Mutual Trial for the Youngest (1,500 m)
- Time Trial (18/36 km)

41

monolit2go

MONOLIT

Information and booking
Monolit d.o.o., Letališka 33d, SI-1000 Ljubljana
t +386 (0)1 546 67 60, **e** info@monolit.si, **www.monolit2go.si**

The Monolit2Go mobile app is the most detailed Slovenian mobile hiking guide. It includes over 2,500 hillwalking, hiking, cycling, and tourist trails all around Slovenia.

App Store

Google play

1

Rogla
UNITUR SPORT RESORT

ROGLA HOTEL***

Information and booking
Unior d.d. Program Turizem, **Rogla**
Cesta na Roglo 15, SI-3214 Zreče
t +386 (0)3 757 64 40
f +386 (0)3 576 24 46
e rogla@unitur.eu
www.rogla.eu

Description
In green nature, amidst extensive forests, at an elevation of 1,517 metres lies the Rogla climatic resort, where there is a tourist and sports centre which is open all year round. In winter, the enchantingly white landscape also offers snowshoeing, whereas in warmer months, it is a paradise for hikers and cyclists. In addition to saunas and swimming in a pool, various massages and baths are available, where you can relax after an active day.

Accommodation advantages
The landscape of Pohorje never ceases to amaze. It features the Lovrenc Lakes, ponds and bog pools in the Pohorje Peat Bog which change colour and size depending on the season. One of the oldest viewing towers in Slovenia is near Rogla, and it can also be reached by the Gnome Educational Trail for children.

- **For hikers**: in the hotel, you can rent hiking equipment; you can store, clean, and dry your equipment; guides are available for hire and you can take a course in Nordic walking.
- **Food**: hot and cold dishes, which can be adapted to the needs of sportspeople.
  No-one leaves Pohorje hungry, which is why you should try Pohorje stew, mushroom soup with real porcinis, blueberry strudel, venison fillet with cranberries, and other tasty dishes included in the Tastes of Rogla trademark.

Highly recommended
Pohorje is suitable for hiking in all seasons. In winter, you can try the fun of snowshoeing. Adrenaline addicts will find their heaven on Earth at the Zlodejevo winter and summer sledding slope.

8

Terme Zreče
UNITUR WELLNESS & SPA RESORT

VITAL HOTEL****

Information and booking
Unior d.d. Program Turizem, **Terme Zreče**
Cesta na Roglo 15, SI-3214 Zreče
t +386 (0)3 757 61 45
f +386 (0)3 576 24 46
e terme@unitur.eu
www.terme-zrece.eu

Description
The Zreče Thermal Spa awaits you in a world of beauty, relaxation, and pleasures, with many arranged hiking and cycling trails in the embrace of nature. With experienced guides, you can discover cultural and natural heritage, near and more distant beauty spots, then jump into the thermal water, and enjoy the intimate warmth of a sauna.

Accommodation advantages
Hiking trails lead from Zreče to Pohorje and the Lovrenc Lakes, because it is only 16 kilometres from here to Rogla. Within reach are the Vitanje Karavanke with the picturesque Paka Kozjak, an archaeological site and pilgrimage route to Mount Juniper (Brinjeva gora) near Zreče, and Mount Konjice, on the other side of which, in the John the Baptist Valley, the Žiče Charterhouse lies in quiet meditation.

- **Food**: hot and cold starters can be adapted to the needs of sportspeople. Also try the excellent local dishes included in the Tastes of Rogla trademark.
- **Relaxation**: the spas offer a genuine sauna village and a complex of thermal swimming pools in a green forest park. Real pleasure seekers will turn to IDILA Wellness & Spa. Diverse infrastructure, health-care diagnostics, and rehabilitation are available for sportspeople.

Highly recommended
The Zreče Pohorje is an excellent hiking destination in all seasons. In warmer months, join the workshops for beginners in Nordic walking, and in winter, try out some snowshoes and explore the wonderful landscape of Rogla.

Rogla

POHORJE
ROGLA – ZREČE

A dense forest that seems almost endless covers Pohorje, caressed by boundless amounts of fresh air. Breathe deeply as you take any of the many footpaths across the plain; surrender to the waves of wind that will hug you on effortless walks over the peat bog. Here you will feel at one with nature, and taste the delights that grow right alongside the paths where you walk.

NOT TO BE MISSED

- **Pasture Picnic and mowing of the Pohorje plains**, July
  At the traditional event, you can learn about the work of Pohorje shepherds and mowing in the old way, with traditional games and a cow-milking contest. All you need is lots of good will.
- **Unior Run on the Pohorje plains**, July
  Every year at the Blacksmiths Picnic in Rogla (*Kovaški piknik na Rogli*). A diverse 5-km route takes runners over the blossoming plains. Temperatures are favourable and the conifer-scented air fills the runners' lungs. Registration and entry is free of charge.

BEST SNACK FOR HIKERS

- On Pohorje, whole pieces of better-quality pork are preserved in a pig's stomach or cow's intestines, mildly smoked and air dried. This is known as ***pohorska bunka***, 'dressed' in a net, and is a particularly tasty hiking snack.

REWARD FOR HIKING FEATS

- The grasslands of Pohorje, called *planje*, stretch all around the Pohorje Plateau. Relax on one, look up at the sky or towards the Alps, admire the arnicas and orchids, and listen to the chirping of the birds.

Lovrenc Lakes area

Arnica

Pohorje Hotpot Feast

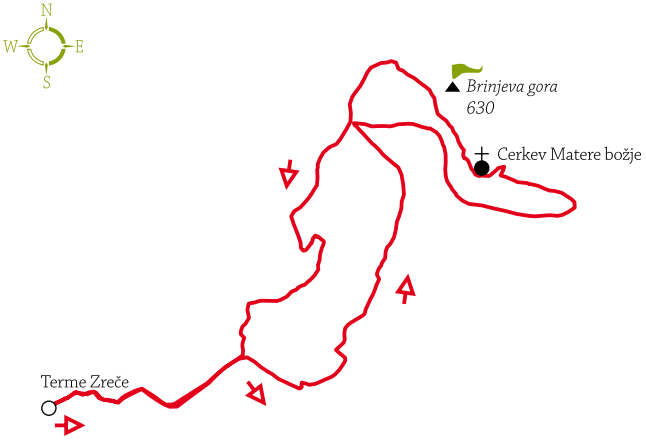
Rogla – Zreče LTO
Cesta na Roglo 11/j, SI-3214 Zreče
t + 386 (0)3 759 04 70
e tic.zrece.lto@siol.net
www.destinacija-rogla.si

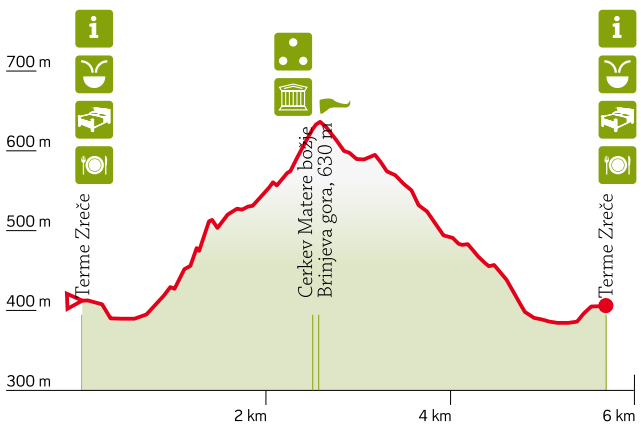
19

TO MT BRINJEVA GORA

Mount Brinjeva gora is the first inhabited place in the vicinity of Zreče. The path through the countryside offers picturesque views of Pohorje and the Dravinja Valley. The route begins at the Zreče Spa and is historically interesting, because the area has been inhabited since the Copper Age; through the ages it has been home to Celts, Romans, and Slavs. The reward at the top is Our Lady Church with its rich interior.

Walking time	1,5 hours
Length	6 km
Difficulty	medium
Joint ascent	231 m
Start	Dobrava, Zreče Thermal Spa hotels
GPS coordinates	46.2211 N, 15.2319 E
End	At the start



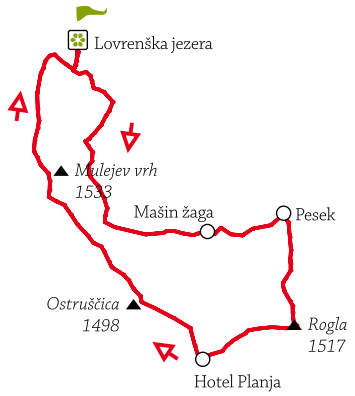


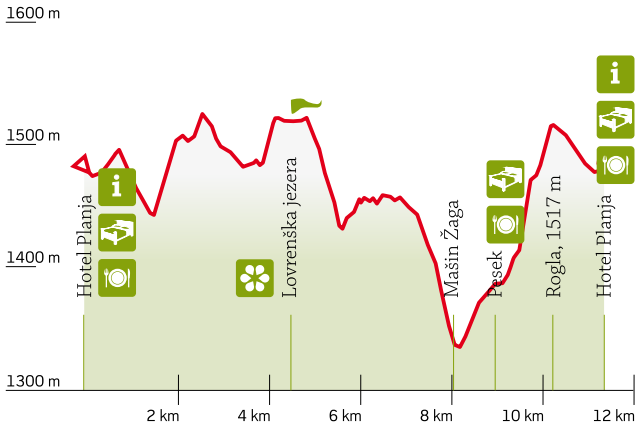
20

TO LOVRENC LAKES

The path leads through the Pohorje meadows and forests to a raised bog called Lovrenc Lakes, so named because of its nineteen small lakes (bog pools). A beautifully placed circular route with wooden footbridges leads to the heart of the bog, where a wooden viewing tower allows you to see the unspoiled environment from above. The bog is the habitat of rare plants and animals, among which the carnivorous round-leaved sundew is the most interesting.

Walking time	3 hours
Length	16 km
Difficulty	medium
Joint ascent	347 m
Start	Planja Hotel in Rogla
GPS coordinates	46.2787 N, 15.2005 E
End	At the start





View of Maribor with Pohorje and the Drava River

MARIBOR, POHORJE, SLOVENSKE GORICE AND DRAVSKO POLJE

Maribor, the city with the oldest vine in the world, is the second largest city in Slovenia and the capital of the Štajerska region. The city, which lies in the embrace of Pohorje, flourishes in a sea of green forests and wine-producing hills, from the city's hills to the Slovenske gorice Hills. And if anything, the Drava River gives it a special touch, weaving its way between Pohorje and the Kozjak Mountains, all the way to Maribor and further on along the Dravsko polje plain.

NOT TO BE MISSED

- **Lent Festival**, June and July
  The biggest Slovenian outdoor festival, and one of the biggest in Europe, turns Maribor into a city of youth and relaxation; visitors are invited to enjoy music, theatre, culture and cuisine. Nine days and nights that you will not forget for the rest of the year.
- **Old Vine Festival**, October and November
  This festival of wine and culinary and cultural delights pays tribute to the Old Vine, the oldest vine in the world, which grows at Maribor Lent. From the ceremonial vintage of the Old Vine in early October to St. Martin's Day in November, numerous events are organised in the Štajerska capital.

BEST SNACK FOR HIKERS

- **Pohorje hotpot** (*pohorski pisker*) is definitely the most popular stew in the wider Pohorje area. The taste of Pohorje is in the local ingredients, such as root vegetables, porcini mushrooms, barley porridge, and Pohorje beef with herbs.

REWARD FOR HIKING FEATS

- Capture your own piece of the "sea" and calm the frantic pace of modern life at the Drava Centre estate on the town waterside on the Limbuš Embankment, where you can also paddle, sail, or surf.

Hikers and view of Maribor from Pohorje

Lent Festival

Old Vine, the oldest in the world

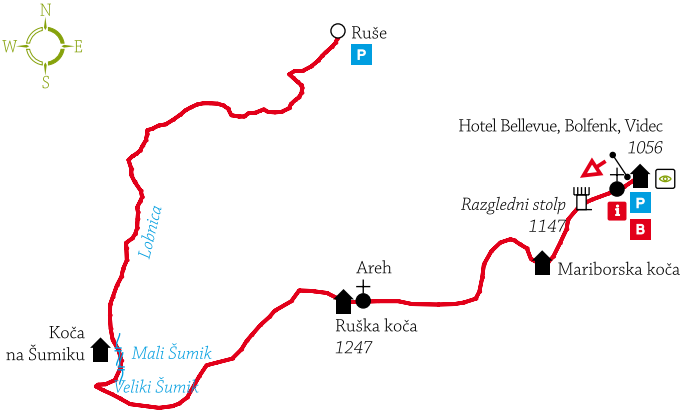
Maribor TIC
Partizanska cesta 6a, SI-2000 Maribor
t +386 (0)2 234 66 11
e tic@maribor.si
www.maribor-pohorje.si

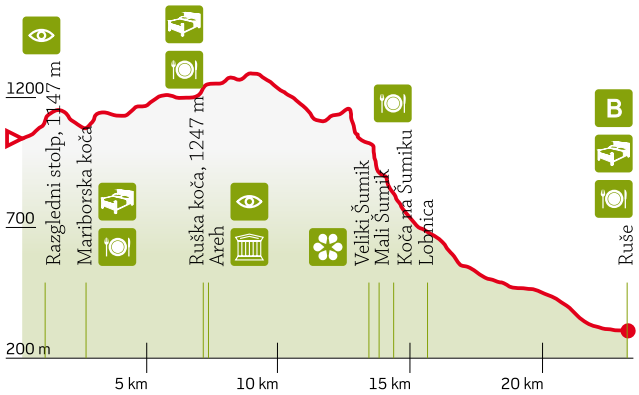
21

ALONG THE POHORJE TRAIL

Go past St. Bolfenk's Church on Pohorje to the viewing tower, from which the view extends far across the Drava Valley and over wine-producing hills to Austria. Continue through pine forests, across Areh and Žigart Peak to Bajgot, where the confluence of three Pohorje rivulets and several forest roads cross. From here, past the Big Šumik Falls, the largest waterfall of Pohorje, descend along the Lobnica to Ruše.

Walking time	8–9 hours
Length	24 km
Difficulty	easy; difficult from the Big Šumik to the Little Šumik Falls.
Joint ascent	350 m
Start	St. Bolfenk's Church, where you arrive by cable car or hike from Maribor
GPS coordinates	46.51552 N, 15.57742 E
End	Ruše
Maps	Pohorje Hiking Map (1 : 50,000), Pohorje Tourist Map (1 : 50,000), Maribor and Surroundings Tourist Map (1 : 50,000)



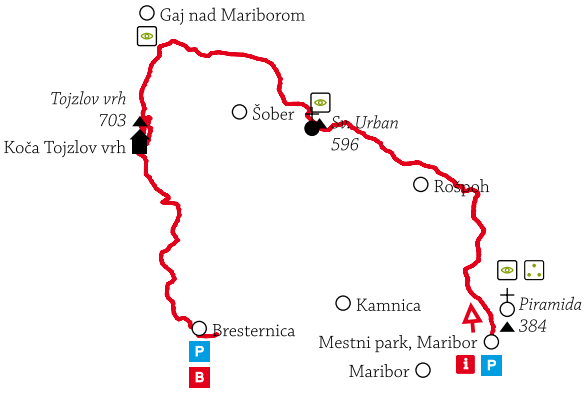


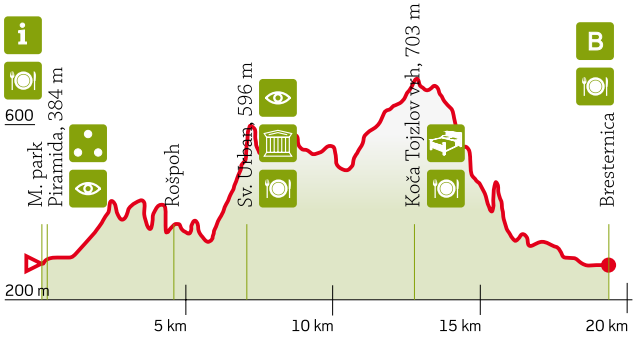
22

KOZJAK TRAIL

This trail offers fascinating experiences as you walk from Maribor City Park across a varied landscape to viewpoints on the eastern slopes of the Kozjak. At the top, stop for a moment at St. Urban's Church, and then continue through the woodland with its secluded farmhouses to the lodge below Tojzl Peak. Along the way, tourist farms and vineyards generously open their doors to a world of local culinary delights.

Walking time	6–7 hours
Length	20 km
Difficulty	easy
Joint ascent	500 m
Start	Maribor City Park
GPS coordinates	46.5640 N, 15.6481 E
End	Bresternica
Maps	Pohorje Hiking Map (1 : 50,000), Pohorje Tourist Map (1 : 50,000), Maribor and Surroundings Tourist Map (1 : 50,000)





LET'S HIKE IN SLOVENIA
HIKING FESTIVALS

LET'S HIKE
IN SLOVENIA

BRDA SPRING HIKING FESTIVAL

(April–June) www.brda.si

POSAVJE HIKING&BIKING FESTIVAL

(May–June) www.visitkrsko.com

INTERNATIONAL WILDFLOWER FESTIVAL, BOHINJ

(May–June) www.bohinj.si/alpskocvetje

ALONG THE TRIGLAV BISTRICA TRAIL AND ALPINE CONVENTION DAY

(May) www.kranjska-gora.si

SLOVENE HIKING DAY ADVENTURE

(June) www.pzs.si

HIKE SLOVENIA – HIKE ROGLA DESTINATION

(May–June) www.destinacija-rogla.si

EUROHIKE

(May–June) http://eupoti.com

HIKING FESTIVAL OF THE KAMNIK–SAVINJA ALPS

(June) www.kamnik-savinja-alps.com

THREE LAND MEETING AT THE TRIPLE BORDER

(September) www.kranjska-gora.si

AUTUMN HIKING DAYS ALONG THE HERDING TRAILS, CERKNO

(September) www.hotel-cerkno.si

SNOVIK SPA HIKING WEEKEND

(September) www.terme-snovik.si, www.td-tuhinjskadolina.si

BOHINJ HIKING DAYS

(September–October) www.bohinj.si/pohodnistvo

SOČA VALLEY HIKING FESTIVAL

(September–October) www.dolina-soce.com, www.bovec.si

MARIBOR – POHORJE

(January–December) www.maribor-pohorje.si

Hop fields

ŽALEC

Where summer smells of sweetish hop buds and fields stretch into limitless dimensions lies the land of green gold. Active, relaxed, inspiring, diverse and rich. The cultural heritage reveals tales of counts and even Ancient Roman stories. Paths dart across wooded slopes over hill and dale. Like a fresh shadow, they run along rivers and dive among the lush hop fields.

NOT TO BE MISSED

- **Žalec Night**, June
  This fun event has a long tradition and attracts thousands of visitors. Sports, entertainment and cultural events take place throughout the day. Then, when night falls, music and dancing take over the streets of Žalec.
- **Hike Along the Hop Trail**, last Saturday in August
  Take a traditional hike through the hop fields to the landmarks of Žalec and its surroundings. This fourteen-kilometre route was ranked as the second-best theme trail in Slovenia.

BEST SNACK FOR HIKERS

- Eat like the hop pickers used to. A **picker's lunch** consisted of hot potato, cucumbers and green beans. And cheers! with **Kukec** – the house beer of the Hop and Brewing Industry of Slovenia Ecomuseum, produced according to an old recipe of the first Savinja brewer.

REWARD FOR HIKING FEATS

- Enjoy the rich flora and fauna at the Vrbje Pond and catch it on camera. Don't hurry, so you'll be able to catch just the right moment to remember.

Hike along the Hop Trail

Cycling among the hop fields

Kukec Savinja beer

TIC Žalec
Šlandrov trg 25, SI-3310 Žalec
t +386 (0)3 710 04 34
e zkst.tic@siol.net
www.turizem-zalec.si

Rajhenburg Castle, Brestanica

POSAVJE

The world of Posavje Region reveals the special charms of pristine nature, down by the river or higher in the wooded hills. Experience the soft hills with vines and vineyard cottages and discover the secrets of mediaeval castles. The pleasant Lower Sava Valley routes vary in difficulty and are suitable for all ages. You can explore the natural and cultural treasures on your own or with a guide.

NOT TO BE MISSED

- **Posavje Thematic Trails Festival**, May and June
  The festival takes place for two months and includes more than thirty organised thematic trails, which together with the local cuisine, entertainment and educational programmes, provide a special experience of the Posavje Region.
- **Blaufrankisch Wine Festival**, June
  Every year, an eno-gastronomic event dedicated to Blaufrankisch (Lemberger) grapes takes place at Sevnica Castle. Savour this aromatic variety, without which there would be no Cviček, Metliška Črnina or red Bizeljčan wines.

BEST SNACK FOR HIKERS

- In Slovenia, the only local breed of pig is the Krško Field pig, which is renowned for the high quality of its meat. Tuck into some tender, juicy, spicy **roast pork**, which will fill you with energy for hiking ventures.

REWARD FOR HIKING FEATS

- Explore and discover interesting local stories in the company of hospitable people, get to know Posavje Region by bike and along the courses of rivers. When your legs and arms get too tired, you can treat yourself to a dip in one of many natural thermal spas.

Ravni log

The Bohor Waterfalls

Winter aconite (*Erantis hyemalis*)

Krško TIC
CKŽ 46, SI-8270 Krško
t +386 (0)7 490 22 20
m +386 (0)51 655 936
e tic.krsko@cptkrsko.si
www.visitkrsko.com
www.tvz.si

16

HOSTEL KOZMUS

Information and booking
Hostel Kozmus
Šolska cesta 1, SI-8280 Brestanica
m +386 (0)51 345 586
e hostel.kozmus@gmail.com
www.hostel-kozmus.si

Description
Brestanica is a small town in Posavje, where you can find the Kozmus Hostel, which offers accommodation in rooms with two to eight beds, and has a total capacity of 54 beds. Along with accommodation, the hostel's amenities also include a day bar, garden, terrace and a shared kitchen. Guests get breakfast, and free wireless internet is available.

Accommodation advantages
The hostel is an excellent starting point for hiking, cycling, and other outdoor activities. There are spas in the vicinity, a climbing wall in Armeško and numerous opportunities for active holidays, such as water sports, fishing, riding, a hammer throw field and other sports fields.

- **For cyclists**: hire of a guide and electric bikes, marked cycling trails, room for storing bikes.
- **Programme organisation**: with experienced trainers, your hosts can prepare programmes of one or several days tailored to your needs and wishes. These may include sports activities, sightseeing, games and a presentation of the sports career of Primož Kozmus, an Olympic gold medallist in hammer throwing. In the winter months, they help to organise activities in the indoor gym.

Highly recommended
Explore the highest peaks in the Posavje region, the wine-producing hills, and nearby places such as **Brežice, Kostanjevica na Krki, Sevnica, Krško**, or choose some other activities in nature.

- **Hike to Bohor** (1023 m) on the long route (3 hours), where you can see four waterfalls and the Partisan hospital.
- **The wine-producing area of Sremič** with the Church of St. Mohor and a wonderful view of Brestanica, the castle hill and River Sava (30-minute walk from the hostel).
- Take a walk to the ponds in Stolovnik (30 minutes)

30

TERME KRKA
hoteli otočec

OTOČEC HOTELS, ŠPORT HOTEL****

Information and booking
Hoteli Otočec
Grajska cesta 2, SI-8222 Otočec
t +386 (0)8 205 03 10
f +386 (0)7 394 22 10
e booking@terme-krka.si
www.terme-krka.si

Description
Šport Hotel lies in the middle of the vibrant hills of Dolenjska, on the edge of the primeval forest, and overlooks the fairy tale Otočec Castle. Because of its excellent location for many outdoor activities and proximity to some of the most beautiful hiking trails, it has earned a reputation as a hiking and biking hotel. Hotel guests have unlimited access to swimming in the thermal water pools at the Šmarješke and Dolenjske Toplice spas. The cuisine in the hotels is based on organic ingredients, creativity and love of food. Have we already mentioned *cviček*? A sip of the famous wine from the Dolenjska region is one of the indispensable taste experiences of this lively part of Slovenia.

Accommodation advantages

- **Surrounded by greenery**; Šport Hotel offers numerous opportunities for outdoor activities. Only a few steps away from the hotel, you can enjoy scenic walks along the Krka River, a coffee break in the castle courtyard and counting the swans in the river. A little farther away, you can fill your lungs with the smell of the wild primeval forest, which offers a safe shelter to numerous animal species.
- **For hikers**: hiking maps and thematic trails, hire and sales of hiking gear, hire of a guide for a tour of the hiking trails.

Highly recommended
Šport Hotel really is generous in the variety of activities it offers. You can take a walk in the castle courtyard, conquer the peaks of the Dolenjska Region, enjoy the thermal water and surrender to adrenaline-fuelled pleasures.

- **Unlimited swimming** and wellness pampering in thermal pools,
- Adventure park and Otočec Golf Course,
- **A hiking tour on Cvičkova gaz** or Družinska pot (family path) in the company of a guide,
- Discovering numerous thematic trails in the Dolenjska Region,
- The hotel is near the Sub-Alpine Trail and the E7 European long-distance path.

7

Hotel Rakitna

RAKITNA HOTEL

Information and booking
Hotel Rakitna
Rakitna 150, SI-1352 Preserje
t +386 (0)41 761 756
e effekt.simenko@siol.net
www.effekt.si/hotel-rakitna-slo/

Description
The family-owned Rakitna Hotel is located beside the lake in Rakitna, one of the most popular hiking spots near Ljubljana.
The wooded Karst Plateau, 800 metres above sea level, has extremely favourable bioclimatic conditions, which is why Rakitna is considered one of the most healthy middle-mountain places in Slovenia. The hotel has seven rooms and three apartments, a conference room, fitness room and sauna, and a restaurant where you can choose from a wide variety of dishes.

Accommodation advantages
The Rakitna Hotel is ideal for those who want peace and fresh air and to discover the natural beauties of Rakitna and the surroundings on foot or by bike. The lake offers numerous possibilities throughout the year; you can swim in the summer, ice-skate in the winter and fish in the autumn and summer. Depending on the season, the surroundings offer opportunities for cross-country skiing, hiking and biking and also for paragliding.

- **For hikers and active visitors**: organisation of picnics and trips, sports and recreational activities and diverse events, special hiking and biking programmes with a guide

Highly recommended
Visit Rakitna for a few days and discover its features, secrets and beauty in a special hiking programme.

- Forest and archaeological educational trail
- **Nordic walking course** and a visit to the Brinar fir tree
- Hike to Mount Krim
- Whole-day trip to the idyllic village of Osredek, the junction of the Iška and Zale streams and up to Ustje
- Hiking trail around the lake, to the Climatic Spa and the church in Rakitna

26

HOTEL OLEANDER

OLEANDER HOTEL***

Information and booking
Hotel Oleander
Strunjan 17, SI-6320 Portorož
t +386 (0)5 671 81 00
f +386(0)5 671 81 60
e booking@oleander.si
www.hoteloleander.si

Description
Oleander Hotel lies in the middle of the peaceful environment of the Strunjan salt-pans, although not far from the coastal tourist centres in Portorož, Piran, Izola and Koper. It will fascinate everyone in search of active holidays or will simply make you feel revitalised. Guests can choose from 26 rooms, five of which are family rooms with a view of the salt-pans. If you would like to arrive early or depart late, Oleander Hotel can arrange this according to your wishes. The hotel is open from February to December and also in January for larger groups.

Accommodation advantages
Oleander Hotel is an ideal starting point for discovering walking trails. These are safe and undemanding, but they still reward hikers with beautiful views.

- **For the active**: free use and storage of bicycles
- **Culinary offering**s: excellent chefs provide fresh dishes, with the emphasis on Istrian food. If you are active, you will be delighted by a breakfast that is rich in carbohydrates and you can also have a food package for athletes, which includes energy bars, sports drinks and fruit.

Highly recommended
Explore the many trails of different lengths.

- Seaside Promenade (13 km) is intended for more demanding hikers.
- Piran trail (3 km), Portorož trail (5 km), Lucija trail (4 km)
- Between the bays (2 km), Through the tunnel (3.5 km), Between the olive trees (4 km), Three-country trail (5km), Strunjan trail (3.5 km), Seča trail (4 km).

TRAILS ON ROLLING HILLS AND LOWLANDS

TOP 5 EXPERIENCES

IN THE BRDA REGION, THE GORIŠKA REGION, THE VIPAVA VALLEY, THE KARST REGION, ISTRIA, BELA KRAJINA, AND IN KOZJANSKO

The cherries, world-famous prize-winning wines, olive oil and **top-quality culinary offers** will accompany you along your hikes with short ascents and descents between the rolling hills of the Brda Region, with the aromas of the Alps, the Mediterranean and hospitality.

Each year, the wine makers and fruit growers of the **Vipava Valley** invest considerable effort in their crops, which is then rewarded with the joy of the fruit harvests and wine from indigenous grape varieties. Feel the energy of the countryside near **Nova Gorica**.

Slovenian Istria lies between sea and stone, like an oasis where you can always find something to eat and drink and which enchants you with its unique coastal magic.

Discover the landscape which gave the **Karst** its name, its features and characteristics, its **Bora wind**, which dries the **Karst prosciutto**, and its wine, which connects the people.

The **Kozjansko Region** is magical in its tranquil telling of a thousand and one stories from the past and generous sharing of the delicacies of the present.

Šmartno

BRDA

Gentle slopes with vineyards, orchards and olive trees caress your eyes in this romantic landscape. Numerous hiking trails wind through this region, with its scents of ripe fruit and grapes. They say that Brike (the women of Goriška Brda) do not need lipstick, because they have cherries, and that Brici (the men of Goriška Brda) are world-famous as top winemakers. The wine cellars and tourist farms invite you to spend a genuine holiday.

NOT TO BE MISSED

- **Wine and Culinary Festival**, April
  The traditional food and wine festival takes place in the medieval village of Šmartno. Have a taste of the superb local wines and dishes from Brda. Perhaps you can find a new favourite.
- **Cherry Festival**, June
  In June, Brda is flooded with sweet firm cherries. Some 30,000 visitors are attracted to the Cherry Festival, which culminates in a traditional parade displaying rural life, customs and traditions.

BEST SNACK FOR HIKERS

- **Frtalja** is a kind of omelette flavoured dish with a wide range of fresh herbs and spices, and it can also be enriched by prosciutto and sausage. It is called *cvrče*. *Frtalja* is a proof of cooking creativity, associated with the natural environment.

REWARD FOR HIKING FEATS

- Walk a few steps down and follow the hallway to the wine cellars, then sit back and e**njoy top-quality white and red Brda wines** with all your senses. The superior tastes will make your mind fly over the landscape of wine-making.

Cherries from Brda

Dobrovo Castle in Brda

Wine and Culinary Festival

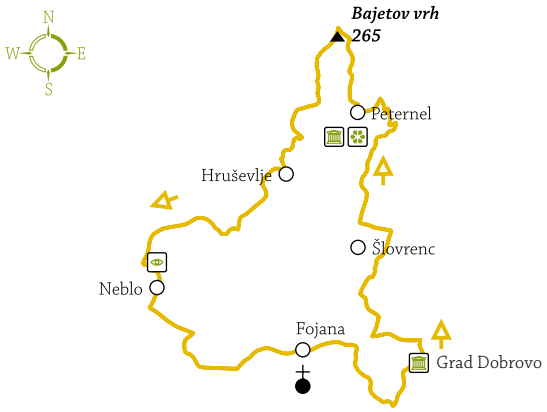
Brda TIC
Grajska cesta 10, SI-5212 Dobrovo
t +386 (0)5 395 95 95
e tic@brda.si
www.brda.si

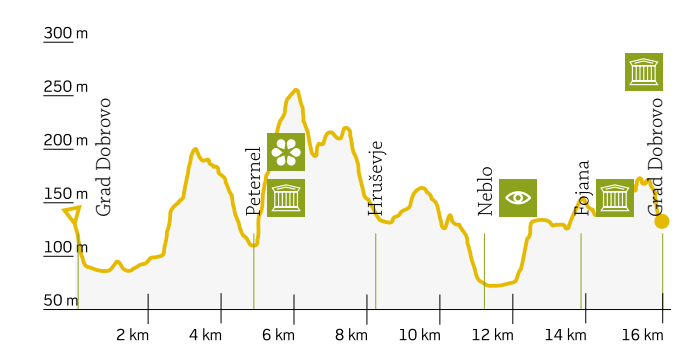
23

BRDA HIKING TRAIL – ČRNICA

The route leads through the region's vineyards, along paths that fork in several directions and down farm tracks into the most hidden and authentic corners of Brda. Start the hike in front of Dobrovo Castle, then continue to the village of Šlovrenc, and by the crossroads in Peternel you will come upon a natural stone bridge over the Kožbanjšček stream, where there are wonderful views between the villages of Brda. The hike ends in Dobrovo.

Walking time	5 hours
Length	16.5 km
Difficulty	easy
Joint ascent	50 m
Start	Dobrovo Castle
GPS coordinates	45.9966 N, 13.5245 E
Map	Hiking Trails of Goriška Brda Cherry Blossom (1: 43,000)



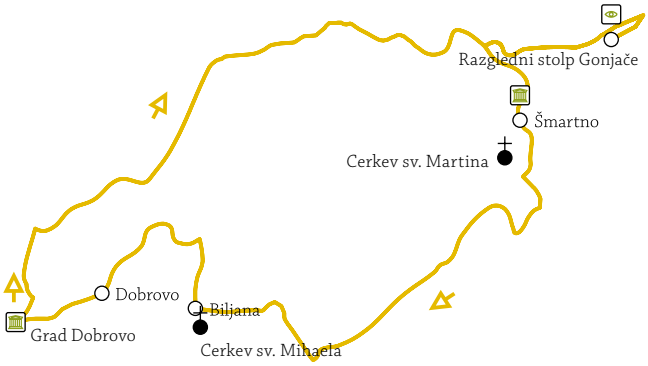


24

BRIŠKA TRAIL – DRUGMBERNCA

The trail begins in front of Dobrovo Castle. First, you should climb up to the viewing tower in the village of Gonjače, from where you will have a magnificent view of the Julian and Carnic Alps, the Dolomites and the Gulf of Trieste. Continue through a vineyard until you reach the medieval village of Šmartno, where you will find rich culinary offers. The path leads to the village of Biljana, and after that you only have to walk down to the starting point.

Walking time	3 hours
Length	9.5 km
Difficulty	easy
Joint ascent	150 m
Start	Dobrovo Castle
GPS coordinates	45.9966 N, 13.5245 E
Map	Hiking Trails of Goriška Brda Cherry Blossom (1: 43,000)



Embrace of flowers

GORIŠKA

Feel the energy of the vibrant town of Nova Gorica, discover the master winemakers of the Vipava Valley and explore the verdant worlds of the Banjšice Plateau and the Trnovo Plateau. Here you can embrace everything: the salty tang of the sea borne by the Friulian Plain, gusts of Bora wind blowing through the valley and the alpine world, a journey down the Soča River, the freshness of the mighty forest and the welcoming softness of vineyards. Discover the hiking trails above the city – they all invite you to new experiences and authentic flavours with a touch of the sea and the mountains.

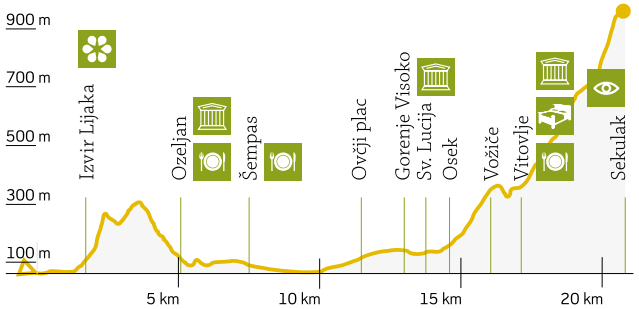
Tourist Association TIC Nova Gorica
Delpinova ulica 18b, SI-5000 Nova Gorica
t +386 (0)5 330 46 00
e tzticng@siol.net
www.novagorica-turizem.com

25

ENERGY-THEMED HIKING PATH FROM LIJAK TO SEKULAK

To the east of Nova Gorica, the Energy Trail from Lijak to Sekulak passes through the villages of Šmihel, Ozeljan, Šempas, Vitovlje and Osek. The trail is designed so that walkers can begin it in any of these villages and take a route according to their physical fitness, interests and time available.

Walking time	4 hours
Length	17 km
Difficulty	medium
Joint ascent	800 m
Start	Villages of Šmihel, Ozeljan, Šempas, Vitovlje or Osek



34

CAMP LIJAK

Information and booking
Camp Lijak
Ozeljan 6a, SI-5261 Šempas
t +386 (0)5 308 85 57
m +386 (0)31 894 694, +386 (0)31 341 591
e info@camplijak.com
www.camplijak.com

Description
Campsite Lijak is located in the sunny Vipava Valley, surrounded by vineyards. The camp is an ideal base for hiking and cycling tours among the vineyards all the way to the Adriatic Sea. There are 60 camping pitches with electricity and water and wireless internet access.

Accommodation advantages
Location: Campsite Lijak is an excellent starting point for hiking on Banjšice Plateau and the Trnovo Forest Plateau, enjoying the mountain world of the Soča Valley, or taking trips by train to Bohinj and Bled or to the other side of the border all the way to Venice in Italy.
The Mediterranean climate and excellent weather conditions allow paragliding throughout the year.
The camp offers numerous guided activities, themed cycling tours, a rich entertainment programme, transportation and organisation of cycling, hiking and adrenaline challenges in the surrounding area.

Highly recommended
The exceptional surroundings offer a great variety of activities in one of the most beautiful natural environments in Slovenia:
- **For sports enthusiasts**: rafting, adrenalin park, tandem paragliding, wellness, wine tasting, swimming in the sea, trips by train (Venice, Bled and Bohinj).
- **For hikers**: popular mountain outposts on Sabotin, Čaven Trnovo Forest Plateau and Nanos. It is always interesting between the Vipava hills, too, because all of the peaks surrounding Nova Gorica offer magnificent views.

9

AJDOVŠČINA YOUTH CENTRE AND HOTEL

Information and booking
Mladinski center in hotel Ajdovščina
Cesta IV. Prekomorske 61 A, SI-5270 Ajdovščina
t +386 (0)5 368 93 83
m +386 (0)41 945 392
e info@hostel-ajdovscina.si
www.hostel-ajdovscina.si

Description
The Ajdovščina Youth Centre and Hotel is located in Pale Sports Park on the outskirts of the town, not far from Ajdovščina town centre. It is surrounded by natural beauty and many sports areas. Where the natural and cultural heritage intertwine, there is a place for the meeting of the traditional and the contemporary, the sporting and the creative. The facility is instantly reminiscent of a traditional Vipava house, as is the interior. The basic material of the building is wood, and the interior of the youth hostel is bright, warm and comfortable. It offers a total of 50 beds – distributed amongst rooms with 4, 6, 8 or 24 beds – breakfast and free Web browsing in all rooms and in the online corner. It is open all year round, every day of the week except on public holidays.

Accommodation advantages
The youth hostel offers a variety of creative programmes, and the tourist information corner provides information on the tourist offers and events in Ajdovščina and the surrounding area.
- **For cyclists**: rent a bike, helmets, locks and child seats.
- **Free time**: room for luggage, laundry room, a space for socialising, a restaurant, sports grounds. The youth hostel also features a technically equipped concert and conference hall, a gallery, a multi-purpose room and a classroom and outdoor venue with a stage.

Highly recommended
The hostel is the starting point for discovering many marked hiking trails in the Vipava Valley, the Trnovo Forest Plateau and the wine hills.
- Hiking excursions to Mt Čaven, Otlica Natural Window, Ostri vrh, the trail along Rob, the walk above Ajdovščina.

Vipava Valley

VIPAVA VALLEY
AJDOVŠČINA

In a place where the Bora wind ruffles your hair, the hills are covered with vineyards and fruit trees all the way to the Karst and the Trnovo Plateau. It feels like a place of tradition, yet the wind brings a sense of immediacy, bearing a hint of adrenaline activities involving a parachute, but also of relaxing strolls around the spacious valley. An hour or two, a day or more, as many sights and views, moments and experiences as the body and soul require.

NOT TO BE MISSED

- **Festival 360°, Vipava Valley**, April and May
  The three sports events in the spring include all the beauty of the Vipava Valley in a climbing trial, mountain bike races covering distances of 80 km, 50 km or 30 km and mountain running (ultra-trail) over distances of 100 km, 50 km or 25 km.
- **Wajdušna Obstacle Trail Run (WOTR)**, August
  The running challenge in Ajdovščina and its surroundings over a distance of 20km is an enthralling experience. Try climbing over the barriers, through pipes, working your way over a net, climbing ropes, through tyres and hay bales.

BEST SNACK FOR HIKERS

- **Vipava Valley jota** (*vipavska jota*) is a hearty stew made from sauerkraut, beans, potatoes, garnish, flour, garlic and pepper. This simple rural dish is usually served hot and makes an excellent brunch after an exhausting hiking trip.

REWARD FOR HIKING FEATS

- Do you want to see the whole panorama of the beautiful, green and unique Vipava Valley? You can if you decide to fly by parachute, hang glider or aircraft. Just feel the wind beneath your wings and watch.

The Šmarje hills

Farmers' market in Ajdovščina

Flying over the Vipava Valley

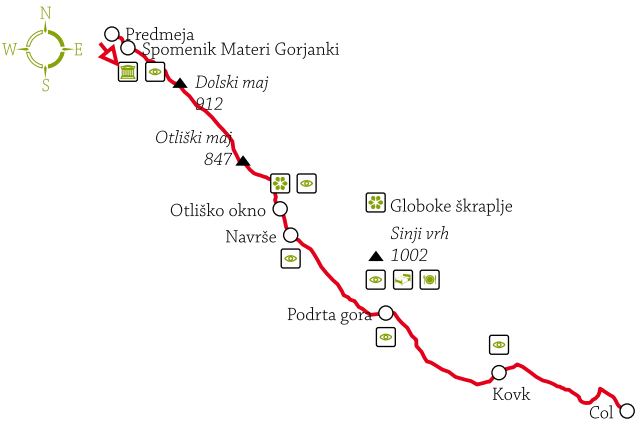
TIC Ajdovščina
Cesta IV. Prekomorske 61a
SI–5270 Ajdovščina
t +386 (0)5 365 91 40
e tic.ajdovscina@siol.net
www.tic-ajdovscina.si

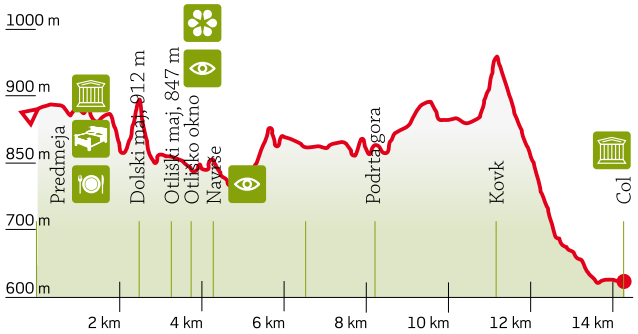
26

PATH ALONG THE EDGE

The trail starts at the monument to Mati Gorjanka (Mother Mountain) at Predmeja and leads across the undulating Karst landscape, through beech woods, over pastures and meadows, past isolated farms – all the while along the edge of the ridge – as far as Žagolič at Col. The Otlica Natural Window offers a wonderful view of the Vipava Valley. The trail is well marked. The Slovenian Mountain Trail also runs along the ridge.

Walking time	5 hours
Length	14.3 km
Difficulty	medium, not recommended in a strong Bora wind, very difficult in winter
Joint ascent	382 m
Start	Predmeja
GPS coordinates	45.9468 N, 13.8701 E
Maps	Nanos (1 : 50,000), Leisure Map of Goriška (1 : 50,000)
Events	Angelska Gora Hike, second Sunday in May; Up and Down the Dol Trail, second Sunday in September



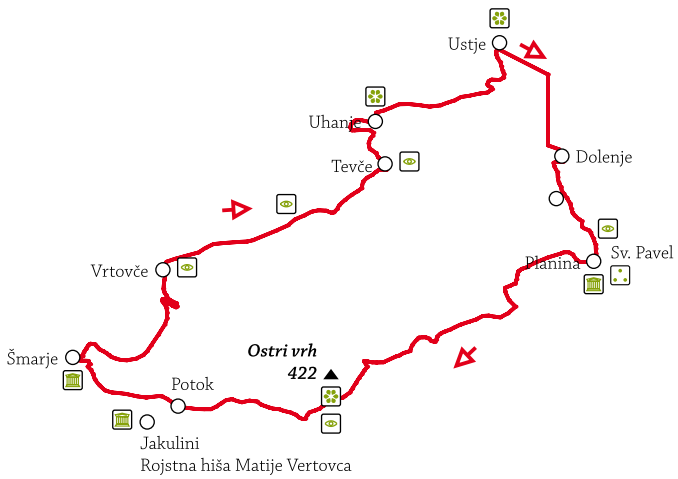


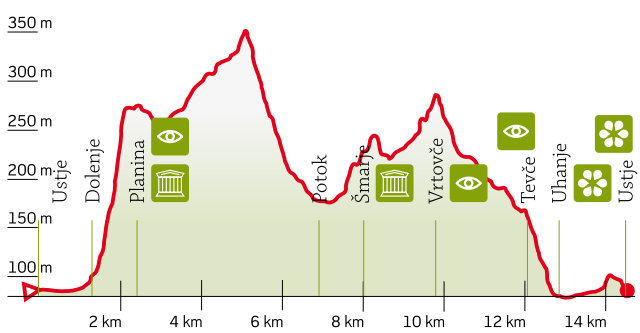
27

ON THE VRTOVEC PATHS

New adventures begin by the ancient oak tree outside the village of Ustje. Enjoy a pleasant hike through the Vipava Hills, where you will have the most beautiful view from Ojstri Vrh, the highest point of the hike. Also interesting are the natural heritage of the area and the sites of fossilised remains. The trail is circular, well-marked and equipped with numerous information boards. It leads past some of the winemakers on the Vipava Wine Route.

Walking time	5 hours
Length	16 km
Difficulty	medium
Joint ascent	347 m
Start	the oak outside Ustje village
GPS coordinates	45.8728 N, 13.8958 E
Maps	Nanos (1 : 50,000), Leisure Map of Goriška (1 : 50,000)
Event	Vertovec trail Hike, first Sunday after St Martin's Day





The River Kolpa

BELA KRAJINA

The Kolpa is the most seductive river in this white landscape, as it flows through the most pristine and mysterious corner of Slovenia. Discover the land that holds the prestigious title of European Destination of Excellence 2010 in all seasons and especially in summer, when swimming is possible. This is the home of a rich abundance of flora and fauna, of a peaceful and carefree world. There are two parks here, Lahinja Regional Park and Kolpa Natural Park.

NOT TO BE MISSED

- **Jurjevanje in Bela krajina**, June
  The oldest folklore festival in Slovenia takes place in the old town centre of Črnomelj. It lasts for five days, and during this time local and foreign folklore and tamburitza groups perform. The festival is accompanied by the **EtnoFolk music festival**, a craft fair, children's workshops, exhibitions and street theatre performances. The event even hosts the herald of new life, Zeleni Jurij (literally "Green George", similar to St. George).
- **Traditional Semič Wedding**, August
  A folklore–tourist event which offers the experience of a different wedding ceremony, with a touch of folk customs and traditions in the Bela krajina national costume. The event in Semič is accompanied by a strudel festival, exhibitions, workshops, sports activities such as cycling, and a market – additional reasons for visiting Bela krajina in the summer.

BEST SNACK FOR HIKERS

- **Bela Krajina flatbread** (*Belokranjska pogača*) is a dish similar to bread, and is protected in the EU. It is round in shape and coated with whisked egg, sprinkled with cumin grains and coarse-grain salt and sliced into squares. Eaten hot, the cake is soft, with an enticing aroma.

REWARD FOR HIKING FEATS

- Dive into the beauty of the birch forests to be moved for a moment by the elegance of the trees. Sit down and relax there, take a bottle of top quality *metliška črnina* wine and some Bela Krajina flatbread (*belokranjska pogača*) from your bag and suddenly you will no longer be in a hurry.

Bela Krajina flatbread (*belokranjska pogača*)

Jurjevo

Hiking trip along Bela krajina hills

TIC Črnomelj
Trg svobode 3, SI-8340 Črnomelj
e info@ric-belakrajina.si

TIC Metlika
Trg svobode 4, SI-8330 Metlika
e tdvigred.metlika@siol.net

TIC Semič
Štefanov trg 7, SI-8333 Semič
e tic@kc-semic.si

www.belakrajina.si

27 33

HOTEL BELA KRAJINA

KAMP PODZEMELJ

BELA KRAJINA HOTEL*** AND PODZEMELJ CAMP

Information and booking
Hotel Bela krajina
Cesta bratstva in enotnosti 28, SI–8330 Metlika
t +386 (0)7 305 81 23
m +386 (0)40 327 492
e hotel.belakrajina@gtm-metlika.si
www.hotel-belakrajina.si

Description
Bela krajina Hotel is located in the old city centre of Metlika and offers everything for a pleasant stay and well-being in Bela krajina. It has 26 air-conditioned rooms and a restaurant with an excellent offer of dishes from the Bela Krajina Region.
Podzemelj Camp is located 7 kilometres from Metlika, beside the River Kolpa, in beautiful and unspoilt natural surroundings. It offers camping right next to the river, including mobile homes, rooms and Celtic glamping homes, with a sauna and a restaurant where you can enjoy the tastes of Bela krajina by the Kolpa.

Accommodation advantages
The Kolpa allows numerous activities. The most popular include kayaking, boating (raft, SUP or canoe hire in the camp), fishing and hiking. In summer, you can swim, as the river becomes pleasantly warm. There is also an adrenaline theme park in the camp.
- **For hikers**: free maps of hiking routes, hire of guides and of hiking poles. The campsite staff will be happy to help plan the route and organise transportation.

Highly recommended
The surroundings of Kolpa offer numerous opportunities for hiking, mushrooming, horse-riding and trips to Kolpa Regional Park. Visits to nearby vineyard cottages, with opportunities to taste the excellent Bela krajina wines, are also pleasant.
- Circular Hiking Trail Kučar – Kolpa: it begins in the Podzemelj Camp and features natural beauty and places of cultural, historical and archaeological interest.

Price (hotel)
- single room half board from €39 per person
- double room half board from €33 per person

St. Ožbalt, Uniše pri Ponikvi

ŠENTJUR AND KOZJANSKO

A rolling landscape of music and orchards stretches between Pohorje and Bohor, suggests activities in nature and invites you to visit cultural and historical sites. You can taste the local cuisine, listen to Ipavec songs and the words of Slomšek, and feel the power of nature on the many cycling paths and trails, which are suitable for both professional and recreational athletes as well as for families.

Cycling TIC Šentjur
Ulica skladateljev Ipavcev 17, SI-3230 Šentjur
t +386 (0)3 749 25 23
m +386 (0)41 660 091
e tic@turizem-sentjur.com
www.turizem-sentjur.com

Kočevsko

KOČEVSKO

Breathe with nature and fill your lungs with fresh air! The Kočevje Region is the largest Natura 2000 protected area in Slovenia and one of the best-preserved natural habitats in Europe. You will be astonished by the power of the mighty and primeval forests inhabited by bear and lynx. The River Kolpa beckons to the south, bringing the mysteries of the Karst from the west and even the salty tang of the sea. In this hiking and cycling paradise, you can also discover the interesting culture of the Gottschee Germans.

NOT TO BE MISSED

- **Extreme hiking, Bear trail**, April
  This hiking event is organised along the Roška Trail, and hikers can walk the whole distance of 62 kilometres in a single day, or only half the route. The path reveals the most interesting corners of the Kočevski Rog forests; it passes numerous natural attractions, the remains of the lost villages of the Gotschee Germans and houses or farms which are still inhabited.
- **Weekend by the lake**, June
  At the beginning of the summer, there are numerous sporting events on Lake Kočevje, from a triathlon, a sailing regatta to an SUP race, followed by an abundance of entertainment events.

BEST SNACK FOR HIKERS

- The Kočevje Region is known for its extraordinary **forest honey, which is protected in Europe**. Honey and bread are part of the traditional Slovenian breakfast, and in the Kočevje Region honey is also used in cooking.

REWARD FOR HIKING FEATS

- Relaxation by Lake Kočevje quickly dispels any fatigue caused by hiking in the Kočevje forests.
- Rafting on the Kolpa, one of the most beautiful rivers in Slovenia.
- A visit to the Željnske jame caves is an opportunity to walk into the mysterious Karst underworld.

Colourful beehives

Bear Trail

Željnske jame caves

TIC Kočevsko
Turistični kompleks Jezero
Trdnjava 3, SI-1330 Kočevje
t +386 (0) 83 821 762
e info@visitkocevsko.com
www.visitkocevsko.com

Nanos

SPECIALISED ACCOMMODATION FOR BIKERS

Brda

SAN MARTIN HOTEL***

Šmartno 11, SI-5211 Kojsko
t +386 (0)5 330 56 60
m +386 (0)41 724 794, +386 (0)51 335 660
e info@sanmartin.si, **www.sanmartin.si**

Karst

MALOVEC HOTEL***

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e info@hotel-malovec.si
www.hotel-malovec.si

Maribor

MILENA HOTEL***

Pohorska ulica 49, SI-2000 Maribor
t +386 (0)2 613 28 08
e info@hotelmilena-maribor.com
www.hotelmilena-maribor.com

Slovenian Istria

TARTINI PIRAN HOTEL***

Tartinijev trg 15, SI-6330 Piran
t +386 (0)5 671 10 00
e info@hotel-tartini-piran.com
www.hotel-tartini-piran.com

Slovenian Istria

TOMI HOTEL***

Letoviška 1, SI-6320 Portorož
t +386 (0)5 674 02 22, **m** +386 (0)41 739 996
e tomi@siol.net
www.hotel-tomi.eu

Vodnikov dom na Velem polju mountain hut

MOUNTAIN HUTS IN SLOVENIA

Mozirska koča na Golteh mountain hut

PLANINSKA ZVEZA SLOVENIJE
ALPINE ASSOCIATION OF SLOVENIA
SPD 1893

Mountain huts offer opportunities for pleasant and welcome breaks on sometimes tiring trips or mountain tours in a diverse natural environment. The huts and bivouacs are extremely important facilities, enabling us to visit and experience the mountain world to the full, including climbing and other recreational and sports activities in this environment. They are a welcome station on the outward route to climbing peaks, they offer safe shelter when the weather is bad or other problems arise, or simply a popular destination for many hikers and lovers of the mountains. They also play an important role in establishing social contacts between generations. The huts and the peaks are connected by numerous marked mountain trails with varying levels of difficulty which offer a reliable guide for visitors to reach their desired destination.

Slovenia has 163 maintained mountain huts located throughout the high-range and mid-range mountains as well as in the hilly and Karst regions of Slovenia.

They are built in a wide range of environments, on panoramic peaks, mountain passes, ridges and slopes, by mountain lakes, waterfalls and mountain river springs, embraced by mighty forests, on blossoming pastures, near Karst caves, among vineyards, and some have a view of the sea. The Slovenian Mountain Trail connects access to the most important summits and interesting features of natural and cultural heritage. It offers the experience of the diversity of Slovenian landscapes and the hospitality of the mountain huts to hikers treading this trail.

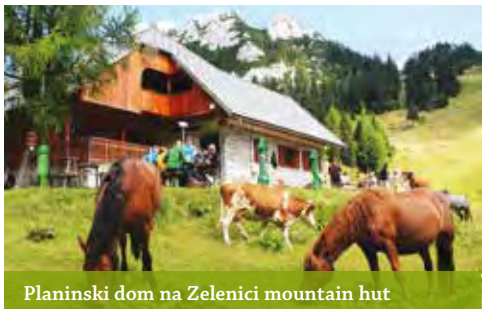
ACCOMMODATION

Accommodation in a mountain hut offers a full experience of the mountains. What could be better than waking up in the morning in the embrace of the fresh mountain air and the dawn, with a view of the mountains or mist in the valley? Or to await the serenity of a summer evening on the terrace of a hut in good company?

The huts offer overnight accommodation in small rooms with a minimum of two beds or in dormitories. It is recommended to use your own sheets; however, bedding for single or multiple use is fresh. In summer, it is highly recommended to book an overnight stay in advance, especially for huts in the Julian Alps. Most of the mountain huts in the high mountains are open in the summer, while the remaining huts are open all year round or over the weekend in winter.

CULINARY OFFERS

In Slovenian mountain huts you will find and experience homeliness and a friendly smile from the staff. Most of them offer local home-made food. Frequent dishes include *ričet* (barley and bean stew with



Planinski dom na Zelenici mountain hut

Family-friendly mountain huts

Koča na Dobrči mountain hut

Buckwheat mush (*žganci*) with cracklings

Homeliness of the mountain hut

smoked ham), Vipava Valley jota (bean and sauerkraut soup), homemade sausages, mush (*žganci*) and goulash, and *štruklji* (rolled dumplings) or different strudels for desert.

Staying in a mountain hut is an experience for all generations. The huts with offers tailored to families with children receive a special certificate identifying them as family-friendly mountain huts. The huts pay particular attention to ecology, as most of them are located in fragile natural environments.

INFORMATION

Mountain huts have information points where you can find out more about the marked trails and their condition, the peaks, the weather forecast, as well as places of interest and local traditions.

For information or reservations for individual huts, you should contact the hut manager or the mountaineering society that owns the hut.

Comprehensive data and information on mountain huts are available on the website of the Alpine Association of Slovenia: **http://huts.pzs.si.**

PLANINSKA ZVEZA SLOVENIJE
ALPINE ASSOCIATION OF SLOVENIA

WHY AN ALPINE ASSOCIATION MAP?

http://shop.pzs.si

- **By purchasing a map you contribute to the funds being collected for repair and maintenance of mountain trails.**
- **It is a visually accessible display on paper with information on trails, huts, ski touring, climbing areas, natural and cultural features, off trail areas and more.**
- **We continually check data in the field and make regular updates.**
- **The maps cover the entire area of Slovenia's mountains.**
- **You have a choice of the standard paper map or a new laminated version.**

GOOD LUCK AND HAPPY TRAILS!

ALPINE ASSOCIATION OF SLOVENIA MAP

HIKING & BIKING SLOVENIA
Dimičeva 13, SI-1000 Ljubljana
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www.slovenia.info

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